

COLONY AND PROTECTORATE OF KENYA

MEDICAL DEPARTMENT ANNUAL' REPORT 1949

INCLUDING

MEDICAL RESEARCH LABORATORY
ANNUAL REPORT, 1949

INSECT-BORNE DISEASES DIVISION ANNUAL REPORT, 1949



1951

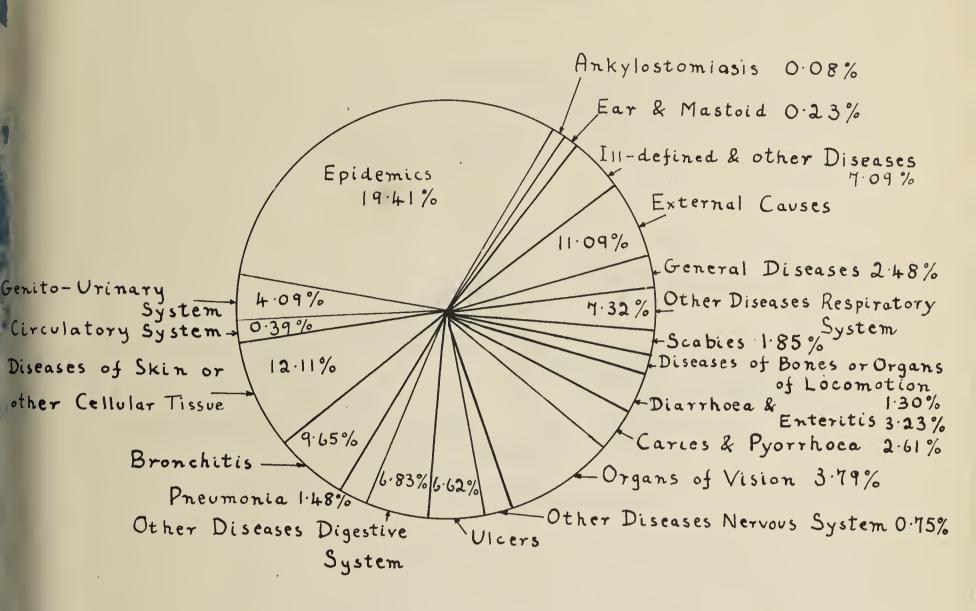
PRINTED AND PUBLISHED BY THE GOVERNMENT PRINTER,
NAIROBI, KENYA COLONY

Price: Sh. 5

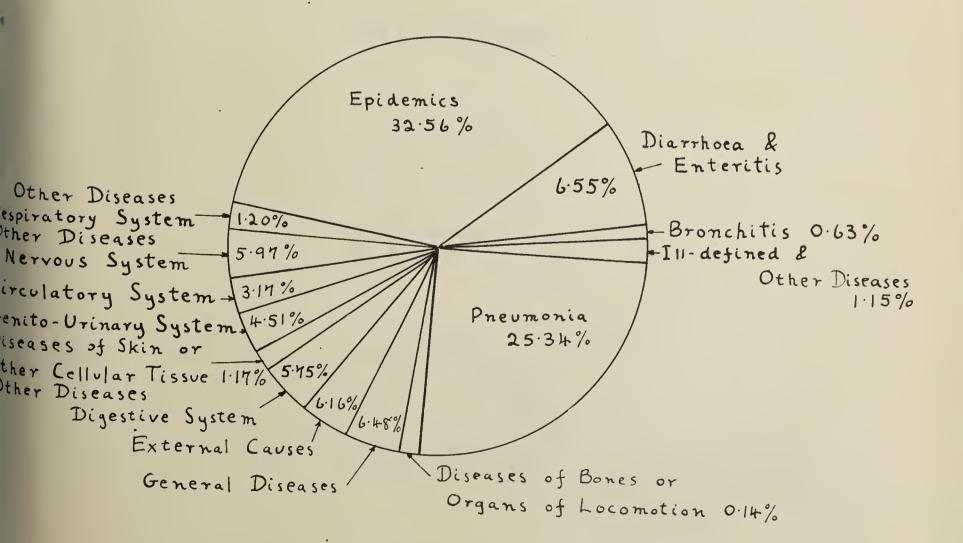


DISEASES SHOWN AS PERCENTAGES OF TOTAL CASES TREATED AT HOSPITALS AND DISPENSARIES

Total Incidence: 1,024,392



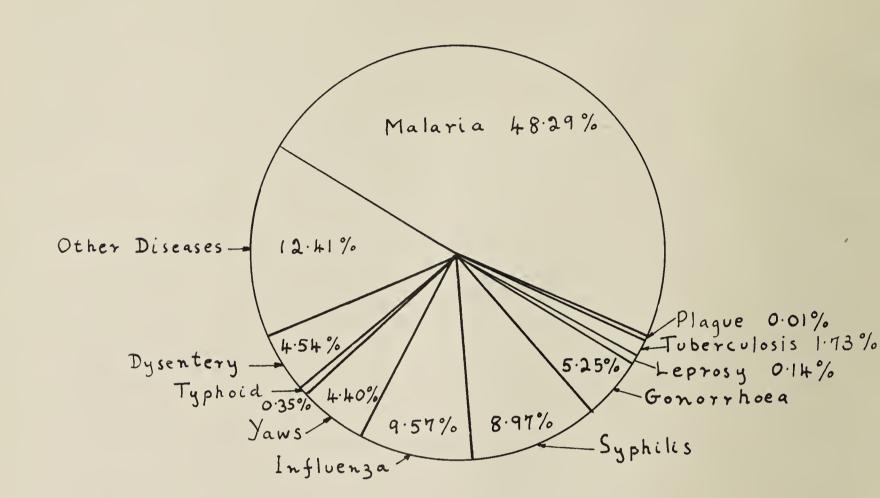
Total Deaths: 5,476



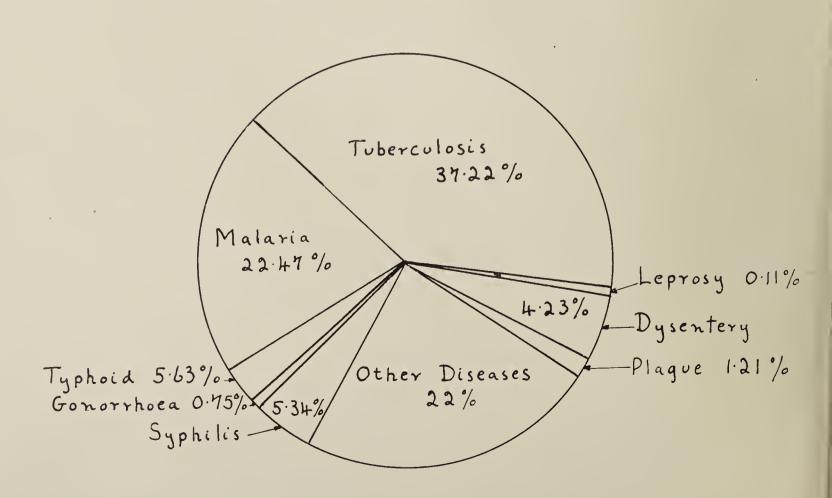
FOR INSERTION IN THE MEDICAL DEPARTMENT
1948 ANNUAL REPORT

PROPORTION IN PERCENTAGES OF EPIDEMIC, ENDEMIC AND INFECTIOUS DISEASES, IN-PATIENTS AND OUT-PATIENTS TREATED AT HOSPITALS AND DISPENSARIES

Total Incidence: 198,876



Total Deaths: 1,722



MEDICAL DEPARTMENT HEAD OFFICE, Nairobi.

SIR,

I have the honour to submit for the information of His Excellency the Governor, and for transmission to the Right Honourable the Secretary of State, the Medical Report on the Health and Sanitary Conditions of the Colony and Protectorate of Kenya for the year 1949, together with the Returns, etc., appended thereto.

I have the honour to be, Sir, Your obedient servant,

NORMAN M. MACLENNAN,

Director of Medical Services

The Honourable the Chief Secretary, Nairobi.

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MEDICAL DEPARTMENT ANNUAL REPORT, 1949

SECTION I

INTRODUCTORY

As can be expected in a comparatively young and undeveloped country there was no slackening in the demands for medical services from all sections of the community during the year.

The plans for the improvement of these services mentioned in the Report of the Development Committee (1946) for implementation under the Development and Reconstruction Authority had to be revised and, in some instances, curtailed—chiefly on account of increased cost, scarcity of supplies and shortages of technical staff and skilled labour. Nevertheless, considerable progress was made and much-needed accommodation augmented or provided. However, in the large majority of African hospitals, despite careful selection and restricted admissions, in-patient overcrowding presented a serious problem to such an extent that sharing of beds was not uncommon. One method of relieving pressure would appear to be the provision of hostels for cases whose claim for in-patient accommodation could only be justified on the grounds that their homes were too distant to permit of daily attendance at the hospital.

In rural areas, under the auspices of local native councils, dispensaries and maternity services continued to expand. This was particularly noticeable in the Nyanza Province where the activities of provincial and district teams comprising members of all departments concerned were very praiseworthy.

Dr. E. D. Pridie, C.M.G., D.S.O., O.B.E., M.B., B.S., Chief Medical Officer in the Colonial Office, toured the Colony in December. It is also of interest to record the visits of Professor R. C. Browne, M.A., D.M., M.R.C.P., Nuffield Professor of Industrial Health in the University of Durham, Dr. E. R. Cullinan, M.D., F.R.C.P., Physician, St. Bartholomew's Hospital and Gordon Hospital, Examiner in Medicine, University of London, and Sir Stewart Duke-Elder, K.C.V.O., M.A., M.D., F.R.C.S., Surgeon-Oculist to H.M. the King, etc., by arrangement with the Colonial Advisory Medical Committee's scheme for the provision of a Panel of Medical Visitors to Colonial Territories financed by the Nuffield Foundation. As in 1948, these visits were very welcome and had a gratifying and stimulating effect on all those with whom contacts were made.

Relations with municipal councils responsible for services in the larger urban areas such as Nairobi, Mombasa, Nakuru and Kisumu were close and cordial. The amended arrangements in respect of local native councils' services made in 1947, whereby the Central Government assumed responsibility for all curative and the majority of health measures while the councils remained responsible for capital and recurrent expenditure on maternity work and rural dispensaries continued satisfactorily. Likewise, co-operation with mission hospitals through the Christian Council of Kenya was maintained and increased subsidies were made in respect of medical supplies which can now be purchased from the departmental medical stores.

RESEARCH

In the annual report for 1948 the establishment of the East African Bureau of Research in Medicine and Hygiene and the probable appointment of its Director in 1949 was mentioned. The project, based on the recommendations of the late Professor E. A. McSwiney, F.R.S., to the Standing Committee on Medical Research, was set up under the East Africa High Commission. Dr. K. A. T. Martin, Deputy Director in this Department, was appointed Director and assumed duty on 1st July, 1949. Professor McSwiney formulated the main objectives of the Bureau, working in conjunction with the Colonial Medical Research Committee in the early stages, to be:—

- (1) To carry out large-scale medical and sanitary surveys in selected populations.
- (2) Following thereon the application of required measures to improve health.
- (3) The extension of Stage 2 to a larger area.
- (4) The maintenance of established conditions.
- (5) The review of conditions from time to time.

Details of progress for the year will be found in the Director's Report to the Administrator for 1949. As far as this territory is concerned, two important events were the completion of surveys of the incidence of tuberculosis and leprosy. The large-scale tuberculin test survey undertaken by Dr. W. S. Haynes, Medical Officer, in 1948 was completed early in 1949 and it is hoped his valuable report will be published in 1950. His findings will be discussed elsewhere in this report, but it may be mentioned here that of some 3,132 tuberculin tests performed in urban areas on all ages and sexes 69.2 per cent showed a positive reaction to 1/1,000 old tuberculin, while using the same dilution some 17,078 tests in rural areas gave a positive figure of 41.6 per cent. In the 19–25 years age group 80 per cent of African males were positive reactors. From the information available a

conservative estimate of actual cases of tuberculosis in Kenya would be 55,000. Plans were drawn up for a pilot scheme in the Central Province where the incidence of the disease is particularly heavy.

Leprosy.—Following on the report of Dr. James Ross Innes, the Interterritorial Leprologist, a site for a leprosarium was made available near the Uganda border. In Kenya 53,814 persons were examined revealing a leprosy incidence of 10.2 per mill and the estimated number of 35,210 cases. This figure compares with the incidence in Uganda and Tanganyika at 39.5 and 14.3 respectively.

Under a Colonial Development and Welfare Research Scheme, Dr. G. A. Walton continued his investigations on *Ornithodorus moubata* in relation to relapsing fever of which mention will be made later.

A variety of subjects was investigated by the Insect-borne Diseases Division of the Medical Research Laboratory, Nairobi. Details of the work of this and also of the Laboratory Section will be found in the separate reports submitted by them. This included further work on the large-scale D.D.T. hut-spraying experiment in the Kericho District and on the vector and possible animal reservoir of relapsing fever. Large-scale measures for the control and elimination of the simulium fly vector of onchocerciasis were continued in three areas in the Nyanza Province. With one exception, these were satisfactory, but the completion of the life history of *S. neavei* still baffled investigation.

An interesting discovery was made confirming previous suspicions of an endemic focus of kala-azar in the Kitui District of Central Province.

An increasing recognition of undulant fever in Africans was noteworthy and the subject of a special report by the Medical Specialist.

The usefulness of the intensive treatment of schistosomiasis (bilharzia) with sodium antimony tartrate was successfully demonstrated in the Coast Province where the disease is most prevalent.

Dr. H. Foy and his colleague Dr. A. Kondi accepted an invitation as guest workers at the Medical Research Laboratory, Nairobi, where their research on the anæmias in Africans in this territory suggests that they fall into, at least, four fairly well defined groups. One group is apparently the classical worm anæmia, while in the other three groups evidence has been found of a maturation defect in the bone marrow. This defect cannot be attributed to peripheral bleeding of worms and may be due to a combination of parasitic infestation coupled with dietary deficiencies, the worms interfering with the synthesis, absorption or utilization of hæmopoietic factors. The exact place that diet occupies in the picture is to be investigated in Kenya among tribes that consume a diet rich in first class protein, compared with other tribes whose diet is almost entirely vegetarian.

ADMINISTRATION

The higher administration of the Department continued in the general control of the Hon. Member for Health and Local Government, enabling useful contacts to be made hitherto outside the usual range of departmental activities. At Medical Headquarters the staff was strengthened by the arrival of the Administrative Secretary and a much needed increase in the European and Asian clerical establishment. Similarly, the appointment of a Chief Pharmacist and Stores Supervisor relieved the Medical Storekeeper of duties connected with the ordering and purchase of stores and enabled him largely to confine his activities to their distribution. The scope and volume of work of this section of the Department was further extended, not only in respect of items distributed but also with regard to the number of institutions supplied. Delays and shortfalls in deliveries, especially of textiles and instruments, continued with slight improvement at the end of the year.

EUROPEAN SERVICES

As mentioned in previous annual reports it was intended that the European Hospital Authority set up in 1946 would take over control of the European Hospitals at Mombasa, Nairobi and Kisumu, at present administered by this Department as well as cottage hospitals managed by local non-Government committees. However, the only departmental hospital taken over was at Mombasa, although a committee for the Nairobi institution was appointed. Generally speaking, in-patient accommodation at all hospitals was inadequate. This was particularly the case in Nairobi where the 54-bed institution was unable to meet demands with the result that many patients had to be nursed in their own homes. However, this difficulty was partially offset by private district nurses affording domiciliary services by arrangement with this Department. Similarly, good progress was made with the new 54-bed wing at Mombasa adjoining the existing hospital.

ASIAN SERVICES

Following prolonged discussions with all sections of the Asiatic community in Nairobi, at the end of the year full agreement was reached and sketch plans drawn for the erection of



a 123-bed hospital in the vicinity of the new African section of the Group Hospital. This institution will include an out-patient clinic, an X-ray department and a maternity wing, the whole also forming a suitable nucleus for the projected training of Asiatic nurses and midwives under the ægis of the newly formed Nursing and Midwives Council of Kenya.

A sum of £60,000 from the Ismail Rahimtulla Valji Hirji bequest became available and should materially assist in allaying the costs of construction estimated to total £150,000.

At Nakuru an 18-bed hospital built on a £ for £ basis between Government and the local Indian community was opened.

AFRICAN SERVICES

An important event was the opening of the 320-bed medical block of the African section of the Group Hospital, Nairobi. The main structure of the 300-bed surgical block was completed but delay in the completion of the operating theatre annexe prevented its occupation. The transfer of patients from the old hospital to the new medical block only served to relieve pressure there for surgical cases and for the overflow from the Orthopædic Centre. This orthopædic section of the surgical unit which was originally planned to cater for the needs of ex-soldiers has deservedly earned an interterritorial reputation for outstanding work.

The main trend of policy was in the further development of health centres and a good beginning was made with the construction of one in the Nyanza and another in the Rift Valley Provinces, while sites for two others were provisionally selected and funds earmarked. These centres are basically to be staffed by a Medical Officer of Health, and a European Health Visitor and a Health Inspector. It is intended that subsidiary health centres should be developed from existing dispensaries at which special emphasis will be laid on social medicine and domiciliary services.

While, as noted earlier, demands for increased services continue unabated, it has become increasingly apparent that some additional means of financing them must be forthcoming. For a time it has been felt that some payment for services could well be made by a majority of patients. With this in view a committee examined the possibilities of some such system and recommended the setting up of a pilot scheme on an experimental basis in one of the larger towns. Any such scheme would have to await the erection of additional out-patient facilities because those now present could not provide the accommodation necessary. A recommendation was also made in respect of in-patient paying wards and it was decided this could be given a trial without any increase in the existing number of beds.

Other buildings completed at the Group Hospital, Nairobi, included five two-storied blocks of flats each containing eight quarters so that the Africans now housed there are 450 excluding dependants. Generally speaking, the chief emphasis with regard to buildings has been on the provision of staff quarters. In the Central Province a ten-bedded isolation ward and an eight-bedded general ward were completed. At Kerugoya a new out-patient block was occupied. At Fort Hall additional staff quarters were provided, while maternity sections were erected by local native councils at Meru hospital and Muriranjas. At Nakuru, in the Rift Valley Province, four two-roomed and eight one-roomed quarters were completed, thereby enabling the majority of African staff to live on the premises. A dwelling for an African Assistant Medical Officer was also provided. Here the erection of the new Indian hospital released 20 beds for Africans, thereby increasing the normal accommodation to 255. Nevertheless, against this, the average daily in-patient figure of 358.8 for the year makes somewhat alarming reading. At Kitale electricity was provided throughout the hospital. At Eldoret overcrowding was serious and a factor hindering discharge was the delay on the part of employers, usually farmers, in collecting their employees.

In the Coast Province few or no hospital buildings were erected, but plans for the new Mombasa hospital were made. In the Nyanza Province hospital overcrowding was also noteworthy. For example, at Kericho the in-patient figure for the 95-bed hospital was usually 160–190, and even as high as 225, but no additional accommodation could be provided.

STAFF

As indicated earlier Dr. K. A. T. Martin, Deputy Director of Medical Services, retired to take up an appointment as Director of the East African Bureau of Research in Medicine and Hygiene with effect from 1st July, 1949. He was relieved by Dr. T. Farnworth Anderson, O.B.E., on transfer from British Somaliland, later appointed Director of Medical Services in November in place of Dr. N. M. MacLennan, who proceeded on leave pending retirement. Dr. C. R. Philip, Deputy Director of Medical Services (Supernumerary), also retired, while Dr. E. A. Trim, Senior Medical Officer, was promoted as Assistant Director of Medical Services. In addition two Senior Medical Officers retired and one was invalided.

As in 1948, recruitment of European medical staff, especially medical officers, continued at low level and caused great concern. Dr. H. G. Turner, Assistant Secretary of the British Medical Association, visited the East African territories in connexion with conditions of service, and on his return to London negotiations continued between that Association and the Colonial Office regarding improved conditions of service. A Services Committee of the Kenya Branch of the British Medical Association came into being and discussed this question with the Member for Health and Local Government and Director of Establishments. The adverse situation was relieved to some extent by the employment of Temporary Medical Officers whose postings, however, had to be restricted to the larger centres.

Another adverse factor in recruitment was the acute shortage of housing, and this appeared to deter applicants who had to be warned of the position to the extent that in many cases their dependants could not accompany them. Turning to African Assistant Medical Officers, only one graduate from the Medical School at Makerere College arrived, thereby increasing the total cadre to ten. Under present circumstances the maximum output for Kenya over the next four years is only five. This figure, added to the present cadre of ten already in the Department, would provide a total of 15 over a period of 14 years. Thus, compared with Uganda with 60 officers of this category, the disparity is only too evident and is generally held to be due to lower educational standards. This is a serious matter where the development of the medical services of the Colony is concerned, especially when its finances could not afford a comparable complement of European doctors.

The following tables indicate the categories and distribution of staff at different centres and areas and also gives the bed strength at the larger hospitals as well as a summary of hospital accommodation:—

TABLE I—MEDICAL HEADQUARTERS AND OTHER ESTABLISHMENTS IN NAIROBI (EXCLUDING HOSPITALS)

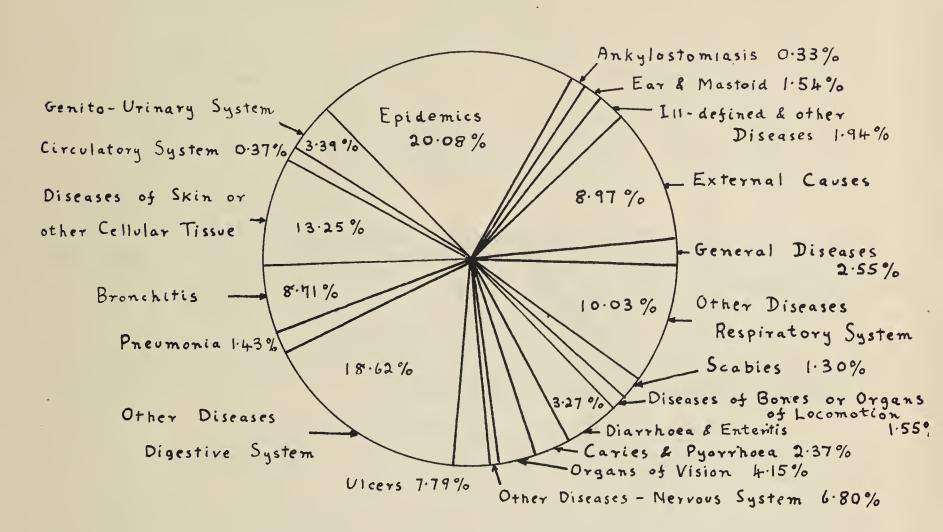
NAI	ROBI	(EX	CLU	DIN	G	HOS	PIT	ALS	5)					
				Medical Headquarters	Medical Stores	General Dispensary	Sensary Road C	Fort Hall Road Dispensary	Shauri Moyo Dis- pensary	Railway Dispensary	Medical Training Depot	Medical Research Laboratory	School Medical Service	Tuberculosis Survey
Director of Medical Services Deputy Director of Medical Services Assistant Director of Medical Services Chief Health Inspector Administrative Secretary Accountant Chief Pharmacist & Stores Supervice Medical Storekeeper Assistant Medical Storekeeper Officer i/c Records Clerks (European) Senior Specialist (Surgical) Specialist Ophthalmic Specialist (Anæsthetist) Acting Specialist (Surgical) Specialist (Medical) Radiologist Senior Medical Officer Medical Officers Instructor of Hygiene Wardmaster Matron-in-Chief Nursing Sisters Assistant Director of Laboratory Senior Parasitologist Pathologists Biochemist Entomologist Laboratory Superintendent Laboratory Technicians Entomological Field Officers Librarian Asian Dental Officer Senior and Assistant Surgeons Laboratory Assistants (Asian) Issuers of Medical Stores	vices			1 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	N	5					W	M	S	<u> </u>
Compounders Clerks (Asian) Clerks (African) Hospital Assistants Compounders Laboratory Assistants Other African Staff African Entomological Assistants				- 11 - - 11	1 5 — — — 27	2 1 3 2 2 2 54	1		1 - 4			1 26 57 20		

Other African Staff	23 26 27 27 28 28 28 28 28 28
African Clerks	
Laboratory Assistants	-
Compounders	
Hospital Assistants	- 1112 211 m44m221 - 41 m = -112
African Assistant Medical Officers	
Other Asians	
Asian Clerks	
Nursing Sisters (Asian)	
Compounders (Asian)	
Senior and Assistant Surgeons	
Asian Medical Officers	
Technicians	
Pharmacist	
CJetks (European)	©
Secretary Accountant	-1. 111111111111111111111111111111111
Hospital Secretary	
Superintendent Infectious Diseases Hospital	
Male Mental Nurses	
Female Mental Nurses	
Chief Male Mental Nurse	
Nursing Sisters	788
Ноизекеерега	
Matrons	
Dispenser	
Wardmasters	
Radiographers	
Physiotherapist	
Specialist Psychiatrist	
District Surgeons	
Medical Officers	-
Beds	25
	PITALS:- " ALS:- "
	Host bit with the set of the set
	Nairobi . Kisumu . Ive Hospitale Eldoret Embu . Fort Hall . Gilgil . Kabarnet . Kajiado . Kabarnet . Kajiado . Kapkatet . Kapkatet . Kapkatet . Kapkatet . Kapsabet . Kericho . Kerugoya . Kericho . Kerugoya . Kisii . Kisii . Kisii . Kisumu . Lokitaung . Lodwar . Malindi . Machakos . Makindu . Molo . Monbasa . Mombasa . Mombasa . Mombasa . Mombasa . Mombasa . Muriranjas .
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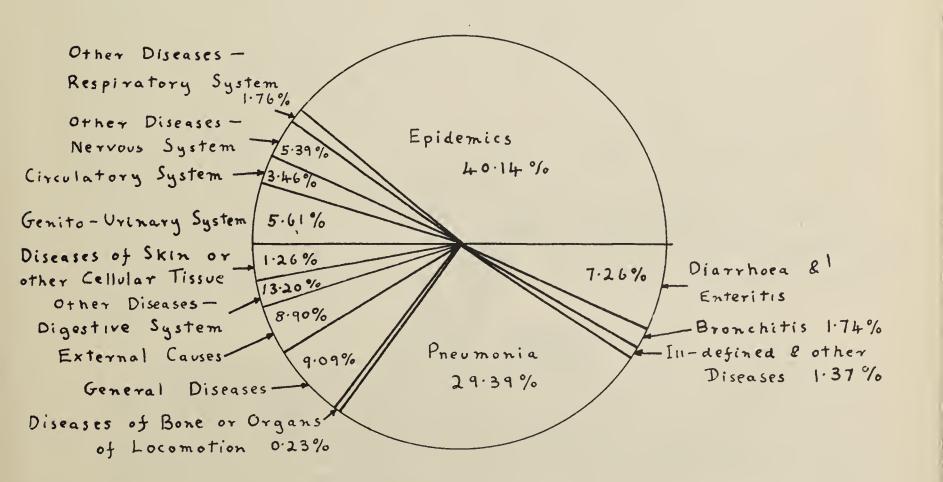
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African Clerks			
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African Assistant Medical Officers			
Other Asians			
Asian Clerks	0-		
Nursing Sisters (Asian)	m		
Compounders (Asian)			
Senior and Assistant Surgeons			78
Asian Medical Officers	-		4
Technicians		2	
Pharmacist Pharmacist			
Clerks (European)			
Secretary Accountant			
Hospital Secretary	-11111111		
Superintendent Infectious Diseases Hospital		-	
Male Mental Nurses		4	
Female Mental Nurses		4	
Chief Male Mental Nurse		-	
Nursing Sisters	9.6 -	-	
Honsekeepers			
Matrons	-	-	
Dispenser			
Wardmasters			
Radiographers			3
Physiotherapist			
Specialist Psychiatrist			
District Surgeons			
Beds Medical Officers		40 86 75 	30 12 12 40 20 6 6 10 6 10 6 10 15 10 10 15 10 10 10 10 10 10 10 10 10 10 10 10 10
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		Hospital, Centre, Ikamega	
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	Nairob Narok Narok Nyeri Rumur Tamba Taveta Trigoni Voi Wajir Wesu	Hospital:— Mombasa Nairobi Rehabilitation Centre, Nairobi Leper Camp, Kakamega LeperCamp, Msambweni Prison Hospitals:— Nairobi Mombasa	Garissa Garissa Isiolo Karatina Mandera Marsabit Naivasha Nanyuki Thomson's J Baragoi Wamba Maralal
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PROPORTION OF EPIDEMIC, ENDEMIC, INFECTIOUS, SYSTEMIC AND OTHER DISEASES SHOWN AS PERCENTAGES OF TOTAL CASES TREATED AT HOSPITALS AND DISPENSARIES

Total Incidence: 1,100,590

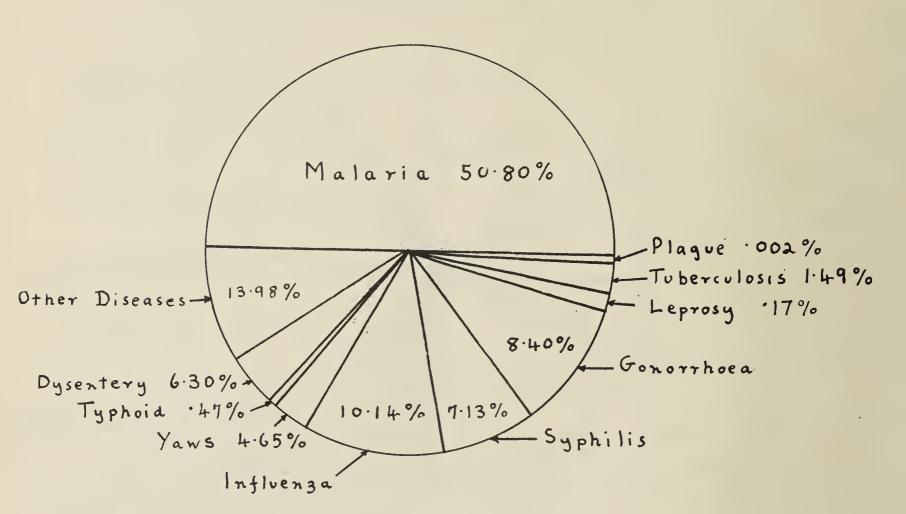


Total Deaths: 4,188

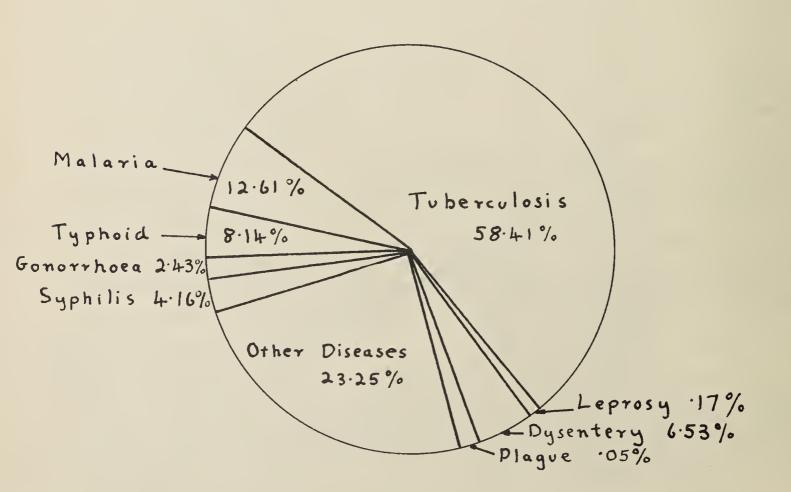


PROPORTION IN PERCENTAGES OF EPIDEMIC, ENDEMIC AND INFECTIOUS DISEASES, IN-PATIENTS AND OUT-PATIENTS TREATED AT HOSPITALS AND DISPENSARIES

Total Incidence: 221,018



Total Deaths: 1,681



II—PUBLIC HEALTH AND EPIDEMIOLOGY

GENERAL REMARKS

There was no epidemic of serious proportions during the year. This statement only gives cause for relative satisfaction for there is still a vast problem confronting the Department. Not the least part of the task is to gauge its magnitude in the absence of a system of vital statistics and countrywide arrangements for the notification of infectious diseases. In most parts of the Colony the statistics available are merely of a token nature, hardly revealing the true incidence of disease in any particular locality. The only figures to hand are compiled from district hospitals and solely take into account cases actually seen. It is quite possible that in the future rising figures may simply reflect the extension of the notification services at the periphery of departmental activities. These services are not only incomplete but, owing to the lack of population figures, it is also not yet possible to arrive at some of the simpler mortality and birth ratios. Nevertheless, this last deficiency has been partly rectified by the census of 1948. It may soon be feasible at the least to obtain indices of population densities. Births and deaths notifications should follow in the areas not yet covered, and, in time, provided that staff to perform these computations is available, morbidity rates for diseases should be assessable.

Whatever the future of medical statistics in the Colony may be, for the time being the policy in public health administration must be guided by the figures available, by judgment bought by experience, and from the results of sample surveys. The information available and the experience of the last few years indicate that the attention hitherto largely devoted towards the control of the more acute communicable diseases could well be directed and broadened to include the more chronic but none the less deadly conditions. Amongst such conditions are tuberculosis, malnutrition (using the term in its broadest sense), malaria and leprosy. Of lesser importance at this stage are trypanosomiasis, schistosomiasis, trachoma and kala-azar.

As a reorientation of medical policy seemed desirable, a conference of Provincial Medical Officers was called to discuss matters in the broadest aspects, when it became more obvious than ever that the medical services in the Colony had grown up in an uneven fashion. At one extreme there was a strong organization for the institutional treatment of disease, whilst at the other there was also a well-organized system for the control of environmental hygiene. At the centre, however, arrangements for domiciliary treatment of illness and home personal hygiene were very deficient. It was quite apparent that the Colony's health centre scheme would fill the breach and weld the two extremes of medical endeavour into a solid unit, strongest at the centre. It then became clear that, in so far as the financing of any scheme was concerned as between the Central Government and the local authority, the division of responsibility for the promotion of health had not been properly defined. As a working hypothesis it was assumed the Central Government should be responsible for the control of the more formidable and widespread communicable diseases such as the convention diseases, tuberculosis and venereal diseases, whilst the local authority should cater for the diseases associated with the locality or conditions occurring there. Examples of this last category include typhoid, relapsing fever and malaria. Nevertheless, it was recognized that many local authorities were not yet in a position to shoulder their responsibilities, in which case the Central Government would continue to bear the burden. In any case, even the more advanced local authorities would still look to the centre for technical advice, senior staff, research surveys and for the initiation of schemes. The rough outline and hypothetical solution to the problem by no means covers the whole ground but serves to indicate the preoccupations of public health administration at the present day. The problem is welcome as an indication of the progress of local authorities and their willingness to share part of the onus of public health and to extend their range of action by local endeavour. No longer has the Central Government to struggle to find ways and means to meet the full cost of the maintenance of public health: a strong ally is in the field and attention can now be devoted to some of the other scourges present.

GENERAL DISEASES

In the ensuing paragraphs it is proposed to deal with the main diseases affecting public health individually. One matter of general public health interest must be mentioned. Almost by chance, the routine chemical testing of a new water supply to a school revealed large amounts of fluorine. The source was from a borehole and others in the area were found to be similarly affected. This was surprising as there had been no previous evidence of dental fluorosis. Widespread investigations were undertaken at once and many sources of supply

—chiefly borehole—were found to be affected. Later on, a specific search for dental fluorosis in the Lake Baringo area, long known to have a high fluorine content, revealed the presence of dental fluorosis, but it is uncertain whether skeletal fluorosis exists. One of the most interesting areas deserving survey is Lake Hannington which contains 1,000 parts per million of fluorine. There are not many inhabitatnts in the neighbourhood so evidence of ill effects may not be easily obtainable.

The total number of cases treated during the year at Government hospitals and dispensaries, but not including out-dispensaries, was 1,114,747. Of this number 955,620 were out-patients.

The total number of cases of all races treated as in-patients at Government hospitals was 159,127. Among these occurred 5,188 deaths, giving a hospital death rate of 3.28 per cent. No deaths were recorded from out-patients treated.

Deaths recorded from among in-patients, within groups of diseases, were attributable in descending order of importance to:—

		Per	cent	of Total Deaths
Epidemic and Infectious Diseases	 			32.40
Diseases of the Respiratory System	 			24.11
Diseases of the Digestive System	 			10.68
External Causes	 	• • •		7.19
General Diseases	 	• • •		7.82

As in previous years, pneumonia was the highest single cause of death.

EPIDEMIC, ENDEMIC AND INFECTIOUS DISEASES

The total in this group of 221,018 was made up of 167,422 out-patients and 53,596 inpatients, among the latter 1,681 deaths being recorded.

Malaria, as in the previous year, was outstanding with a combined total of 112,285 cases as against 96,052 in 1948. Of these there were 19,294 cases amongst in-patients with 212 deaths, being 12.61 per cent of the deaths within the group, two deaths occurring in Europeans.

There were 3,306 cases of tuberculosis being treated as in-patients. Deaths from tuberculosis, numbering 982, were 58.41 per cent of all deaths within the group.

There were 79 cases of acute poliomyelitis, with four deaths. This disease has shown no epidemic tendency in late years.

Twenty-three cases of kala-azar were recorded.

RESPIRATORY SYSTEM

The total of 222,355 cases in this group was made up of 24,630 in-patients and 197,725 out-patients. Among in-patients there were 1,305 deaths, of which 1,231 were due to all types of pneumonia, this disease alone being responsible for 23.72 per cent of all deaths. The cases of asthma recorded were 2,460, including in-patients and out-patients.

DIGESTIVE SYSTEM

There were in this group 204,935 cases, or 18.52 per cent of the total, 15,601 being in-patients and 189,334 out-patients. Deaths numbering 553 were 10.66 per cent of the total deaths from all causes.

The total number of in-patient cases of appendicitis was 341, with three deaths; 104 of these cases were Europeans, 152 Asians and 85 Africans.

There were 2,617 in-patient cases of diarrhoea and enteritis in children under two years; among these were 224 deaths. Among the 2,377 cases of diarrhoea and enteritis in ages two years and over, deaths numbered 72.

EXTERNAL CAUSES

In this group there was a total of 98,795 cases, 14,888 being in-patients. Deaths among in-patients numbered 373, or 7.19 per cent of the total from all causes.

There were 5.938 cases of fracture, not including crush injuries which may have produced fracture.

There were 1,103 in-patient cases of burns by fire, with 115 deaths.

GENERAL DISEASES, INCLUDING MALNUTRITION, BLOOD, NERVOUS AND CIRCULATORY

Of the 28,066 cases in this group 3,687 were in-patients and 24,379 were treated as out-patients. There were 380 deaths, or 7.32 per cent of the total deaths,

The prominent diseases in this group are rheumatism and anæmia of all types. The cases of rheumatism treated as in-patients numbered 1,195.

Among out-patients, a total of 3,713 cases of acute rheumatism were treated and 15,000 cases of chronic rheumatism, but it is more than probable that while rheumatism is common the numbers shown of the acute type are unduly high.

"Kwashiorkor" accounted for 457 admissions to hospital compared with 267 cases last year and led to 103 deaths.

Of malignant conditions there was treated a total of 303 cases with 46 deaths. Racially these occurred: in Europeans 26 cases with three deaths; in Asians eight cases with no deaths; in Africans 269 cases with 43 deaths.

COMMUNICABLE DISEASES

ANTHRAX

A total of 517 cases were treated with 49 deaths. The disease occurs chiefly in the Central Province and, although the incidence is less than for the two previous years, only little progress in its control can be recorded. Preventive inoculation of cattle is to be reintroduced and strong propaganda against the habit of eating sickly beasts continues. It is lamentable to record high figures in a disease of this nature, avoidance of which is easily within the reach of the potential victim.

UNDULANT FEVER

An epidemiological surprise occurred during an investigation in the Meru District and other Central Province districts. This was the discovery of a very large proportion of *Br. melitensis* bacteræmias in bloods sent for investigation of unknown pyrexias. Although only 177 cases were treated for this condition, with two deaths, it is probable it is more widespread than suspected and will set a very pretty problem in control. As yet there is little information of the morbidity rate amongst goats.

CEREBRO-SPINAL MENINGITIS

There were 165 cases treated in hospitals with 86 deaths. This is by no means an epidemic; furthermore, it cannot be guaranteed that all of these cases were due to the meningococcus. Diagnosis in an out-station must depend upon a smear of the cerebro-spinal fluid, which leaves much room for error. In Nairobi, where culture is possible, many cases of this kind proved to be pneumococcal.

CHOLERA

There were no cases of cholera reported or imported into the country.

DYSENTERY

There was a total of 12,617 cases of all types of dysentery treated, with 110 deaths, whilst infantile diarrhoea accounted for 23,750 cases, with 296 deaths.

Dysentery is an extremely important disease in the country, all forms of the known responsible bacteria being found. There was an acute, small epidemic in a European girls' school during the year due to the para-colon bacillus. This occasioned no great surprise as cases due to this organism seem to occur quite frequently in Kenya.

Amæbic dysentery is always with us both in the chronic and acute forms. This last condition can be seen in children, who, from their age, should not yet have been weaned. It would not be at all surprising if a survey revealed that the African population in the more populous areas was found to be highly infected.

DIPHTHERIA

There were 60 cases, with 11 deaths, treated in hospital.

This is a relatively unimportant disease in the Colony in point of numbers. The indigenous strain is a "mitis" variety producing an alarming amount of membrane but little toxemia. Nevertheless, immunization in the larger centres is available on account of its evil reputation among the non-native community.

POLIOMYELITIS

There were 79 cases, with four deaths, occurring sporadically during the year. During the poliomyelitis epidemic in Madagascar and Reunion special successful precautions were taken at the Colony's airports and surveillance was introduced to prevent the effect of importation of the disease,

A feature of some cases reported as poliomyelitis was the appearance of bulbar symptoms often associated with encephalitic signs. In fact so atypical have been a number of these that a search was made for other viruses, but without success. The possibility of a secondary encephalitis has been borne in mind, but all search was hampered by late diagnosis or by the delay in notification. No virus has as yet been grown either because of the delay or failure to find a suitable susceptible animal. The investigations are continuing.

ENTERIC FEVER

There were 1,082 cases, with 38 deaths, treated. Paratyphoid appears to be of small significance in this series where typhoid predominates. There is no room for complacency whatsoever with this disease where the incidence is increasing. A sharp buttermilk-borne epidemic occurred of typhoid with over 100 cases in the Rift Valley Province. This, however, was in the nature of an accident and was easily controlled. What is disquieting is the steady rise of small sporadic outbreaks in the more heavily populated African areas, especially in peri-urban districts. Development, closer settlement and overcrowding are proceeding apace, but standards of sanitary conduct and the provision of sanitation services are lagging far behind. If this trend continues typhoid may cause some very sharp outbreaks in the near future in the less developed but highly populated areas outside municipalities.

Steps to reinforce the powers of the health authorities are under discussion. It will not be long before this peri-urban development will require the institution of a proper local health authority and service.

INFECTIVE HEPATITIS

There were 296 cases, with 17 deaths, treated.

This disease is sporadic throughout the Colony. As it is partly due to adverse sanitary conditions it is proposed to make it a notifiable disease in future.

KALA-AZAR

Twenty-three cases were reported, with six deaths.

Kala-azar occurs in small well-defined areas in the Kitui and Machakos Districts of the Central Province, and also in the Northern Province. It is not assuming serious proportions.

LEPROSY

As already mentioned in the Introduction, the Interterritorial Leprologist presented a very comprehensive report at the beginning of the year. It appears that the Colony has to cater for about 35,000 lepers, but fortunately most of them were of the non-infective type and could be treated at home if a system of the safe provision of medicine could be devised. Excellent results are being achieved with sulphetrone and the simpler sulphone radical has now been introduced. Preliminary plans for a leprosarium at Itesio, North Nyanza, were formulated to provide accommodation for about 500 persons on a settlement basis. The severer and infective cases will be treated here. Further experience with sulphones and the establishment of health centres may allow of home treatment with this somewhat toxic drug. A map showing the incidence of the disease will be found at the end of the report.

PLAGUE

Only 26 cases of plague, with one death, were treated. Little comment is required other than to state that precautions are not being allowed to lapse notwithstanding the short memory of the public.

RABIES

Rabies still remains enzootic in the Nyanza and Kitui areas; two deaths were reported. Judging from the increasing demand for vaccine either more people are being bitten by rabid animals or they are becoming more rabies conscious. The control of the disease in animals is, of course, vested in the Veterinary Department.

RELAPSING FEVER

There were 501 cases treated, with 13 deaths.

This disease is now becoming eminently controllable with the advent of B.H.C. dusts. An experiment on ornithodorus control was carried out by the Insect-borne Diseases Division in the Kwale District of the Coast Province. Apparently successful first results were later found to be too optimistic. Complete success is needed, as the final aim is to eradicate the disease entirely in areas similar to the endemic focus in the Nyambeni range, Meru, in the

Central Province. Eradication is the necessary aim, for, if control is only partially successful, it would severely interfere with the local premunity to the disease with undesirable consequences. The Colonial Medical Research Council has seconded an officer to study the bionomics of the tick vector in the Colony, but suggestions for control as a result of his studies involve a considerable change in the social habits of the population.

SMALLPOX

Smallpox did not assume serious proportions this year. There were 42 cases treated in hospitals, with no deaths. Notwithstanding the somewhat severe epidemics in India and the thousands of travellers returning through the chief port of Mombasa no secondary cases attributable to them occurred.

TRYPANOSOMIASIS

Two small areas of *T. gambiense* infection flared up in the Nyanza Province, and control measures were introduced. At Kibigori in this Province an entirely new area was discovered, not because of any complaints from the local inhabitants, but on a chance finding in a blood slide at Kisumu hospital. The focus was discovered but control was difficult owing to the apathetic lack of interest shown by the inhabitants in their dangerous circumstances. A recrudescence also occurred in Central Nyanza, round Lake Kanyaboli. Clearing of riverine breeding places and treatment are still proceeding. In contrast to the apathy round Kibigori a lively interest was taken in the disease in the endemic focus of South Nyanza, where a resurvey was carried out and less than a score of new cases discovered.

TUBERCULOSIS

The figures for tuberculosis treated in Government hospitals are:

1945—19 per thousand of the total in-patient numbers.

1946—19.2 per thousand of the total in-patient numbers.

1947—20.9 per thousand of the total in-patient numbers.

1948—20.5 per thousand of the total in-patient numbers.

1949—21.3 per thousand of the total in-patient numbers.

There were 718 deaths out of 3,306 cases treated as in-patients.

During 1948 a tuberculosis survey was made. Forty-two thousand four hundred and ninety-two tuberculin tests were read, 2,889 physical examinations were performed and 1,298 specimens of sputum were prepared and examined at the Medical Research Laboratory.

A map at the end of the report shows the tuberculin sensitivity rates among children in the 7–12 age group in 17 districts surveyed and also gives the estimated tuberculous morbidity rates.

A detailed report of the survey is in the process of publication, the main conclusions of which are:—

- (a) Although tuberculosis has probably existed on the Coast for a long time, its introduction into the inland districts is comparatively recent.
- (b) A high reactor rate, combined with a comparatively low disease incidence, was apparent in places where the disease may be supposed to have existed for a long time, while a low tuberculin sensitivity rate but high morbidity is thought to denote recent experience of tuberculosis.
- (c) Diet may be an important ætiological factor in the acute and rapidly fatal type of tuberculosis prevalent in Kenya. "Kwashiorkor" may be especially important in this respect.
- (d) It is thought possible that bovine infection may be more common than has been hitherto supposed. A tuberculosis survey of cattle is at present being carried out in Tanganyika and will eventually extend to Kenya and elucidate this aspect of the problem.
- (e) A period of urban residence has the effect of increasing the tuberculin sensitivity rate in adult males tested in the reserves of the Colony, and there is no doubt that many Africans develop tuberculosis when they leave their reserves and work in a town.
- (f) In the native reserves of Kenya the disease does not always run the rapidly fatal course described by most investigators of African tuberculosis.

- (g) An analysis of X-ray photographs of patients admitted to the Native Civil Hospital, Nairobi, would seem to show that the advanced stage of the disease in which they are first seen, no less than the type of disease process, is what so often makes prognosis and treatment hopeless.
- (h) It is thought that the African's proclivity to develop an extreme degree of sensitivity to the tuberculo-protein may be a factor of prime importance in the ætiology of the characteristic disease process to which he is prone.
- (i) The distribution of non-pulmonary tuberculosis would appear more patchy than that of the pulmonary condition. Pulmonary tuberculosis is the more important manifestation both with regard to the number of sufferers and the mortality.

As the result of the findings of this report it was possible to plan a tuberculosis control scheme backed by capital grants from the Colony's Development Committee. A possible tuberculosis rate of 10 per thousand has to be met, which means that the principles of domiciliary treatment will have to be widely extended.

TYPHUS

There were 53 cases treated, with two deaths.

This disease does not occur in epidemic form and is all tick or flea borne. There are many gaps in our knowledge of the local rickettsial diseases which may soon be rectified in co-operation with the Virus Research Institute at Entebbe. The local virus is of a mild virulence.

YELLOW FEVER

No cases of yellow fever occurred in the Colony. Nevertheless, enzootic foci of virus still exist and a large amount of research is required to convince eastern and northern countries that there is no risk of the spread of this disease to man, especially in the larger centres.

VENEREAL DISEASES

These diseases are discussed elsewhere under the heading "Venereal Diseases Clinics".

MALARIA

There was a total of 112,140 cases of malaria treated in Government hospitals and dispensaries in 1949, with 212 deaths, of which only two occurred in Europeans.

The cases were classified as:—

Benign to	ertian	 	 	 	353
Quartan		 	 	 	469
Aestivo-a	utumnal		 	 	16,164
Clinical		 	 • • •	 	93,911
Cachexia		 	 	 	1,183
Blackwate	er	 •••	 	 	16
Cerebral		 • • •	 	 	44

Control measures against this disease are on a reasonably sound administrative basis in the municipalities of Nairobi, Mombasa and Kisumu. Elsewhere these measures are somewhat fragmentary and the reasons for this have been investigated during the year. It would appear that no clear pronouncement has been made concerning the responsibility for the provision of finance for such measures. This has led to the institution of a number of unco-ordinated and small enterprises throughout the country which have been severely crippled in scope by the uncertainty regarding finance, staff and direction. A policy is now being instituted designed to eliminate these uncertainties and it may be said that its purpose is to make the provision of finance and workaday staff a local authority responsibility, whilst the Central Government and the Medical Department would be responsible for technical advice, survey and institution of schemes, coupled, for the time being, with general supervision at higher levels.

If administrative difficulties can be solved in this way there will remain the epidemiological conundrums still to be solved, not least of which is to gauge how far a partial scheme of control may so interfere with natural premunity as to attain an end result worse than in the first place.

On the purely technical side, the more modern methods of control by means of adult killing have been investigated in relation to local conditions. This side of the question is dealt with in the report of the Insect-borne Diseases Division.

III—HYGIENE AND SANITATION

(1) GENERAL MEASURES OF SANITATION

The year commenced with the European health inspectorate very much below strength, but the position improved later with the return of officers from vacation leave and by several new appointments. In consequence activity in sanitary control was intensified in many rural areas where supervision had been reduced to the absolute minimum. Long-service African personnel was of great help in maintaining established services and in assisting officers new to the Colony.

In urban areas one of the major problems was the overcrowding of Asian and African dwellings, as already emphasized in previous reports. The demand for accommodation was far greater than the rate of building could cope with, and is likely to remain so for many years to come, unless a greatly expanded building programme is adopted.

The conservancy services of the municipalities have been maintained at a level consistent with the necessity for the sweeping of streets, the removal of refuse and the disposal of night soil, but apart from the provision of numbers of new vehicles, refuse bins and equipment, that were previously in short supply, no marked advance in cleansing technique can be recorded.

In some of the smaller townships composting of domestic refuse and, in some cases, night soil, have been introduced with a degree of success, showing promise of being an efficient and economical method of disposal.

Advances in the control of the manufacture, handling, storage and sale of foodstuffs can be claimed, although complete satisfaction in this branch of public health activity will only be attained with the co-operation of the public, together with an appreciation of the necessity for the use of wholesome ingredients and by the scrupulous cleanliness of the workers involved.

Samples of food and drink were submitted to the Government Chemist and Bacteriologist for analysis from authorized sampling officers in all parts of the Colony.

District Commissioners, as local authorities of townships, trading centres and rural areas, continued to co-operate with health department staff, and in matters of general cleanliness, licensed premises and building control progress has been made. In many of the built-up areas, however, where buildings of a temporary nature have existed for many years, improved sanitation will only materialize when demolition, replanning and reconstruction are possible.

Anti-mosquito measures were carried out as a routine duty, with intensification of activity in areas where and when it was considered necessary.

Although the extensive and widespread African areas are difficult to control effectively there is reason to be satisfied with the results achieved. No major outbreak of infectious diseases occurred and investigation and action quickly followed reports of confirmed or suspected infectious cases.

In the African land units the protection of water supplies, the provision of wells and the construction of washing slabs and bathing places continued as one of the most important and appreciated branches of health work. New supplies were constructed and existing supplies maintained, particularly in the Central and Nyanza Provinces.

Prosecutions and propaganda have as yet had little effect in preventing the consumption of meat from animals that have died or been slaughtered in sickness.

Markets, perhaps better described as African trading centres, have continued to develop, although many of the plot-holders have found difficulty in completing buildings in accordance with their original intentions.

Propaganda was carried out with effect in many spheres. Numerous shows were held throughout the provinces demonstrating housing, composting of refuse, improved water supplies and in many other matters associated with public health work. Lectures were given by African personnel and on two occasions an African health worker broadcast health talks most competently, his subjects being "Cleanliness" and "Water Supplies". The "Plague" film, produced by the Colonial Film Unit, with the co-operation of Fort Hall health department staff, was shown to thousands of people in areas where plague outbreaks are still possible.

Health assistants lectured at schools and offered much advice, but more propaganda will be necessary and the average African schoolmaster will have to apply hygiene lessons more practically before any great improvement in schools sanitation in rural areas is noticeable.

(2) SCHOOLS HYGIENE

Apart from the work of the Schools' Medical Officer in and around Nairobi, and which is fully reported elsewhere in this report, schools hygiene was dealt with by District Medical Officers of Health and Health Inspectors in so far as it was possible to spare the time from their normal routine duties. In rural areas African personnel struggled valiantly to improve the generally low hygienic conditions.

Many drawings for new schools for all races were scrutinized and at all times it was endeavoured to ensure the introduction of the recognized standards of accommodation for all purposes, as accepted by the Education, the Public Works and the Medical Departments. The economic factor could not always be ignored, but, in general, standards were maintained, although drainage and the disposal of sewage and waste water are matters that still call for much more consideration.

(3) Labour Conditions

Close liaison continued between officers of the Labour and Medical Departments, and proposed legislation for the control of sanitary conditions at labour camps and to govern conditions in factories and workshops was dealt with in detail.

(4) Housing and Town Planning

From all urban areas Medical Officers of Health lay stress upon the need for more and more houses for all races.

Private enterprise, the Municipal Council of Nairobi and Government have made headway, and although accommodation for Europeans improved to a degree all efforts to meet the needs of the relatively greater Asian and African populations have had little effect in solving the problem.

For the Asian population plots for residential purposes were allocated in many areas and the needs of the African were perpetually under review.

Plans for the development of municipalities and townships were prepared by the Town Planning Adviser and approved by the various departments interested, but not without some concern.

The provision of roads, drains and conservancy services seldom keep pace with general development, with the inevitable public health problems in consequence. Government's acceptance of the proposals for the establishment of a drainage and sewage section of the Public Works Department was received with satisfaction and an ultimate improvement in the sanitary conditions of the Colony must be the result. Many problems at schools and hospitals of recent construction, and in built-up areas, await the attention of the drainage and sewage engineer.

(5) FOOD IN RELATION TO HEALTH AND DISEASE

A—Food Supplies

In some areas the rainfall was below normal, with disappointing crops in consequence, but, throughout the Colony, food supplies in general were not unsatisfactory.

Insect infestation of grain stored in bulk presented a problem and a Pest Control Committee was set up to give consideration as to the use of approved insecticides. This has been necessary as grain silos are virtually absent in the Colony; storage of hundreds of thousands of grain products in bags has perforce to be done in open warehouses. The insect depredations, besides causing a direct loss of foodstuffs of anything up to 10 per cent or more, account for an immense spoilage which renders the food unpalatable, if not occasionally unwholesome. The advent of cheap chemical insecticides has not solved the problem as their chronic toxicity is still an unknown factor. It has been thought better not to allow their use for the time being, but to depend on heat for grain conditioning and disinfestation. If an insecticide is still necessary, it was deemed that pyrethrum in minimal adequate quantities should be allowed to be added to grain.

Food inspection was maintained in so far as the availability of staff permitted, and although the difficulties of control are great, especially in rural areas, an expansion of activity took place. With the more plentiful supply of imported canned foodstuffs a certain amount of hoarded stocks appeared in shops and condemnations were necessary.

B—Markets, Dairies and Slaughterhouses

Progress in the improvement of markets has been recorded in both urban and rural areas, varying from major additions in permanent materials in the larger to minor matters such as fencing, shelters and benching in the smaller. Many local authorities gave consideration to the establishment of markets where at present none exist.

Competition, propaganda and legislation have achieved some success in the production and handling of milk, but as the sources of supply are generally in areas distant from the points of distribution efficient control is rarely possible. The matter has caused local authorities much concern and attention has been directed to the tightening of control at points of delivery, where routine sampling and testing have been initiated.

The central milk depot established by the Kisumu Municipality has been operating effectively for many years, and several local authorities, impressed by the scheme, have under consideration proposals for the adoption of similar measures.

Slaughtering places in African areas were supervised mainly by Africans and, in addition to improvements and repairs to many of the buildings, a number of new ones were erected. In the urban areas the position was different, all local authorities holding up further expenditure pending clarification of the proposals for a central abattoir.

(6) MEASURES TAKEN TO SPREAD THE KNOWLEDGE OF HYGIENE AND SANITATION

The major event in the field of propaganda took place at the annual show of the Royal Agricultural and Horticultural Society held at Nakuru during October. Farmers in particular showed great interest in the exhibit staged to demonstrate the hygienic production of milk and solicited much information concerning the types of dairy buildings recommended.

European health inspectors with African assistants carried the message further afield and district shows were held even in some of the remotest areas, where better housing and general measures to combat diseases were demonstrated.

Close liaison with the Information Office was maintained and a Propaganda Committee established.

(7) Training of African Sanitation Personnel

With the appointment of an Assistant Instructor in Hygiene and the addition of a class of student health inspectors, this section of the Medical Training School was brought up to full strength. The allocation of a vehicle to transport students into the African locations and to works within the industrial areas enabled practical work to be demonstrated more effectively, and, on one occasion, an outside course was held at Kerugoya for a period of a week.

The most momentous occasion in the short history of the hygiene training section of the school took place when the first examination for health inspectors in Kenya was held by the Joint East African Examination Board of the Royal Sanitary Institute. Eight students had completed the three years' course of training and all were successful in passing the examination. The addition of eight African health inspectors should add impetus to public health activity in rural areas during 1950.

The training of the more junior health personnel has been confined to the personal efforts of European health inspectors in the field.

(8) RECOMMENDATIONS FOR FUTURE WORK

The extension and intensification of present activity is recommended.

IV—PORT HEALTH WORK AND ADMINISTRATION

(1) GENERAL

The ports on the Kenya seaboard are as follows:—

Kilindini (Mombasa).

Mombasa (Old Port).

Lamu.

Malindi.

Kilifi.

Vanga.

Kilindini is the only port where large ocean-going vessels call.

Mombasa Old Port has a considerable seasonal trade in foreign dhows and coastal motor vessels, and the other ports are mainly used by coastal dhows. Kilifi, Malindi and Lamu have each a sanitary assistant posted who carries out the duties of inspection of dhows for mosquito breeding and disinsectization and in addition assists the medical officer of the township in general sanitary works.

(2) PORT HEALTH ORGANIZATION

The staff during the year was as follows:—

- (a) Port Health Officer.
- (b) Assistant Port Health Officer.
- (c) Port Health Inspector.
- (d) Entomologist.
- (e) Junior Entomologist Field Officer.
- (f) Clerk, Asian (part-time).
- (g) Clerk, African.
- (h) African Sanitary Assistants, distributed as follows:—

Kilindini	: mosqu	ito con	trol on	ships a	ind port	t area,	port sa	nitation	and ro	odent	
contr	col	• • •	• • •	• • •			• • •	• • •	• • •	• • •	7
Old Port	of Mon	ibasa d	lealing	with di	nows an	id gene	ral san	itation			2
Lamu		• • •	• • •								1
Malindi											1
Kilifi											1

The Port Health Officer and Medical Officer of Health are the same person and he is responsible for all health measures in the port and town areas.

A second medical officer occupies the post of Assistant Port Health Officer and Assistant Medical Officer of Health. He is responsible for medical duties in regard to ships and dhows and the supervision of the Infectious Diseases Hospital and the Venereal Diseases Clinic.

A Port Health Inspector is in charge of all health and sanitary measures regarding ships and port areas, including mosquito breeding, rodent prevention, general sanitation and supervision of fumigation of ships.

The Port Health Officer is in administrative charge of the whole coastal area for antiaedes control and the work is supervised by the Entomologist.

(3) Application of the International Sanitary Convention of 1944

Article 6.

Mombasa is now an international port for the fumigation and exemption of all vessels under Article 28 of the Convention and ships are regularly examined for evidence of rat infestation, and fumigation by hydrocyanic acid gas is ordered as necessary.

The provision of rat-guards to ships is compulsory under the Port Health Regulations, 1923, and regular trapping, poisoning and gassing of rats is carried out in the port areas.

The following are figures caught by trapping for the years:—

	1946	1947	1948	1949
Rattus norvegicus	2,193 91 2,683	1,965 53 2,321	2,825 224 1,693	2,181 294 1,691
Totals	4,967	4,339	4,742	4,166
Spleen smears examined	148	335	374	590

All spleen smears were negative to Pasturella pestis.

Article 8.

No cases of plague, cholera, yellow fever or typhus were reported at the port during 1949. Two cases of smallpox were reported.

The above are the five notifiable diseases under the Convention, and in the event of any of these diseases being discovered in the port the necessary measures for transmitting the information to all concerned are in force.

Article 13—Measures Adopted to Prevent Exportation of Disease.

The Port Health Officer does not medically examine every person embarking from Kenya ports, but the shipping agents undertake to refuse the issue of tickets to any prospective passenger who is not in possession of valid yellow fever and smallpox vaccination certificates.

They also report to the Port Health Officer particulars of any sick person wishing to embark. This person is then examined.

In the event of an outbreak of one of the five major diseases occurring in the port measures would be immediately taken to prevent the embarkation of any person showing symptoms of the disease and also contacts of diagnosed cases.

Article 15.

- (a) No cases of plague were reported at the port during 1949.
- (b) No case of cholera was reported at the port during 1949.

Valid international certificates are required to be produced by all passengers arriving from India, Pakistan and Goa, and any person who is not in possession of same is immediately inoculated and placed under surveillance.

(c) No case of yellow fever was reported in the port during 1949.

All ships and dhows are inspected on arrival for evidence of mosquito breeding or adult mosquitoes on board.

Strict mosquito control is carried out in Kilindini and Mombasa Old Port and the incidence of shore breeding has considerably lessened.

Breeding is very occasionally found on ocean-going vessels entering Kilindini and very frequently found on dhows from Arabia and India. The breeding on dhows is practically all *Aedes ægypti*.

The following table gives the incidence of Aedes ægypti in vessels inspected during the years 1946 to 1949:—

Adults—		1946	1947	1948	1949
Number of vessels inspected.		303	366	496	598
Number with mosquitoes .			21	22	17
Number with A. ægypti .			9	13	21
Index—all species			***************************************		
Index—A. ægypti	• • •				
Larvæ—					
Number with larvæ		11	17	23	34
Number with A. ægypti .		7	8	12	32
Index—all species		3.6			
Index—A. ægypti		2.3			

(d) Smallpox.—Two cases were reported in the port during 1949. Details are contained in the annual report of the Port Health Inspector.

All vessels from infected or suspected ports are required to keep the quarantine "Q" flag flying until the vessel has been boarded and cleared by a representative of the Port Health Department.

Every person is personally seen and the mere production of a smallpox certificate is not accepted as evidence of immunity unless supported by good vaccinal scars. Persons with invalid certificates or inadequate scars are vaccinated on board and landed under surveillance, and persons who are proceeding to destinations outside Mombasa are required to report to the nearest medical officer of health of the district on arrival and prior notification of their arrival is sent to the respective medical officers of health.

(e) Typhus.—No case of typhus was reported in the port during 1949.

In the event of typhus or relapsing fever being diagnosed in the port provision is available for the delousing of persons and clothing and disinsectization of vessels.

(f) Control of dhows.—On arrival of a dhow from a foreign port the vessel is required to anchor at the quarantine anchorage and remain there with quarantine "Q" flag flying until boarded and cleared by a port health representative.

The dhow is inspected for defective water containers and mosquito breeding or adult mosquitoes. All persons are examined and vaccinated if necessary.

The dhow is kept under supervision during its stay in port and before clearance is granted the dhow is sprayed and it is ascertained that her water containers are in good order.

(4) APPLICATION OF PORT HEALTH (PUBLIC HEALTH) REGULATIONS, 1923

Importation of second-hand clothing.—A very considerable amount of second-hand clothing arrives at Kilindini and consignments are subject to strict enforcement of the regulations.

(5) STATISTICS

(a) Shipping entering the port during the years:—

STEAMSHIPS—	194	7	1	948			194	19	
	Number	Tonnage	Number	Tonn	age	Nu	mber	Tonn	ege
Overseas Coastal		43,337 55,474	624 182	2,377,26 § 55,74			35 2,6 76	502,983 47,168	
	681 [2,09	98,811	806	2,433,00	9	9	11 2,6	550,151	
' ' '	ft disinsectized ships, including		essels—		• • •				1,836
	ber of foreign		A						222
	ber of coastal			3					1,054
	medically ins								20.6
	•	•••			• • •	• • •		• • •	386
	ig ships, includ	•		* * 4		•••		* * *	222
	arriving in po		•	(i					0
	nships		1.	• • •			• • •	• • •	8
	ig ships, includ			 d. on hi	ooted t				222
	placed under o				ected to	o specia	meast	ires	3
	nships ng ships, incluc	ina notiva	vaccale		• • •	•••	• • •	• • •	17
	gers medically				 viation		• • •	• • •	1 /
	•		•	oox regi	uiation				35,693
	ig ships, includ			* * *	• • •	• • •	• • •	• • •	3,761
	gers landed ur	_		* • •	• • •		• • •	,	3,701
	iships					* • •			2,479
	ig ships, includ								189
	f health issued				• • •				1,181
` '	fumigated un								3
•	exempted un			•					5
, ,	1			7					

V-MATERNITY AND CHILD WELFARE

Maternity and child welfare services continued to be provided by local authorities and local native councils assisted by the Medical Department with the secondment of nursing sisters and health visitors. As in previous years the work could not be confined to preventive measures but had also to embrace curative aspects which are difficult to withhold in the face of an inability to understand the reasons on the part of an African community. These services are well organized in the larger towns such as Mombasa and Nairobi and the following information contained in the annual reports of the medical officers of health for the respective municipalities is of interest:—

A—Mombasa (1) Attendances at African Ante-natal and Child Welfare Clinics

		1947	1948	1949
Child Welfare	 	15,915	15,843	16,992
Venereal Diseases		4,857	6,586	8,222
Ante-natal	 	7,467	8,826	11,664
Dispensary	 	28,274	25,417	28,273
Home Visits	 	40,204	22,729	12,239

These figures comprise attendances at the three clinics of Majengo, Mwembe Tayari and Makupa. In addition, large numbers of women suffering from venereal disease had to be treated there. Persons attending ante-natal clinics tended to report more often than necessary.

(2) Maternity Services

The Lady Grigg Municipal Maternity Hospital provided accommodation for Africans as well as facilities for the training of African and Arab midwives for the Coast Province and elsewhere. Provision for the Asian community is made by the Pandya Memorial Clinic and private nursing homes. Statistics for the past three years are as follows:—

LADY GRIGG MUNICIPAL MATERNITY HOSPITAL

Cas	SES		1947	1948	1949		
Patients admitted Births	• • • • • • • • • • • • • • • • • • • •			809 495 41 — 12	923 656 31 10 18	923 852 62 15 30	

B-Nairobi

(1) European Services

(a) Maternity.

Four private nursing homes were available and financial assistance under the European Hospital Authority Scheme was payable. The need for a separate maternity home became greater than ever, especially as the general shortages of hospital beds made the reservation of accommodation for cases of this kind very difficult. Patients were also accommodated before and after delivery in the Lady Northey Home.

(b) Child Welfare.

The Lady Northey Home and Nursery School continued to expand with the demand for admissions to the school much in excess of the accommodation available. Child welfare clinics were also held, assisted by staff from the Municipality and the Army from where children attended. Likewise, the Child Welfare Centre and Day Nursery opened in 1948 under Municipal auspices was unable to meet the demands, and the provision of facilities in the Woodley Estate area has been suggested.

(2) Asiatic Services

(a) Maternity.

The Lady Grigg Indian Maternity Hospital was hardly able to meet increasing demands for accommodation and the following table indicates the work performed compared with three previous years:—

LADY GRIGG INDIAN MATERNITY HOSPITAL, NAIROBI

	CASES	3			1947	1948	1949
Admissions					682	769	759
Births					583	577	611
Twins				1	12	9	6
Stillbirths Deaths—Maternal	• •	• •			26	22	29
	• •	• •	• •	• • •	5		-
Deaths—Infants					8	21	13
Triplets					1		

The training of Indian midwives continued to make a very important and useful addition to the social services of the community throughout the Colony.

(b) Ante-natal and Child Welfare.

Attendances at these Municipal clinics again increased and the amenities provided are proving very popular. Figures are as under:—

ATTENDANCES AT THREE ASIAN CLINICS AND HOME VISITS

					1	2	3	Total
ANTE-NATAL—								
Total Attendances				 	2,184	1,873	503	4,560
New Cases	• •		• •	 	665	638	107	1,410
CHILD WELFARE—								
Total Attendances, 0-5 ye	ars			 	4,399	3,448	1,157	9,004
				 	505	471	132	1,108
Toddlers, New, 1-5 years	• •	• •	• •	 	599	341	88	1,138
HOME VISITS—								
By Health Visitors				 	2,296	2,592	1,041	5,939
By Health Assistants				 	1,596	2,269	838	4,703

(3) AFRICAN SERVICES

(a) Maternity.

The Lady Grigg Welfare League Maternity Hospital not only provided maternity services but also the training of midwives for which there was a long waiting list. The undermentioned table is of interest:—

v 2			Resident in Nairobi	Non- Resident	Total
Cases admitted during the ye	ar	٠.	1,483	1,139	2,622 46
Number of beds				─	
Patients days					13,595
Baby days			-	<u> </u>	11,719
Motherless baby days			_	-	277
·					

(b) Ante-natal and Child Welfare.

The five clinics administered by the Municipality were well attended as the following table shows:—

ATTENDANCES AT FIVE AFRICAN CLINICS

	1	2	3	4	5	Total
Ante-natal— Total Attendances New Cases Confined at Home	905	1,147	1,534	944	618	5,148
	162	305	400	316	196	1,379
	47	86	62	171	62	428
CHILD WELFARE— Total Attendances, 0-5 years	6,487	5,849	4,437	8,462	3,788	29,023
New Cases— Infants, 0-1 year Toddlers, 1-5 years	245	382	347	296	205	1,475
	133	265	306	312	178	1,194
Home Visits— By Health Visitors By Health Assistants	867	1,430	1,301	1,004	676	5,278
	2,373	2,812	3,193	4,906	2,581	15,865

VI—HOSPITALS, DISPENSARIES, OUT-DISPENSARIES, VENEREAL CLINICS, THE MENTAL HOSPITAL AND MEDICAL WORK CARRIED OUT BY MISSIONARY SOCIETIES, ETC.

The number of patients treated at all hospitals and dispensaries in the Colony during the year was as follows:—

European	European	Asiatic and African	Asiatic and African Out-patients
In-patients	Out-patients	In-patients	
2,683	9,427	152,148	936,152

In addition, 1,174,609 attendances were recorded at out-dispensaries in the native reserves:—

In- and Out-patients Treated at Government Hospitals, Dispensaries and Out-dispensaries in 1949

Hospitals in Town	SHIPS	;			In-patients	Out-patients
European Hospital, Nairobi				• •	1,225	2,177
Native Civil Hospital, Nairobi					18,151	
Mathari Mental Hospital, Nairobi					746	<u> </u>
Infectious Diseases Hospital, Nairobi					2,847	
Prison Hospital, Nairobi					1,928	
General Dispensary, Nairobi						1 0 9,957
Loco Dispensary, Nairobi						35,090
European Hospital, Mombasa					70 9	1,122
Native Civil Hospital, Mombasa					7,255	44,998
Infectious Diseases Hospital, Mombasa	l				5,802	2,421
European Hospital, Kisumu					336	768
Native Civil Hospital, Kisumu					4,901	26,556
Native Civil Hospital, Nakuru				• •	11,699	14,422
Native Civil Hospital, Eldoret					5,154	14,710
Native Civil Hospital, Kitale	• •	• •	• •	• •	6,125	16,209
		,	Total		64,744	270,556

HOSPITALS IN TURKANA AND NORTHERN FRONTIER PROVINCE AND LAMU

					In-patients	Out-patients	Out- dispensaries
Isiolo Lodwar Lokitaung Wajir Moyale Lamu Garissa	•••	 	 Total	• • • • • • • • • • • • • • • • • • • •	418 	3,300 10,349 8,009 10,017 7,648 39,323	

HOSPITALS IN THE NATIVE RESERVES

		Dist	RICT	5			In-patients	Out-patients	Out- dispensarie
Wesu							1,532	8,475	38,289
Voi							1,828	17,388	_
Kabarnet							845	15,645	26,759
Kitui							2,047	9,084	78,766
Kapenguria	a						345	7,650	_
Narok							1,293	5,738	14,728
Malindi							522	12,978	
Kakamega								_	126,936
Kilifi			• •				1,645	8,931	53,540
Kericho							4,810	12,609	34,074
Machakos							4,226	42,283	133,788
Muriranjas							2,064	17,677	
Kisii								_	249,028
Nyeri	• •						5,628	40,486	_
Fort Hall							6,623	29,135	136,861
Meru							5,594	55,928	223,128
Kiambu							6,902	25,208	
Embu (Dis	trict)						3,551	22,678	
Kajiado							1,308	3,578	6,474
Msambwer	ni (Dig	(0)					3,747	6,756	
Kapsabet		• •					3,275	15,231	51,707
Kerugoya	(Embi	ı Distr	ict)				4,851	16,644	100,807
Tambach							1,029	7,399	
Rumuruti							983	14,530	<u> </u>
Naivasha							393	8,831	_
Shauri Mo			y					13,123	_
Wei Wei D		ary						_	_
Thomson's	Falls						542	22,085	_
Maralal				16 -			738	4,047	
Thika							3,095	12,796	_
Maseno		• •					_		_
Sandiford a	and Fo	ort Hal	l Ro	ad Dis	pensaries	3	-		_
Makindu							893	9,731	678
Taveta							1,429	7,819	_
Londiani							1,825	9,307	_
Molo							2,450	15,814	_
Baragoi	• •	• •		• •		• •		_	146
					Total		76,013	499,584	1,174,609

ANÆSTHETICS

The report of the Specialist Anæsthetist includes the following data:—

			General	Local	Spinal	Total
Europeans Asians Africans		• •	1,081 206 7,813	45 75 1,242	22 10 505	1,148 291 9,560
	Total	• •	9,100	1,362	537	10,999

SURGERY

In spite of difficulties of accommodation, of staff and in the administration of the European hospitals, surgical practice in Kenya has progressed and kept pace with the recent world-wide advances. Every advantage has been taken to apply the improvements in technique that experience has shown to be suitable for local conditions in Kenya. The appended table indicates the work performed in respect of the total number of operations carried out on all races during the year:—

				1947	1948	1949
Europeans		 •••		1,275	1,421	241
Asians		 • • •	• • •	1,315	1,002	843
Africans	• • •	 • • • •		18,822	17,129	15,631
		TOTAL	* * *	21,412	19,552	16,715

											
			List	of C)PER/	ATIONS					
	of Opera									Nun	nher performed
1.	Stomacl	and Duodenum:—									
	(a)		ons								4
		Gastro-enterostomy	• •	• •	• •		٠.				7
	(c)	Gastrectomy Others	• •	• •	• •		• •	• •	• •	• •	10
		Others	• •	• •	• •	•	١.٠	• •	• •	• •	5
2.	Intestin	es:—									
	(a)	Closure of wounds a	and perfo	orations							48
	(b)	Resection and/or an	astomos	is				• •			30
	(c)	Reduction of volvul			• •						24
	(d)	Reduction of intussi Division of adhesion			• •	• •	• •		• •	• •	6
	(e) (f)	For any other cause				• •	• •		• •	• •	21
	(g)	Formation or closur	e of arti	ficial anu	us				• •	• •	14 8
	(h)	Appendicectomy and	d/or app	endicula	r drai	nage			• •	• •	287
	(<i>i</i>)	Drainage of other p	eritoneal	abscess	es	• •					24
	(j)	Omentopexy		• •	• •	• •					1
	(k) (l)	Exploratory laparote Paracentesis	omy	• •	• •	• •	• •	• •	• •	• •	104
	(1)	Others					• •	• •	• •	• •	95 10
					• •	• •	• •	• •	• •	• •	10
3.	Rectum	and Anus:—									
	(a)	Excision of rectum									16
	(b)	Treatment of prolap									13
	(c) (d)	For fissure and fisture For ischio-rectal abs		• •	• •	• •	• •	• •	• •	• •	23
	(a) (e)	Ligature of hæmorrh			• •	• •	• •	• •	• •	• •	16 57
	(f)	Injection of haemor.			• •	• •		• •	• •	• •	1
	(g)	Sigmoidoscopy							• •	• •	40
		Others	• •		• •				• •		2
A	Hernia:	_									
~•	(a)	Yana Sanat									265
		Femoral			• •	• •	• •	• •	• •	• •	267 2
	(c)	Umbilical				• •	• •	• •		• •	7
	(d)	Incisional						• •	• •	• •	i
		Others	• •	• •	• •	• •	• •	• •		• •	2
5.	Liver S	pleen and Pancreas:-	_								
J.	(a)	T.T 11									1.4
	(b)	Cholecystectomy		• •		• •	• •	• •	• •	• •	14 14
	(c)	Other operations up					s		• •	• •	6
	(d)	Splenectomy					• •				4
	(e)	For pancreatitis	• •	• • •	• •	• •					_
		Others	• •	• •	• •	• •	• •	• •	• •	• •	3
6.	Urinary	System:—		•							
	(a)	Nephrotomy									3
	(b)	Nephrectomy							• •	• •	10
	(c)	Perinephric explorat			• •						4
	(d)	Upon ureters (exclude Cystotomy and supr	ling oper	rations for	or ves	ico-vag	inal fis	tula)	• •		18
	(e) (f)	Cystotomy and supr Prostatectomy	apubic d			• •	• •	• •		• •	57
	(g)		• •		• •		• •	• •	• •	• •	33 19
	(h)	For urethral fistula a	and absc	ess		• •			• •		2
	(i)	Cystoscopy and uret				• • •					109
	<i>(j)</i>	Urethral catheteriza		passage	of so	unds	• •	• •			248
		Others	:•	• •	• •	• •	• •		• •		2

lature o	f Operati	ion								Nu	mber perfo <mark>rm</mark> ed
7.	Male Or	gans of Generation:-	_								
	(a)	T									175
	(b)	Others for paraphim	nosis	• •	• •	• •	• •	• •	• •	• •	37
	(c)	Amputation of penis			• •	• •	• •	• •	• •	• •	4
	(d)	Hydrocelotomy		• •	• •	• •		• •	• •		94
	(e)		• •					• •			4
	(<i>f</i>)	Upon testis and epic			• •	• •					16
		Others	• •								11
8.	Female	Organs of Generation	ı:—								
	(a)	Ovariotomy									58
	(b)	Salpingotomy							• •		67
	(c)	Salpingostomy, for s	sterility								14
	(d)	Myomectomy	• •	• •	• •	• •			• •	• •	20
	(e)	Hysterectomy		• •	• •	• •	• •	• •	• •	• •	1 0 1 49
	(f) (g)	Hysteropexy Cæsarian section		• •	• •	• •	• •	• •	• •	• •	100
	(h)	Uterine suture	• •	• •	• •	• •	• •	• •	• •	• •	20
	(i)	For extra-uterine ge					• •	• •	• •	• •	15
	(i)	Drainage of pelvic a			• •	• •	• •	• •	• •	• •	21
	(k)	Instrumental deliver				etus					213
	(/)	For vesico- or recto-									
		(i) Plastic repa		• •							30
		(ii) Uretero-col									41
		Colporrhaphy and p			191		1		• •	• •	31
	(n)	Removal of uterine				ion an	d cure	itage	• •	• •	837
	(0)	Induction of labour			• •	• •			• •	• •	9
	(p) (q)	Insufflation of fallor			• •	• •	• •		• •		22
	(r)	Uterine drainage Examination and/or	· maninula	tion o	 f uteru	or fo	etus	• •	• •	: .	109
	(s)	~ ~				3 01 10	ctus		• •		29
•	(t)	Others upon vagina				• •					27
		Others	• •		• •					• •	15
9.	Eye:—										
		For entropion									99
	* 7	For cataract			• •					• • `	112
	(c)	For glaucoma				• •			• •		24
	(d)	Iridectomy		• •	• •	• •		• •	• •	• •	42
	(e)	Enucleation and evis	sceration	• •	• •	• •		• •	• •	• •	66 309
		Otners	• •	• •	• •	• •		• •	• •	• •	309
10.	Ear. No	se and Throat:—									
100	(a)										1
	(b)	Mastoidotomy		• •		• •	• •	• •	• •		26
	(c)	Removal of foreign			• •	• •	• •	• •	• •	• •	36
	(d)	Reduction of nasal				• •					12
	(e)	Resection of septum	ı								47
	(<i>f</i>)	Turbinectomy and/o	or drainag	e of si	nuses						31
	(g)	Removal of tumour									12
	(h)	Tonsillotomy, by gu									83
	(i)	Tonsillectomy, by d				_			ids)	• •	123
	(j)		• •						• •	• •	6 26
	(k)	Uvulotomy Laryngoscopy, bron	choscopy			···		• •	• •	• •	29
	(1)	0.41	···		oopnag 	_	· y · · ·	• •	• •		15
		Others	• •	• •	• •	• •	• •	• •	• • •	• •	15
11.	Mouth a	and Neck:—									
	(a)	Extraction of teeth									1,805
		Upon jaws (includin		nt of f	racture	es)	• •				40
	(c)	Upon tongue and lip	os (includi	ng rem	noval o	f tumo	ours, b		iding pl	astic	
	. ,	operations)							• •		18
	(<i>d</i>)	Excision or treatmer	nt of gland	ls in ne	eck						86
	(e)	Tracheotomy						• •		• •	13
	(f)	Thyroidectomy (incl					sels)	• •	• •	• •	35
	(g)	For thyro-glossal cy	sts	• •	• •	• •	• •	• •		• •	3 3
		Others	• •	• •	• •	• •	• •	• •	• •	• •	3
12	Chest:-	_									
14.			laural d	ino co							22
	1	Thoracotomy and place Lobectomy				• •	• •	• •	• •	• •	32 2
	(b) (c)	Upon cardia	• •	• •	• •	• •	• •	• •	• •	• •	
	(d)	Phrenic avulsion	• •					• •	• •	• •	4
	(e)	Artificial pneumotho			• •					• •	20
	(f)	Paracentesis		• •							28
		Others									1
13.	Mamma	ry Glands:									
		Mastectomy									9
	(b)	Excision of tumour				• •	• •				12
	(c)	Incision of abscess	• •							• •	65
	,										

Nature o	of Operat	ion	Number p	erfor me d
14.	Craniur	n:—		
		Decompression and treatment of fracture and hæmorrhage	46	
	` /	For intracranial tumour	1	
	(c)	Drainage of intracranial abscess	9	
			**	
15.	-	Column:—		
		Laminectomy	17	
		Bone graft	23	
	(6)	conditions, including application of plaster jacket)	58	
	` .′	Lumbar and cisternal puncture	231	
	(e)		25	
		Others	23	
16.	Bones:-	_		
	(a)	For fractures:		
		(i) Open operations (including bone graft, application of plates a		
		other mechanical aids) (ii) Manual and instrumental reduction and/or application of spli	301	
		and plaster		
	(b)	For osteomyelitis, osteitis and periostitis:		
		(i) Acute (ii) Chronic (including sequestrectomy and/or application of plast	55 er) 205	
	(c)		$\frac{203}{1}$	
	(-)	Others		
17	Joints:-			
17.				
	<i>(a)</i>	Arthrotomy: (i) For sepsis	20	
		(ii) For removal of loose or foreign bodies	28	
		Excision of joint	30	
•		Reduction of dislocation	95 58	
	(e)	External fixation (including application of plaster)	69	
	(<i>f</i>)	Aspiration	75	
		Others	53	
18.	Amputa	tions:—		
	(a)		215	
		Of hand and forearm	21	
	(/	Of arm	22	
	(e)	Of foot and leg	63	
	(f)	Of thigh	38	
		Others		
19.	Arteries	, Veins and Nerves:—		
	(a)	For aneurysm	3	
		Ligature of vessels	11	
	(c) (d)	For angioma	14	
		Nerve suture and neurolysis	15	•
	<i>(f)</i>	Others upon nerves (including stretching and injection)	8	
		Others	21	
20.	Orthopa	edic and Plastic Operations:—		
		Osteotomy (for deformities)	18	
	(b)	Other treatment of deformities and contractures (including manipulati	on 85	
	(6)	and application of splints and plaster) For hare lip and cleft palate	8	
		Upon ears, nose and lips	4	
	(e)	For elephantiasis	10	
	(<i>f</i>)	Skin graft	308	
21.		ons Unclassified Regionally:—		
		For ulcers (excluding skin graft)	1,699	
	(<i>b</i>)	For other septic conditions (including incision of abscesses and whitlow Suture and treatment of wounds (including tendon suture)	vs) 1,843 1,352	
	(d)	Excision of superficial tumours (including cysts)	384	
	(e)	Extraction of foreign bodies	360	
	(f) (g)	Removal of glands	49	
	(h)	Treatment of burns	91	
	<i>(i)</i>	Removal of parasites		
		Others	64	
22.	Surgical	Procedures Otherwise Unclassified	48	
EUROPEA	NS	241 ASIANS 843 AFRICANS 15,635 TOTA	L 16,719	

EYE CLINIC, GENERAL DISPENSARY, NAIROBI

The following are details of work done and cases seen at the Eye Clinic held at the General Dispensary, Nairobi, during 1949:—

								Europeans	Asians	African
ffections of the Lids	:									
Blepharitis								4	10	28
Hordeolum								6	27	146
Chalazion	• •				• •			3	21	206
Entropion	• •		• •		• •	• •	• •	1	2	30
Ectropion Trichiasis	• •	• •	• •	• •	• •	• •	• •	_	_	5
Trichiasis Districhiasis	• •	• •	• •	• •	• •	• •	• •	_	4	15
Injuries				• •	• •	• •		1	4	22
Others	••	• •	• •	• •	• •	• •	• •	2	23	131
fections of Lacryma	al Syst	em:—	-							
Dacrocystitis	• •				• •	• •	• •	_	1	14
	• •	• •	• •		• •	• •	• •		1	2
Others	• •	• •	• •	• •	• •	• •	• •	1		_
fections of the Con	junctiv	'a:								
Conjunctivitis	;				٠.			76	443	5,134
Sub-conj. Hæmo			• •	• •	• •	• •	• •	3 3	7 5	63
Pterygium	• •	• •	• •	• •	• •	• •	• •	3	3	23
Pinguecula Tumours			• •		• •		• •	1		32
Foreign Body		• •		• •		• •	• •	10	18	113
Xerosis	• •	• •		• •	• •		• •	-		24
Trachoma			• •					-	54	620
Spring Catarrh									_	14
Injuries	• •	• •	• •	• •	• •	• •	• •	1	2	8
fections of the Cor	nea:—									
Ulcer	• •					• •		5	22	236
Foreign Body								13	107	373
Opacitis	• •	• •					• •	— ₁	4	65
Keratitis	• •	• •	• •	: •	• •	• •	• •	1	_	44 51
Phlyctens	• •	• •	• •	• •	• •	• •	• •			31
Staphyloma Injuries	• •	• •	• •	• •	• •	• •				28
Others		• •	• •	• •	• •	• •	• •			3
ffections of the Orb	it:—									
Cellulitis								_	1 .	17
Tumour										_
Injury							• •	_		
Neuralgia		• •		• •	• •	• •	• •	-	1	81
Others	• •	• •	• •	• •	, .	• •	• •		3	23
fections of the Uve	eal Tra	act:—								
Acute Iritis	• •	• •	• •	• •	• •		• •	1	2	66
Chronic Iritis	• •	• •	• •	• •		• •	• •	1		40
Irido-cyclitis	• •	• •	• •	• •	• •	• •	• •		_	
Choroiditis Others	• •	• •	• •	• •	• •	• •	• •			
Others	••	• •	• •	••	• •	• •	• •			
ffections of the Reti	ina:—									
Retinitis	• •	• •		• •	• •		• •	_	_	_
Detachment Others	• •	• •	• •	• •	• •		• •	_	_	
Otners	• •	• •	• •	• •	• •	0 0	• •			
fections of the Len									12	70
Senile Cataract		• •		• •		• •	• •	1	12	79
Traumatic Catar		• •	• •	• •	• •	• •			_	
Secondary Catar Juvenile Catarac		• •	• •	• •		• •			_	2 2
Dislocation		• •	• •		• •		• •	_	_	_
ffections of the Vita										
tractions of the Viti	reous:-								_	_
Opaciies	• •	• •	• •	• •			•			V
	• •	• •	• •	• •	• •					_

								Europeans	Asians	African
ffections of the Opt	ic Nerv	/e:								
Papillædema										
Papillitis										<u> </u>
Optic Atrophy						• •			2.	13
Others		• •	• •		• •	• •	• •		1	1
ther Conditions:—										
Panophthalmitis										10
Sympathetic Oph	ithalm	itis						_		
Glaucoma							• •	_	2	6
Night Blindness				• •						181
Xerophthalmia	• •	• •	• •			• •	• •	_		20
Scleritis	• •	• •		• •	• •	• •	• •		2 2	29 31
Contusion Tumours	• •	• •	• •	• •	• •	• •	• •		4	2
0.1	• •	• •	• •	• •	• •	• •	• •			10
Otners	• •	• •	• •		• •	• •	• •			
rors of Refraction:										
Hypermetropia	• •							21	20	29
H. Astigmatism						• •		44	32	57
Myopia	• •			• •	• •		• •	26	68	41
M. Astigmatism	• •	• •	• •	• •		• •	• •	50	90	86 95
Presbyopia Others	• •	• •	• •	• •	• •	• •	• •	73	54 13	72
Otners	• •	• •		• •	• •	• •	• •	/	13	12
sion Tests								40	1,140	1,768
amination and Rep	orts							77	112	203
tal Number of New	Cocc	,						473	2 316	10,425
tal Number of Rea			• •	• •	• •		• •)	34	2,316 3,754	20,511
tal Mullioti of Rea	ittenua	nces	• •	• •	• :	• •		34	3,734	20,511
RAND TOTAL OF ALI		- T	D		X/-	104	10	37,513		

	Euro	peans	Asi	ans	Africans	
	Male	Female	Male	Female	Male	Female
New Cases	330	143	2,128	188	8,529	1,896

MEDICAL WORK CARRIED OUT BY MISSIONARY SOCIETIES

The number of hospital beds maintained by the missionary societies receiving medical grants from Government, the number of patients treated in these institutes and the amount of the grants given are shown in the following table:—

Mission	Place	No. of Beds	In- Patients	Out- Patients	Out- Dispensary Patients	Confine- ments	Amount of Grants £
C.S.M	Kikuyu	90 105 — 86 89 — 70 26 40 34 67	2,623 3,690 1,684 1,261 1,960 350 388 1,512	21,475 15,151 ———————————————————————————————	41,549 50,749 7,713 — — 1,774 65,630	485 368 ———————————————————————————————————	1,638 1,832

C.S.M.—Church of Scotland Mission.

C.M.S.—Church Missionary Society.

S.D.A.—Seventh Day Adventists.

M.M.S.—Methodist Missionary Society.

I.A.M.—Inland Africa Mission.

C.M.—Catholic Mission,

VENEREAL DISEASES CLINICS

Treatment of venereal diseases is afforded for men and women at Government and Municipal clinics in Nairobi and Mombasa, while special clinics for women are maintained by Government at Nanyuki and Gilgil. Treatment is also carried out both for inpatients and out-patients at all Government hospitals throughout the Colony. Figures of cases treated for the last four years are as follows:—

		1946	1947	1948	1949
Syphilis Gonorrhœa	 • •	 16,763 15,178	17,174 19,466	18,177 20,183	15,021 19,694

Gonorrhæa.

For gonorrhœa penicillin in oil in the majority of cases has been the mainstay of treatment. The advantage of the treatment is that only one single dose of penicillin need be given with results comparable with those given by several injections of aqueous penicillin.

Syphilis.

Except in special cases, inadequate supplies of penicillin prevented its full use in this disease, the routine treatment of which by arsphenoxide and bismuth was continued. Where possible intensive in-patient courses of treatment were given with satisfactory results.

Other Diseases.

There is little of interest to report on other venereal diseases, of which the incidence is very low.

VI—TRAINING OF AFRICANS

The training of African staff is considered to be one of the highest priorities in the activities of the Medical Department. It is only by the thorough training of more Africans in subordinate posts that a much needed expansion of medical services can take place and the African can take a greater share in the operation of medical services in his own country. Training for the following classes of African was continued during the year:—

(a) Hospital Assistants.

In the absence of the full cadre of African assistant medical officers, African hospital assistants constituted the most important element in the subordinate staff. In many cases it has been necessary to post senior hospital assistants in charge of small hospitals and large dispensaries and they will in future be placed in charge of the locational health centres which it is proposed to develop. Towards the end of the year the system of training of Africans, and particularly hospital assistants, was reorganized and certain causes of discontent amongst trainees were removed. Reorganization included the introduction of the block system, thus enabling an increased number of students to be trained. At the same time more of the responsibility for training was placed on the sister tutors with the object of turning out a male nurse trained on strictly nursing lines. The enlargement of the scope of training to fit them for independent charge was relegated to subsequent upgrading and refresher courses.

(b) African Health Inspectors.

The number of students in training at the beginning of the year was 19. Eight students of the 1947 intake sat for the examination held by the joint East African Examination Board and the Royal Sanitary Institute. At this examination all the candidates were awarded pass marks.

At the end of the year it was decided to move the training school for African health inspectors from the Medical School to Jeanes School. This was done partly to make more room for additional students at the Medical Training School and also to allow of a greater possibility for practical work in the adjacent native reserves.

(c) Training of Nurses.

No systematic training of African girls as nurses had been introduced by the end of the year, but plans were well advanced for the systematic training of nurses in Nairobi during the following year.

(d) Dressers and Nurses in District Hospitals.

A start was made in organizing demonstrations and lectures for African dressers and nurses who were already in the Department and who had hitherto been given no systematic training.

(e) Midwives.

A two years' course of training in midwifery was continued at the Maternity Centre in Pumwani, Nairobi, and at Mombasa. These schools and maternity hospitals are under the ægis of the local authority. In addition, some training was carried out at certain mission stations.

(f) Other Technical Staff.

Systematic training of laboratory assistants, entomological assistants and masseurs was continued during the year.

The total number in training was as follows:—

				 27
• • •				 55
		• • •		 18
	• • •	• • •		 7
• • •				 . 10
			TOTAL	 117
	•••			

The total number of qualified staff in the Colony at the end of December, 1949, was:—

e to	tal number of quantied stan in the C	olony	at the e	ind of .	Decem	iber,
(1)	Hospital Assistants, Special Grade					12
	Hospital Assistants, Grade I					42
	Hospital Assistants, Grade II	•••	•••	•••		106
						160
(2)	Compounders, Special Grade					2
(-)	Compounders, Grade I		•••			10
	Compounders, Grade II		• • •		• • •	13
	Compounders, Grade 11	• • •	• • •	• • •	• • •	13
						25
						23
(2)	Laboratory Assistanta Cossial Com	, d.a				
(3)	Laboratory Assistants, Special Gra		•••	• • •	• • •	5
	Laboratory Assistants, Grade I	• • •	• • •	• • •	• • •	12
	Laboratory Assistants, Grade II	• • •	• • •	• • •		39
	Laboratory Assistants, Grade III					4
						60
						_
(4)	Masseurs, Grade I					4
	Masseurs, Grade II					2
						_
						6
						-
(5)	Instructors, Special Grade					2
	Instructors, Grade I			• • •		_
						2

VII-SCHOOL HEALTH SERVICE

A School Health Service was started in 1949 with the appointment of a School Medical Officer, and later a School Health Sister.

MEDICAL EXAMINATIONS

Medical examination of children entering primary school for the first time (i.e. the six year olds) was completed using the school medical inspection card, and the numbers examined are given below:—

			Sta	andard Sub	Standard I	
European			 	165		
Asian		• • •	 • • •		• • •	422
African		• • •	 		• • •	203

The total number of examinations—790.

Examinations of school children were for the most part carried out under unsatisfactory conditions. Parents of European children were invited to be present and a surprising number attended, many having to leave their employment.

The examination of children of all races this year was done with a view to acquiring knowledge of the relative importance of defects with an effort to find a "normal" for future examinations.

The important defects found for observation and treatment are outlined below:—

(a) European Children—Standard Sub A (from School Card).

Number examined: 165.

O—Observation; T—Treatment.

efects in order of frequency (for obs	ervatio	n and	treatme	ent):—				
Cervical glands (observati	on)								92-55.76%
Posture (85 O, 2 T)									87—52.73 %
Other glands (observation	1)								81—49.09%
Teeth (37 O, 42 T)									79—47.88%
Throat (66 O, 3 T)									69-41.82%
Flat foot (observation)									41—24.85%
Squint (37 O, 3 T)									40—24.24%
Nose (28 O, 3 T)									31—18.79%
Orthopædic conditions oth	er than	postui	re and	flat fo	ot (obs	ervatio	n)		17—10.30 %
Vision (7 O, 4 T)	• •	• •		• •					11— 6.67%
Speech (5 O, 1 T)					• •				6— 3.64%
Otitis Media (observation)				• •		• •	• •	5— 3.03%
		٠٠.					• •		4— 2.42%
Abdominal conditions other	er than	_	, liver	and he	ernia (1	O, 1	Γ)		2— 1.21%
1 1									
Heart and circulation (ob-	servatio	n)							2— 1.21%
Hearing (observation)	servatio 	on) 		• •	• •				1— 0.61%
· ·									* *

(b) Defects of Asian Children.

Number of Standard I pupils examined, 422.

The nine most frequent defects for observation and treatment (combined):—

Cervical	glands							 	 391—92.65%
Posture									389-92.18%
Skin (cra	acked skin,	ulcers,	etc.)	(mostly	·for c	bservat	ion)	 	 364-86.26%
Axillary	glands							 	 329—77.44%
									297—70.38%
Throat								 	 287—68.01%
Teeth									267—63.27%
Inguinal	glands							 	 212-50.24%
									150-35.59%

(c) Defects of African Children.

Number of Standard I children examined, 203.

The nine most frequent defects for observation and treatment (combined):—

Skin (crack	ked skin,	ulcers,	etc.)	(mostly	for	observat	ion)	 	 198—97.54%
Cervical gl	ands							 	 166—81.77%
Cleanliness									 163-80.30%
Nose								 	 145—71.43%
Throat								 	 145-71.43%
Posture								 	 123-60.59 %
Axillary gl	ands							 	 98-48.28%
Teeth								 	 56-27.59%
Inguinal gl	ands							 	 36—17.73 %

As will be seen enlarged cervical glands and throat and nose defects were very common. Posture, as evaluated during the examinations, was on the whole unsatisfactory. Skin and cleanliness, defects were very common in African and Asian schools. The testing of vision and hearing in these young children was difficult for several reasons, for example (a) the lack of a suitable room with proper lighting in many schools, especially on dull days, (b) the inability of many children to count, and (c) language difficulties. \times

Better methods will have to be devised before exact figures can be given. Clinical signs of nutritional deficiencies were recorded for Asian and African children. These will be considered later when a sufficient number of children have been examined.

IMMUNIZATION OF SCHOOL CHILDREN OF ALL RACES

	Smallpox Vaccinations	T.A	Diphtheria Toxoid		
	Vaccinations	1st dose	2nd dose	1st dose	2nd dose
Europeans Nairobi Central School Asians Africans	744 1,298 570	337 11 2,186 565	84 11 2,121 511	101 191 65	15 i42 59
Total	2,612	3,099	2,727	357	216

Total number of inoculations (including smallpox vaccinations), 9,011.

Children over ten years of age were not given diphtheria prophylactic P.T.A.P. without a Schick test.

SCHICK TESTING

In order to get some idea of the necessity of immunizing school children of all races against diphtheria a survey is being carried out, and the following number of Schick tests have been completed during 1949. The results are being submitted in a separate report.

European	 		 10	(313	performed	in	1948)
Asian	 		 817				
African	 		 686				
		TOTAL	 1,513				

SCHOOL PREMISES, ETC.

The following important subjects have been given special attention:—

- 1. Drinking water.
- 2. Milk supply to schools.
- 3. Bread supply to schools.
- 4. School kitchens.
- 5. Lighting.
- 6. Fire protection.

- 7. Dust.
- 8. Mosquito nets.
- 9. Sanitary facilities in schools.
- 10. Medical examination rooms.
- 11. Health inspector for schools.
- 12. Supervision of African staff.

A survey of lighting has been started at the Prince of Wales School. The Firemaster, Nairobi, has visited all Nairobi schools and recommendations have been made.

TREATMENT AND FOLLOW-UP WORK

European Children.

Parents are notified of defects.

Asian Children.

An effective method of notifying parents is under consideration.

African Children.

The arrangements made with the Medical Officer in Charge, Government Dispensary, for reports on treatment of school children with recommendations to be sent to the Principal of the Government African School, Pumwani, have been very successful.

VIII—PRISONS

The following statistics refer to Nairobi Prison and give comparative morbidity figures over the past three years:—

				1947	1948	1949
In-patients In-patients daily average Out-patients new cases Out-patients daily average			 • •	2,045 61·8 3,131 8·6	2,105 80 2,753 7·5	2,204 6,824 18·7
Deaths Daily average in prison .	• •	• •	 	16 1,122·9	18 1,144·8	34 1,166·7

Additional accommodation is provided at four prison camps in the vicinity of Nairobi housing some 1,000 prisoners and provided with out-patient facilities, in-patients being admitted to the main hospital at Nairobi Prison where a resident Asian doctor is posted.

Diseases.

Notifiable and infectious diseases were recorded as follows: --

Tuberculosis—(Pulmonary)		 	18
Dysentery—Amoebic .			2
"—Bacillary .		 	 48
Anthrax (Intestinal)		 	 1
Enteric Fever			 3
Cerebro-spinal Fever		 	2

The incidence of pulmonary tuberculosis over the past three years was:—

1947	• • •	 	 33
1948	• • •	 	 13
1949			Q

Mortality.

Thirty-four deaths were recorded from the following cases:—

Anthrax (Intestinal)						1
Pulmonary Tuberculosis						9
Insanity and Debility						4
Lobar Pneumonia						4
Nephritis						3
Oedema of Larynx					• •	1
Dysentery—Amoebic						2
,, —Bacillary						4
Cerebro-spinal Fever			• •			2
Broncho-pneumonia		• •				3
Diabetes	• •	• •		• •	• •	1
	• •			• •		4

The number of deaths during 1949 shows a considerable increase over the last two previous years, chiefly on account of pulmonary tuberculosis, bacillary dysentery and broncho-pneumonia. Four deaths from insanity and debility were notified in cases for whom accommodation was not available at the mental hospital.

Health.

On the whole, despite the continued gross overcrowding, the general health of all races was comparatively good. A marked diminution in the prevalence of house flies resulted from spraying of the whole prison with D.D.T. The source of this nuisance was traced to a Nairobi Municipal refuse dump where, following representations, it was abated and dumping discontinued.

Water Supply.

The provision of an additional pipeline from the Nairobi municipal supply made the position satisfactory.

Diet.

The new balance diet scales introduced towards the end of 1948 proved satisfactory. However, in the early part of the year some cases of pellagra were discovered and an examination of the entire prison population revealed 50 with marked typical skin changes. Investigations revealed failure to provide the full amount of "beans" as laid down on account of high cost and provision of potatoes in lieu. Corrective measures speedily effected the desired result so that only two cases were found at the end of the year.

IX—THE MATHARI MENTAL HOSPITAL

Number of Patients Treated.

Seven hundred and forty-seven persons were treated as in-patients during the year, i.e. three less than last year. Of these 62 were Europeans, 59 Asians and 626 Africans.

There were 295 admissions, 239 discharges and 42 deaths, against 371, 233 and 66 in 1948.

The average daily number was 454 as compared with 410 last year. The monthly average of patients resident was fairly constant, a slight increase towards the end of the year was obtained by further overcrowding the African and Asian sections in an attempt to alleviate the conditions that exist for mental patients at the prisons. The monthly averages were:—

January	 	 	451	July	• • •		į w .		443
February				August					460
March	 	 	453	September	r				463
April	 	 	447	October	• • •				461
^		 • • •	443	November	r		• • •	• • •	463
•			444	December	•	11:			463

Accommodation.

On the last day of the year there were 465 patients in residence, although the already fully stretched authorized number allowed for only 414. At the end of 1948, when 451 persons were under care, most sections of the hospital were overcrowded. Despite no further new accommodation having been provided, except six new European beds, 14 extra patients have been squeezed in.

(a) European.

The female section, which accommodates 13 patients in comfort but is capable of crowding 15, fulfilled all that was required from it during the year. For short periods there were in fact 15 patients and this made for some discomfort, and but for the fact that suitable outside care was obtained for a few chronic cases the position would have been very difficult.

For males a sleeping ward of six beds was completed and occupied at the beginning of June. As a sequel the cottage ward was rearranged to provide dining-room, writing-room, lounge and two spare bedrooms for convalescent cases. Comfortable and homely furnishings were provided on a scale far more generous than ever before, and European males are now adequately and comfortably accommodated with some segregation of cases. A total of eight beds amply met the year's requirements.

(b) Asian.

A number of Asian patients were refused admission because of gross overcrowding in this section, where throughout the year 37 patients were housed in a space originally designed to accommodate 26. In consequence, at times Asian patients had to be admitted to other hospitals, nursing homes and outside care. There was an instance of an Asian male mental patient having to be looked after at the Nairobi Prison because of the absence of available room at Mathari.

(c) African.

Every effort was made to keep African patients out of hospital. Medical officers were circularized that hospitalization of the acute and dangerous would only be considered, and even so a large proportion of admissions had to wait in the totally unsuitable prison environment until vacancies at Mathari could be found. Every available square foot of floor space is now taken up for sleeping room—a state of affairs which is fraught with risks from infectious disease and from the impossibility of proper segregation of disturbed and dangerous cases.

Physical Health.

The health of the patients on the whole was excellent and the death rate—5.6 per cent of the patients treated—was the lowest since 1939.

Causes of death were certified as follows:—

• • •	• • •	• • •	• • •	• • •	• • •	10
ysis			• • •			4
• • • • •	• • •	•••	• • •	•••	• • •	3
nsanity	• • •	• • •				2
nsanity	• • •					7
••			• • •			4
	• • •	• • •	• • •	• • •		4
• • • • • • • • • • • • • • • • • • • •	• • •	•••				1
generation	• • •					1
ssusception	• • •	• • •		• • •		1
sis		•••	• • •			1
• • •	• • •	•••	• • •			1
• • • • •			• • •			1
mbosis						1
Meningitis	• • •		• • •			1
				_		
	nsanity nsanity nsanity generation assusception sis	nsanity nsanity nsanity generation sis mbosis	nsanity nsanity nsanity nsanity nsanity nsanity msanity nsanity	nsanity	nsanity	nsanity nsanity nsanity generation sis Meningitis

TOTAL ... 42

The following infectious diseases were notified during the year:—

Malaria	 	 	,	 24
Dysentery	 	 		 22
Tuberculosis	 	 		 16
Influenza	 	 		 11
Chickenpox	 	 		 6
Lobar Pneumonia	 	 		 5
Measles	 • • •	 		 2
Trypanosomiasis				1
11 j panosonnasis	 	 		 1

Twenty-eight cases of pellagra, of whom three died from debility, caused some concern. The large majority of these cases occurred between June and October and all were African males. The biochemist's report on the diet was favourable and the cause of the outbreak remains obscure. Measures to ensure and maintain an equitable distribution of food were strengthened but, with the tremendous increase of ward populations, supervision of individual cases is difficult and it is possible for cases to refuse essential food for long periods before being noticed.

There were 16 cases of tuberculosis, of whom ten died. This represents a marked improvement on the previous year, when there were 23 cases with 18 deaths, and suggests that the prophylatic measures instituted at the end of 1948 (and described in the annual report for that year) have met with some success.

Bacillary dysentery since the introduction of sulphaguanidine has never been so fatal a disease in this hospital as it often was in former years.

GENERAL CONDUCT OF PATIENTS

The following table shows the number of casualties sustained and also occurrences of of special importance:—

	Male	Female	Total	
(a) Injuries:				
(i) Self-inflicted	10		10	
(ii) By others	78	30	108	
(iii) Accidental	37	15	52	
(iv) By staff		1	1	
(v) To Staff	6	4	10	
(b) Restraint:				
(i) Times resorted to	114	4	118	
(ii) Patients subjected to	8	2	10	
(iii) Longest time (hours)	14	8	14	
(iv) Type used—Strong canvas				
jacket				
(c) Seclusion:				
(i) Times resorted to	26	6	32	
(ii) Patients subjected to	17	4	21	
(iii) Longest time (hours)	10	101	101	
(d) Absconded:		2	2	
Attempts	7	4	11	
(e) Suicidal:			1	
Attempts	1	1	2	

The injuries sustained by patients were chiefly of a minor character; there were, however, eight who sustained fractures.

Restraint and seclusion were resorted to considerably more frequently than in 1948. The need for this has arisen from overcrowding and the consequent breakdown of the normal arrangements for the segregation of disturbed and violent cases.

One African male succeeded in remaining out of hospital for 14 days after absconding; the remainder who tried to run away were apprehended in the vicinity of the hospital by hospital staff.

PATIENTS' OCCUPATION, RECREATION AND WELFARE

An average of 51 per cent of male patients were usefully employed throughout the year—an increase of 15 per cent on last year. This was achieved in spite of keeping extra staff on ward duty through overcrowding. Thirty-six per cent of female patients were employed. Work was of a maintenance kind, i.e., grounds, roads, kitchens, laundry and ward work. Knitting and sewing undertaken by patients in the wards are not included in this average, as such work, at this hospital, is too unorganized and spasmodic to allow for records to be kept. There was no organized occupational therapy, but a memorandum expressing ideas for its practical development was submitted at the end of the year,

During the year a wireless set was presented to the European male ward and gramophones to the Asian ward and an African ward. Apart from walking exercise, outside recreation consisted of tennis for Europeans and football for Africans.

Books, periodicals and newspapers in sufficient quantities continue to reach the hospital through members of the Visiting Committee, the British Red Cross and the East Africa Women's League. At Christmas many anonymous gifts from outside commercial and social sources were received. Cash gifts from Messrs. Gill and Johnson and the East Africa Women's League secured the engagement of a local brass band to play to the patients in the grounds during Christmas Day.

There were divine services for all denominations at frequent intervals throughout the year.

FINANCIAL

The total expenditure for the year was £5,800, an increase of £400 over 1948. This was due to an increased number of patients treated (15,702 patient-days). But for a slight reduction in the cost per patient-day the increase over 1948 would have been over £1,000. This reduction was achieved by a very strict check of stores issues and of kitchens.

The following are the upkeep and maintenance figures for the past five years:—

Year	Patient Bed-Days	Total Expended		r Patient -Day	Misc. Expended Fuel, etc.
			African	Eur./Asian	
1945 1946 1947 1948 1949	120,426 129,180 133,488 149,977 165,679	£ 3,173 3,500 4,293 5,396 5,800	Cents 33 34 47 51 53	Sh. cts. 1 56 1 79 1 58 1 73 1 66	£ 270 170 300 455 500

LEGISLATION

On 7th February, 1949, the Mental Treatment Ordinance of 1949 became law, thus replacing the Indian Lunatic Asylums Act of 1858. This marks a great advance, brings Kenya into line with legal practice in England, and enables patients to be admitted (either as voluntary or temporary patients) without the necessity for certification or for appearing before a magistrate—procedures which were previously a serious source of embarrassment and resentment to patients, their relations, and doctors alike.

Nevertheless, 16 voluntary cases and 33 temporary were admitted during the year, and several patients have liked the hospital so well that it has been very difficult to persuade them to leave!

THERAPEUTICS

Electro-convulsive treatment was used on 65 persons (in-patients and out-patients) during the year, mostly for conditions of depression in non-Africans and of acute excitement or schizophrenia in Africans. Most of the depressive and excited cases were benefited or cured, whereas most of the schizophrenics showed little change. No physical complications occurred as a result of this treatment in this series of cases which, in view of the large number of convulsions produced (perhaps about 300), was a notable achievement.

Insulin treatment: With the advent of Dr. Foley it has been possible to reinstitute this treatment and a course was started on a European in-patient at the end of the year.

Narco-analysis and Hypnotism: Several patients were narco-analysed with the use of sodium amytal, and one was successfully hypnotized without the use of drugs.

Penicillin treatment was used in the case of 18 neuro-syphilitics. Of these cases seven were improved or cured, eight showed little change and three died. The African cases usually come in too late for a complete cure to be hoped for.

Pre-frontal leucotomy was performed on seven patients—one depressive European who was thus cured and discharged and six aggressive and psychopathic Africans of whom five were improved (some dramatically) and one is not so far improved. There were no deaths in this series.

GENERAL STATISTICS

A.—Types of Mental Disorder from which Patients Suffered and for which they were Treated:—

	Manic Depression				• •			71
	Schizophrenia							270
	Paranoia							22
	Psychopathic							23
	Neuro-syphilis							30
	Senile Dementia					• •		32
	Other Organic Rea	ctions				• •		76
	Epilepsy						• •	31
	Terminal Dementia	a						14
	Neurosis					• •	• •	14
	Mental Defect							86
	N.A.D							2
	Unclassified	• •			• •		• •	75
								746
В.—Т	otal Number of Patients	Trea	ted:-					
	Male	• •				• •	• •	481
	Female	• •	• •	• •	• •	• •	• •	265

C.—Percentage of Deaths to Total Treated:—

Year				Number Treated	Number of Deaths	Percentage
1944 . 1945 . 1946 . 1947 .		•••	• •	522 560 579 619	48 35 43 57	8·43 6·25 7·42 9·20
1948 . 1949 .		• •	• •	750 746	66 42	8·80 5·60

Total ..

746

D.—Admissions, Discharges, and Deaths for Last Three Years:—

			Admissions				DEATHS		Discharges			
•			1947	1948	1949	1947	1948	1949	1947	1948	1949	
Males Females		• •	 177 88	241 130	179 116	30 27	54 12	31 11	127 56	156 77	141 98	
	To	OTAL	 265	371	295	57	66	42	183	233	239	

E.—Total Number of In-patient Days:—

	1947	1948	1949
European Male European Female Asian Male Asian Female African Male African Female Total	1,076	1,935	1,770
	3,829	4,156	4,765
	7,131	7,916	8,836
	5,819	4,417	4,332
	85,044	95,051	100,832
	32,589	36 502	45,144

F.—Average Daily In-patient Figures:—

1947	1948	1949
365	410	454

TABLE III.—RETURN OF DISEASES—(IN-PATIENTS)

for the year 1949

	(including Officials)	Total Deaths	120 120 180 160 7, 7, 9	25 38 5 7 11 2 3 7 1 2 7 9 8 8 5 9 7 9 1 1 2 7 9 9 8 7 9 9 8 7 9 9 9 9 9 9 9 9 9 9 9	
	NATIVE (incl	enoissimbA latoT	822 49 49 7 32 33 813 100 100 10,229	141 122 133 1,477 1,642 48 829 829 395 1,212 1,133 1,133	
		Cases remaining in Hospital from previous year 1948	31 11 17 26 79 109	32 13 14 15 15 16 17 17 17 17 17 17 17	
	NOI	Remaining in Hospital at end of year 1949			
	POPULAT FICIALS)	Total Cases Treated	10 10 	1,648 1,648 1,648 1,648 1,648 1,648 1,648	
	TIC GENERAL POPULATION (including OFFICIALS)	Total Deaths			
	Asiatic G (inclu	enoissimbA latoT	8 1 1 1 1 1 2 1 4 2 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	22 - 29 - 29 - 20 - 20 - 20 - 20 - 20 -	
	<	Cases remaining in Hospital from previous year 1948	121	30 1 1 1 1 1 2 3 1 1 1 1 1 1 1 1 1 1 1 1 1	
	VIION	Remaining in Hospital at end of year 1949	-11111 111		
(1)	L POPULATION	Total Cases Treated	7 - 1 - 1 - 1 - 1 - 2 + 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2	15 15 15 16 17 18 18 18 18 18 18 18	
mak alli	European General	Total Deaths			
106	JROPEAN	enoissimbA latoT	9 1 10 4 2 2 4 2 2 4 2 2 2	15 15 15 16 17 17 18 18 18 18 18 18	
	E	Cases remaining in Hospital from previous year 1948			
r		Memaining in Hospital at end of year 1949			
	PICIALS	Total Cases Treated	4 1 1 1 1 1 1 1 1	31 1 28 1 1 1 28 1 1 1 1 1 1 1 1 1	
	European Officials	Total Deaths			
	EURO	enoissimbA latoT	4	23. 1 28 1 1 1 2 2 2 2 2 2 2	
		Cases remaining in Hospital from previous year 1948			
		S	ENDEMIC AND US DISEASES IP— Id Fever Phoid A Phoid B Ot defined I (Benign) I (Benign)		
		DISEASES	PIDEMIC NFECTIO Tic Grou Typhol Paratyl Paratyl Type n US Lis Lis Lia Tertiar Quarta Aestiv	(e) Cachexia (f) Blackwater (g) Cerebral Alastrim Alastrim 8. Scarlet Fever 9. Whooping Cough 10. Diphtheria 12. Miliary Fever 13. Mumps 14. Cholera 15. Epidemic diarrhoea 16. Dysentery— (a) Amœbic (b) Bacillary (c) Undefined or causes	

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Plague— (a) Bubonic (b) Pneumonic (c) Septicæmic (d) Undefined Yellow Fever Spirochætosis icterohæmorrhagica Leprosy	al Fever	German Measles) (Chicken-pox)					Ž	f the Meninges or ous System	estines	of Other Organs—	(a) Skin or Subcutaneous Tissue (including Lupus)		- peq :		: : ਲ਼
hæmc	s rgica -spine	Epidemic Diseases— Rubeola (German Meas Varicella (Chicken-pox) Kala-azar	Dropsy .	omiasis .			Pulmona	e Me	ne Inte	the ines a	in or Subcutaneou (including Lupus)	Bones Lymphatic System Genito-urinary .	sminat		Hereditary
onic mic ned icterc	Letha rebro	a (Ge)	ic Dr	osom ox	:	ected)		of th	of th	of Bo	Subcu	atic S urina	Organ Disse	y ary	tary.
ague— (a) Bubonic (b) Pneumonic (c) Septicæmic (d) Undefined ellow Fever irrochætosis icte	Polion alitis I	her Epidemic (a) Rubeola (b) Varicella (c) Kala-azar	Dengue Epidemic Yaws	Trypanosomiasis Cow Pox	randu rs	x (suspe	s ulosi	berculosis o Central Nerv	perculosis Peritoneum	ulosis mn ilosis	cin or (inclu	Bones Lymphatic Sys Genito-urinary	Other Create Acute	(a) Chronic philis— (a) Primary (b) Secondary (c) Tertiary	Hereditar Period no
Plague— (a) Bubonic (b) Pneumo (c) Septicæl (d) Undefin Yellow Fever Spirochætosis Leprosy	Acute Poliomyelitis Encephalitis Lethargica Epidemic Cerebro-spinal	Other Epidemic Diseases (a) Rubeola (German I (b) Varicella (Chicken (c) Kala-azar			Glanders	Anthrax Rabies (suspected) Tetanus	Mycosis Tuberculosis, Laryngeal	Tuberculosis o Central Nerv	Tuberculosis o	Tuberculosis Column Tuberculosis of	(a) Sk	(b) Bones (c) Lympl (d) Genite		Syphilis- (a) Pr (a) Se (b) Se	_
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PULATION	(including OFFICIALS)	Total Cases Treated	284	8,912 277 194 29 54 54	9	48	41	39	15	57	110 370 294 662	43 467 137 2 32 32 268
NERAL PO	ing OFFI	Total Deaths	1	1 1 28	7	17	10	10	1	4	0 4 9	103 103 - - 1111
ATIVE GE	(includ	enoiseimbA letoT	275	8,706 277 192 29 53 40	9	47	4	36	13	52	101 360 286 653	43 457 129 1 32 266
Z		Cases remaining in Hospital from previous year 1948	6	206	. 1	week	1	3	2	2	01 8 6	100 100 170
NO		Remaining in Hospital at end of year 1949		_ _	1	ı	Î		İ	1	- 4	11111
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ENERAL	ding OFF	Total Deaths	1		1		1	1]	1	1111	11111
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EUR		Cases remaining in Hospital from previous year 1948	1	11111	1	1	l	1		1	-	
		Remaining in Hospital at the end of year 1949	[11111	1	1	-	-	1	1	1 1 1	
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EUROPEAN OFFICIALS		Total Deaths	[1	l	1	1	1		1111	
EUROP		enoissimbA latoT	Ī	1 22	1	1	-		5 .	-	499	
		Cases remaining in Hospital from previous year 1948	Ī		I	I	1		1	1		
		DISEASES	I.—EPIDEMIC, ENDEMIC AND INFECTIOUS DISEASES—(Contd.) 39. Soft Chancre	B.—Gonorrhæal Ophthalm C.—Gonorrhæal Arthritis D.—Granuloma Venereum Septicemia Other Infectious Diseases	II.—General Diseases not Mentioned Above 43. Cancer or other Malignant Tumours of the Buccal Cavity 64. Cancer or other Malignant	Tumours of the Liver Cancer or other	Tumours of the Peritoneum, Intestines, and Rectum 46. Cancer or other Malignant Tumours of the Female Genital	Organs 47. Cancer or other Malignant	0 (49. Cancer or other Malignant		Disease) (a) Kwashiorkor (b) Pellagra (a) Beri-beri (b) Rickets Malnutrition (unclassified)

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rion	Remaining in Hospital at end of year 1949	22 13 120 23 39 24 39 56 50 50 50 60 60 60 60 60 60 60 60 60 60 60 60 60	3 29-
NATIVE GENERAL POPULATION (including OFFICIALS)	Total Cases Treated	2,	
GENERAL Iding Ol	Total Deaths		
VATIVE (inch	enoissimbA latoT	2,22 130 120 120 2,123 3,389 14 190 100 100 100 100 100 100 100 100 100	3 291
	Cases remaining in Hospital from previous year 1948	1 1 2 2 3 4 4 4 4 4 4 4 4 4	1111
NO	Remaining in Hospital at end of year 1949		
POPULAT FICIALS)	Total Cases Treated		-
ASIATIC GENERAL POPULATION (including OFFICIALS)	Total Deaths		
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ATION	Remaining in Hospital at end of year 1949		
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EUROPEAN GENERAL POPUL	Total Deaths	7 1 1 1 1 1 2	-
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Eu	Cases remaining in Hospital from previous year 1948		
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	Total Deaths		
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	Cases remaining in Hospital from previous year 1948		
	DISEASES	III.—AFFECTIONS OF THE NERVOUS System And Organs of the Senses—(Contd.) Puerperal) Five Years or Over Roundile Convulsions Roundile Convulsions Roundile Convulsions Roundile Convulsions Roundile Convulsions Roundile Convulsions Roundile Convulsions Roundile Convulsions Roundile Convulsions Roundile Convulsions Roundile Convulsions Roundile Convulsions Routher Affections of the Nervous Routher Affections of the Eye Routher Affections of the Eye Routher Affections of the Eye Routh Other Affections of the Eye Routh Other Affections of the Eye Routh Other Affections of the Heart— Routher Diseases of the Heart— Routh	91. Diseases of the Arteries— (a) Aneurism (b) Arterio-Sclerosis (c) Other Diseases Cerebral)

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93. Diseases of the Veins— , Hæmorrhoids Varicose Veins Phlebitis Unclassified	System— Lymphangitis Lymphadenitis, B Specific) Hæmorrhage of Ur Cause Other Affections of the	V.—AFFECTIONS OF THE RESPIRATORY SYSTEM 97. Diseases of the Nasal Passages— Adenoids Polypus Rhinitis	98. Affections of the Larynx— Laryngitis 99. Bronchitis—		(a) Lobar (b) Unclassified 102. Pleurisy, Empyema 103. Congestion of the Lungs 104. Gangrene of the Lungs 105. Asthma 106. Pulmonary Emphysema	(b) Unclassified	VI.—Diseases of the Digestive System 108. A.—Diseases of Teeth or Gums—	Pyorrhæa B.—Other Affections of the	Stomatitis Glossitis, etc Unclassified

		Remaining in Hospital at end to foot 1949	34 42 8 22 23 1
NOITA III	IALS)	Total Cases Treated	1,228 1,528 1,53 1,53 2,01 2,624 2,075 2,075 2,075 1,645 1,6
FRAI PO	ng Offic	Total Deaths	22 24 2 3 3 3 3 3 3 3 3 3 3 3 4 5 5 5 5 5 5 5 5
TIVE GEN	(including Officials)	snoissimbA latoT	1,213 1,213 1,213 1,213 1,24 2,585 2,045 1,629 1
Z		Cases remaining in Hospital from previous year 1948	203 4
NO		Remaining in Hospital at end of year 1949	44
Populat	(including OFFICIALS)	Total Cases Treated	304 304 1133 133 133 135 10 10 10
ENERAL	ding OF	Total Deaths	
SIATIC G	(inclu	enoiseimbA letoT	301 133 133 133 133 133 133 133 133 133
		Cases remaining in Hospital from previous year 1948	
	Noil	Remaining in Hospital at end of year 1949	
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		ni gninisməA Hospital at letiqsoH Of year 1949	
	FICIALS	Total Cases Treated	24
	EUROPEAN UFFICIALS	Total Deaths	
	EURO	snoissimbA latoT	27 13 18 17 17 18 18 17 17 17
		Cases remaining in Hospital from previous year 1948	
		DISEASES	VI.—Diseases of the Digestive System—(Contd.) 109. Affections of the Pharymx or Tonsilitis Tonsilitis Unclassified 110. Affections of the Oesophagus 111. A.—Ulcer of the Stomach B.—Ulcer of the Stomach Gastritis Dyspepsia Under Two Years (olitis Unceration 114. Diarrhoea and Enteritis— Two Years and Over Colitis Under Two Years (olitis Trichocephalus dispar. Trichoris Ascaris Ascaris Trichocephalus dispar. Trichuris Dracunculus Strongylus Oxyuris (d) Coccidia (e) Other Parasites (f) Unclassified 117. Appendicitis 118. Hernia

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offections of the Anus etcOther Affections Intestines Enteroptosis Constipation		• - •	tis .			ite Nephritis conic NephritisChyluria		ne bi.			Central Organs of Epididymitis Orchitis Hydrocele Ulcer of Penis Unclassified	
Affections etc Other A Intestines Enteropte Constipat	Liver ydatid of the rrhosis of the (a) Alcoholic	ther Calcu Affect	Abscess Hepatitis Cholecystitis Jaundice	seases of the ritonitis (of ther Affection	DISEASES BY SVSTEM	Nephi c Nephi nyluria	Affecti tis assifie	es or titis assifie	(a) Stricture (b) Other seases of the		Cenital Orga Epididymitis Orchitis Hydrocele Ulcer of Peni Unclassified	ysts or other Tumours of t
l m	Liver Hydatid of the Cirrhosis of the (a) Alcoholic	(b) Other Forn Biliary Calculus Other Affections	Abscess Hepatitis Cholecyst Jaundice	Diseases of the Peritonitis (of Other Affection System	VII.—DISEASES OF	Acute Nephritis . Chronic Nephritis A.—Chyluria . B.—Schistosomias	Other Affections of Pyelitis Unclassified Urinary Calculus	Diseases of the Cystitis Unclassified Diseases of the	(a) Stricture (b) Other	Hypert Prostat Unclas Diseases	Epididyr Orchitis Hydroce Ulcer of	Cysts or other Tumours of t
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IVE GENERAL POPULATION (including OFFICIALS)	Total Deaths		5	7	1 1	2 1	111		23	£ L 8 L C1
NATIVE GI (incluc	enoissimbA latoT		604	103	62 60	192 104 20 215 215	197 77 7	2,229 6,909 257	1,065	757 18 346 107
	Cases remaining in Hospital from previous year 1948		2-	m		4 - 8	1 1	52 118 4	8	37
NOI	Remaining in Hospital at end of year 1949			1				111		
POPULAT FICIALS)	Total Cases Treated		25	1	13	-97.8	400	103	32	-1222
PENERAL Iding OF	Total Deaths			1			111	111	1	11111
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~	Cases remaining in Hospital from previous year 1948		1 1	1	1 1		111	111	1 1	-
TION	Remaining in Hospital at end of year 1949			1	1 1			-	11	
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	Cases remaining from the front in Hospital from previous year 1948				11		111	111		
	DISEASES	VII.—Diseases of the Genito- urinary System (Non-Venereal)— (Contd.)	Salpingitis Abscess	nant)	rerine Hæmorinage Puerperal)	B.—Other Affections Female Genital Displacement of Amenorrhæa . Dysmenorrhæa . Leucorrhæa .	142. Diseases of the Breast (Non-Puerperal)— Mastitis Abscess of Breast Unclassified	VIII.—PREGNANCY AND PEURPERAL STATE 143. A.—Ante-Natal	D.—Accidents of Pregnancy— (a) Abortion (b) Ectopic Gestation	Pregnancy 144. Puerperal Hæmorrhage 145. Other Accidents of Parturition 146. Puerperal Septicæmia 147. Phlegmasia Dolens 148. Puerperal Eclampsia

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FECTIONS O CELLULAR	le	ner Diseases of Erythema Urticaria Eczema Herpes Zoster Psoriasis Elephantiasis Myiasis Chigoes Cutaneous Lei Dermatitis Unclassified	LOCOMOTION (OTH TUBERCULOUS) iseases of Bones—Osteitis	tis itis Disease s of Lo	MALF phalus dias fida fied	SEASES al Del re Birt Fectior mus	nfants o and ovel nfants un
AFFECTIONS OF CELLULAR	Boil Carbuncle Abscess Whitlow Cellulitis Ulcers A.—Tinea B.—Scabies	Chiner Diseases Erythema Urticaria Eczema Herpes Zoste Psoriasis Elephantiasis Myiasis Chigoes Cutaneous L Dermatitis Unclassified	-Diseases of Bones of Locomotion (Or Tuberculou Diseases of Bones-Osteitis Osteomyelitis	Arthritis Synovitis Other Diseases Organs of Loc	XI.—MALFO Hydrocephalus Hypospadias Spina Bifida Unclassified	XII.—Diseases or Congenital Debility Premature Birth Other Affections of Marasmus Infant Neglect—	(a) Infants of and over (b) Infants und
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RETURN OF DISEASES—IN-PATIENTS—(Contd.)

i	Remaining in Hospital at end of year 1949	. –	111		1111	9 4 55	22 8
NATIVE GENERAL POPULATION (including OFFICIALS)	Total Cases Treated	16	°	-	43	248 69 141 1,118 -	25 2,709 550 46 207
	Total Deaths	L 8	[[]	-	4	2 114	8 233 3
ATIVE GEN	snoissimbA letoT	16	E	-	43	246 68 137 1,073	25,708 455 455 21 204 93
Z	Cases remaining in Hospital from previous year 1948	1				2	25. 3. 3. 3. 3. 3. 3. 3. 3. 3. 3. 3. 3. 3.
Z	Remaining in Hospital at end of year 1949	7				-	1
ASIATIC GENERAL POPULATION (including OFFICIALS)	Fotal Cases Treated	1 1				441 2	27 27 19 19 119
NERAL P	Total Deaths					-	2
IATIC GE (include	enoissimbA latoT					441	
As	Cases remaining in Hospital from previous year 1948						2 1 1 1
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GENERAL POPULA	Total Deaths	_					
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EUR	Cases remaining in Hospital from previous year 1948						1 1111 1
	Remaining in Hospital at end of year 1949				1		1 - 1111
OFFICIALS	Total Cases Treated					1-0200	15 15
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EUROPEAN	snoissimbA lstoT				1111	-4664	1 2 1 1
	Cases remaining in Hospital from previous year 1948	. 11					1 1111 1
	DISEASES	XIII.—Affections of Old Age 4. Senility— Senile Dementia Unclassified	XIV.—AFFECTIONS PRODUCED BY EXTERNAL CAUSES 5. Suicide by Poisoning 66. Corrosive Poisoning (Intentional) 67. Suicide by Gas Poisoning 68. Suicide by Hanging or Strangula-		Instrumer Suicide by Ju Suicide by C Other Suicid Food Poisor Botulism	Attacks by Poisonous Creat (a) Snake Bite (b) Insect Bite	3. Wounds (by Firearms, War excepted) 4. Wounds (by Cutting or Stabbing Instruments) 5. Wounds (by Fall) 6. Wounds (in Mines or Quarries) 7. Wounds (by Machinery) 7. Wounds (Crushing, e.g. Railway Accidents, etc.)
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189. Injuries Inflicted by Creatures, Bites, Kicks, etc.			B.—Hunger or Thirst	Exposure to Heat—	Heatstroke Sunstroke		196. Electric Shock		Instruments	200. Infanticide (Murder of an Infant		20]. A.—Dislocation		202. Other External Injuries		205. A.—Diseases not already Speci-	ned or III-defined)— Assistes	Oedema	Asthenia	Shock	Hyperpyrexia Pyrexia of Unknown Origin	:	Myalgia	Sciatica	B.—Malingering		S =	TEN DEATHS	GRAND TOTAL

TABLE IV.—RETURN OF DISEASES (OUT-PATIENTS)

Numbers Treated during the year 1949

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| | Male Female Total |
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| 25 35 231 40 62 122 4,091 3,920 13 35 231 - 40 663 4,971 11 3 5 1 - 1 16 14 30 663 4,971 11 19 30 4 - - - - 417 49 16 32 4 - 4 12 7 14 725 300 4 7 4 7 7 14 5,114 1,454 - - - - - - - - - - - - - - - - - 16 32 4 - 4 4 1,454 1,454 - - - - - - - - - - - - - - - - - - - - - - - -< | 2 - 2 |
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Leprosy Erysipelas Acute Poliomyelitis Encephalitis Lethargica Epidemic Cerebro-Spinal Fever Other Epidemic Diseases— (a) Rubeola (German Measles) (b) Varicella (Chicken-pox) (c) Kala-azar (d) Phlebotomus Fever (e) Dengue (f) Epidemic Dropsy (g) Yaws (h) Trypanosomiasis (i) Cow-pox	Glanders	om	Primary Secondary Tertiary Hereditary Period not indicated Chancre Gonorrhæa and its Complications Gonorrhæal Ophthalmia Granuloma Venereum icæmia er Infectious Diseases panosomiasis
pelas Poliomyelitis Poliomyelitis Poliomyelitis Poliomyelitis Poliomyelitis Poliomyelitis Poliomyelitis Poliomyelitis Poliomyelitis Poliomola Poli	is, Pulmona is of the Me System is of the Ir is of the V is of Sorbers is of Other is of System is of System is of System is of System is of System is of System is of System is of System is of System is of System is of System System System System is of System System is of System Sy	us)	Primary Secondary Tertiary Tertiary Period not indicated Chancre Chanc
Leprosy Erysipelas Acute Poliomyelitis Encephalitis Lethargica Epidemic Cerebro-Spinal Other Epidemic Diseases (a) Rubeola (German I (b) Varicella (Chicken-(c) Kala-azar (d) Phlebotomus Fever (e) Dengue (f) Epidemic Dropsy (g) Yaws (h) Trypanosomiasis (i) Cow-pox (i) Glandular Fever (i) Glandular Fever	Glanders Anthrax Rabies (suspected) Tetanus Mycosis Tuberculosis, Pulm Tuberculosis of the toneum Tuberculosis of the toneum Tuberculosis of the Tuberculosis of the Tuberculosis of Ott	Lu nes mes mos mos mos mos mos mos mos mos mos mo	(a) Primary (b) Secondary (c) Tertiary (d) Hereditary (e) Period not indicated Soft Chancre A.—Gonorrhæa and its Co B.—Gonorrhæal Arthritis D.—Granuloma Venereum Septicæmia Other Infectious Diseases Trypanosomiasis
Leprosy Erysipell Acute Pel Epidemi Other E (a) Ru (b) Va (c) Ka (d) Ph (d) Ph (d) Tr (f) Ep	Glanders Anthrax Rabies (Tetanus Mycosis Tubercul Nervo Tubercul Tubercul Tubercul Tubercul	(a) 500 (b) Bo (c) Lya (c) Lya (d) Ge (d) Ac (d) Ac (e) Ch	Soft © (Soft ©

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	DISEASES		II.—GENERAL DISEASES N MENTIONED ABOVE	of the Buccal Cavity	of the Stomach or Liver	of the Peritoneum Intestines Cancer or other Malignant		of the Breast	of the Skin Of the Skin	of Organs not Specified Tumours, Non-Malignant						(a) Pernicious (b) Other Anamias and Chlorosis		(a) Exophthal	Gland, Myxædema			65. Leukæmia—		67. Chronic Poisoning by Mineral Sub-	stances (Lead, Mercury, etc.)

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Chronic Poisoning by Organic Substances (Morphia, Cocaine, etc.) Other General Diseases— Auto-Intoxication Hamophilia Hamophilia	SYSTEM AND ORGANS OF THE NERVOUS SYSTEM AND ORGANS OF THE SENSES Encephalitis (not including Encephalitis Lethargica) Meningitis (not including Tuberculous Meningitis or Cerebro-spinal Men-	Locomotor Ataxia Other Affections of the Spinal Cord	(a) Hæmorrhage (b) Embolism (c) Thrombosis	(a) Hemiplegia (b) Other Paralyses General Paralysis of the Insane Other Forms of Mental Alienation Epilepsy Committee Committ	peral) Five Years or over Infantile Convulsions Chorea A.—Hysteria C.—Neuritis D.—Neuralgia Cerebral Softening	of the Paralysis A	(a) Conjunctivitis (b) Trachoma (c) Tumours of the Eye (d) Other Affections of the Eye Affections of the Ear or Mastoid Sinus Otis Media	Pericarditis Acute Endocarditis or Myocarditis Angina Pectoris
68. Chronic Poiso stances (Moiso Other General Auto-Intoxic Purpura Hæi Hæmophilia Diabetes Ins	SYSTEM AND ORG, 70. Encephalitis (not Lethargica) 71. Meningitis (not Meningitis or Meningitis or	ingitis) 72. Locomotor Ataxia 73. Other Affections of 74. Apoplexy—	(a) Hær (b) Emt (c) Thro 75. Paralysis-		90. Infantile Conversion A.—Hysteria B.—Neuritis C.—Neurasther D.—Neuralgia 83. Cerebral Softer	ō 3	85. Affections of the (a) Conjunctivit (b) Trachoma (c) Tumours of (d) Other Affect 86. Affections of the E Otis Media	IV.—AFFECTIONS O SY 87. Pericarditis 88. Acute Endocard 89. Angina Pectoris

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RE	EUROPEAN OFFICIALS	Female		- i		-	w.	11	1	1	∞ ∞	7	C	1 ∞	4		1	138	39	2	- 1
	Euro	Male		1	1 1	1 7	—	9		_	2	-	_	- ∞ 4	7		S	9 269	59	111	∞
	DISEASES		IV.—AFFECTIONS OF THE CIRCULATORY. SYSTEM—(Contd.) 90. Other Diseases of the Heart— (a) Valvular—	Mitral	Tricuspid	(b) Myccarditis	(c) Unclassified	(a) Aneurism (b) Arterio-Sclerosis	92. Embolism or Thrombosis (Non-	the Veins—		Phlebitis Unclassified	94. Diseases of the Lymphatic System— Lymphangitis	Bubo (N Undeterm		V.—AFFECTIONS OF THE RESPIRATORY SYSTEM 97. Diseases of the Nasal Passages.—			Laryngitis Bronchitis—		

121 66 2,174 1 1 213	24,405 1,033	2,663 132 277	17,240 4,300 135 93 20 49	4,037 21,825 396	14,408	16,830 2,221 464 — 5 2,017	20,495	7,630 - 38 - 97 1,010 1,010 24 98
533	8,568	1,096	9,132 924 114 22 10 16	1,920 8,776 271	7,409	5,639 1,025 52 	6,183	3,700
92.	15,837	1,567 66 257	8,108 3,376 21 71 10	2,117 13,049 125	666,9	11,191 1,246 412 - 1,184	14,312	3,930 3,930 5 60 60 642 642 16
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	DISEASES		VI.—Diseases of the Digestive System—(Contd.)	119. A.—Affections of the Anus Fistula, etc. B.—Other Affections of the Intestines	Enteroptosis Constipation	120. Acute Yellow Atrophy of the Liver		(b) Other Forms		Hepatitis Cholecystitis	Jaundice Unclassifie	s of the Pancreas	127. Other Affections of the Digestive System	VII.—DISEASES OF THE GENITO-URINARY SYSTEM (NON-VENEREAL)			Pyelitis	132. Urinary Calculus	Cystitis Unclassified	Diseases of the (a) Stricture (b) Other	Hypertrophy Prostatitis

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Diseases (Non-Venereal) of the Genital Organs of Man— Epididymitis Orchitis Hydrocele Ulcer of Penis Unclassified	sts or oth of the Or lpingitis oscess of erine Tu erine Hall-metrit	B.—Other Affections of Genital Organs Displacement of Uterus Amenorrhæa Dysmenorrhæa Leucorrhæa	Mastitis Abscess of Breast Unclassified	VIII.—PEURPERAM—A.—Ante-natal B.—Normal Labour		IX.—AFFECTIONS OF CELLULAR Gangrene Boil Carbuncle Abscess Whitlow Cellulitis Ulcers A.—Tinea B.—Scabies
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DISEASES	Euro	European Officials	NALS	EUROPEAN	European General Population	OPULATION	ASI	Asian Officials	⊘ i	ASIAN GE	ASIAN GENERAL POPULATION	ULATION	NATIVE G (inclu	NATIVE GENERAL POPULATION (including Officials)	ULATION ALS)
	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total
XIV.—AFFECTIONS PRODUCED BY EXTERNAL CAUSES—(Contd.) 198. Murder by Cutting or Stabbing Instruments			1		1				l		-	I		1	
200. Infanticide (Murder of an Infant under One Year)									1 1						
201. A.—Dislocation B.—Sprain C.—Fracture 202. Other External Injuries 203. Deaths by Violence of Unknown Cause	85 36 162	30 13 13 -	115 49 196	48 35 101	35 24 110	83 59 211	68		68 68 938	1,544	63 1,114	169 20 20 2,658	5,006 2,718 48,973	96 1.164 610 12,657	310 6,170 3,328 61,630
XV,—ILL-DEFINED DISBASES								***************************************							
204. Sudden Death (Cause Unknown) 205. A.—Diseases not Already Specified or III-defined—					I				1		[I	1	1	1
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Shock Hyperpyrexia Pyrexia of unknown Origin	8 %	33	83	4 ,	- 64	86	1 500		200	161	108	359	1,330	474	,804 3,499
Myalgia Sciatica	3	11	5]	.	9	0		10	20	40	09	2,850	1,587	789 4,437 2
gering	98	49	135	31	78	- 59	290		290	37	08	117	3,237	693	3,930
XVI.—Diseases, the Total of Which have not Caused Ten Deaths	1		1	I	I	1		l	1		1	I		1	1
GRAND TOTAL	2,868	1,798	4,666	1,933	2,818	4,751	5,625	12	5,637	12,822	12,633	25,455	586,539	328,572	915,111

ANNUAL REPORT OF THE MEDICAL RESEARCH LABORATORY, 1949

STAFF

Assistant Director, Laboratory Services:

R. M. Dowdeswell, M.D., B.Ch. (Cantab.), M.R.C.S. (Eng.), L.R.C.P. (Lond.).

Pathologists:—

G. L. Timms, M.R.C.S. (Eng.), L.R.C.P. (Lond.), M.B., B.S. (Lond.).

E. R. N. Cooke, B.A., M.B., Ch.B., B.A.O. (Dublin), L.M. (Rotunda).

J. Lowry, M.B., B.Ch., B.A.O. (Belfast).

Biochemist: ---

D. Harvey, M.A., B.Sc., Ph.D.

Senior Laboratory Technicians: -

W. L. Titman, A.I.M.L.T.

T. G. R. Jones, A.I.M.L.T.

W. A. Doust, A.I.M.L.T.

Laboratory Technicians:—

R. F. King.

A. W. Pearson, A.I.M.L.T.

S. McDonald, F.I.M.L.T.

K. T. Carter, A.I.M.L.T.

G. Davies-Jones, A.I.M.L.T.

R. Caldecott, A.I.M.L.T.

Junior Laboratory Technician: —

Miss M. Stahre (seconded to Division of Insect-borne Diseases)

Laboratory Technician (Learner):—

A. Cruickshank.

Laboratory Assistants (Asian):—

Mr. Mathew de Souza.

Mr. B. V. F. Pereira.

Mr. Franklin de Souza.

Mr. T. M. Viana.

Storekeeper: —

Mr. M. J. J. Soares.

Clerk (Grade II), General Office: -

Mr. C. Coutinho.

-Librarian: ---

Miss P. M. Allen.

Stenographer: —

Miss M. L. Palmer:

PRINCIPAL STAFF CHANGES AND LEAVE

DR. R. M. Dowdeswell, Assistant Director, Laboratory Services, proceeded on leave to Great Britain on 1st February, 1949, and returned on 8th September, 1949.

MISS M. L. PALMER, Clerk, Grade I, was transferred from Medical Department Head-quarters to the Laboratory Division on 1st February, 1949.

MISS I. E. BOWMAN, Officer i/c Records, proceeded on leave to Australia on 21st February, 1949, and was not reposted to the Laboratory on her return.

- MR. T. M. VIANA, Laboratory Assistant, returned from leave in India on 7th April, 1949.
- Mr. W. L. Titman, Senior Laboratory Technician, proceeded on leave to Great Britain on 15th April, 1949.
- MR. A. CRUICKSHANK, Junior Laboratory Technician (Learner), on probationary appointment, reported for duty at the Laboratory on 20th April, 1949.
- Mr. Samuel McDonald, Laboratory Technician, arrived on first appointment from Great Britain on 4th May, 1949.
- MR. K. T. CARTER, Laboratory Technician, arrived on first appointment from Great Britain on 24th May, 1949.
- DR. JOSEPH LOWRY, Pathologist, arrived on first appointment from Great Britain on 7th June, 1949.
- Brigadier R. P. Cormack, Temporary Pathologist, left the Laboratory to take up private practice on 30th July, 1949.
 - Dr. Dockeray was appointed as Temporary Pathologist on 6th September, 1949.
- Mr. Davies-Jones, Laboratory Technician, arrived on first appointment from Great Britain on 22nd September, 1949.

	F	INANCE	E				
	Ex_i	penditu	ire			£	
Staff Emoluments		٠	• • •	• • •		5,630	·
Upkeep of Laboratory	• • •					2,400	
Stores and Equipment		•••				5,500	approx.
						£13,530	
	Revei	nue Ea	rnėd				
						£	
Sale of Calf Lymph	• • •	• • •	• • •	•••		3,224	
Sale of Stock Vaccines	prepa	red in	the Lal	borator	y	794	
Fees for Laboratory Ex	kamin	ations		• • •		2,888	
Resale of Imported Ar	iti-sera	a, etc.		• • •		270	
				S.		£7,176	

GENERAL

The amount of routine work continued to increase and the staff was almost wholly occupied with it alone throughout the year. It is probable that the demands will increase still further as the population rises, the number of private practitioners grows and as more hospital beds are established.

The projected animal house and stores are still not built and animals are still kept in unsatisfactory conditions and two good workrooms are still used wholly as stores and much space is occupied in other rooms by things which would be better kept elsewhere.

Towards the end of the year a request was made by Doctors H. Foy and A. Kondi of the Wellcome Trust for accommodation to work in co-operation with the Medical Department, mainly on anæmias in Africans. Space was made for them by moving the Biochemist's rat colony into a vacant hut in the compound and by taking a room from the Medical Biology Section, and all concerned are fortunate in the presence of workers of such repute and capability in Kenya. They are administered by the Wellcome Trust, who also provide all their apparatus.

Systematic training of African recruits to the Laboratory service was continued and is bearing fruit. Opportunities were taken to visit laboratories attached to out-stations whenever possible, but there is probably still too little supervision of the work of African assistants posted away from Nairobi.

BACTERIOLOGICAL SECTION

Staff.

Dr. E. R. N. Cooke.

Mr. Doust Mr. King Vaccine Production.

Mr. de Souza—Routine Bacteriology.

Contained in the section are the divisions:—

- (1) Vaccine Section.
- (2) Routine Bacteriology and Public Health.
- (3) Media Section.
- (4) Animal House.

VACCINE SECTION

(Mr. Doust assisted by Mr. King)

Vaccines Produced.

Vaccine Lymph.

Plague Vaccine.

Anti-rabic Vaccine.

T.A.B. Vaccine.

Agglutinable suspensions for diagnostic work are also made in this section.

Vaccine Lymph.

The method of production has been reorganized during the year by Mr. Doust, who visited the Lister Institute in 1948, and the technique used there has been employed, with modifications, during 1949. The seed lapine previously in use has been raised in titre by eighteen alternate passages between calf and rabbit from 1:1,000 to over 1:16,000. Each batch of lymph is tested twice for potency on rabbits before issue and 265 potency tests have been carried out during the year. The new vaccine will be available for issue from the beginning of 1950.

Vaccine was made from 342 calves during the year, producing 13,204 grams of pulp or 6,602,000 doses of lymph. The average yield per calf was 38.6 grams, though this has been raised during the last few months to 40 grams. The average yield in previous years was only 13 grams; hire of calves in 1949 cost £256, so that the increased yield represents an actual saving of £729. Wastage has been avoided by issuing tubes containing single doses and a further saving has been made by reducing the volume per dose of the high-titre lymph. It is estimated that the total saving, potential and actual, from these alterations is about £1,500.

The revenue earned from the sale of vaccine to other governments was £3,224, made up as follows:—

				£
Tanganyika			 	 1,431
Uganda			 • • •	 1,493
Nyasaland	• • •		 • • •,	 210
Zanzibar			 	 48
Royal Air Fo	orce		 	 3
East Africa C	omman	d	 • • •	 30
British Somal	iland		 	 9
				£3,224

It is proving difficult to obtain enough calves on hire from their African owners; because of this production fell short of the 7,000,000 doses which were aimed at. Calves, too, have to be returned to their owners, although it would be better if the provisions of the Therapeutic Substances Act in force in England could be followed and post-mortems performed on all animals after the collection of the pulp. To buy calves outright and slaughter them would be prohibitively expensive and it is therefore proposed, early in 1950, as soon as the calf sheds can be modified to abandon the use of calves and to produce lymph on sheep

which can be bought for Sh. 15, which is what we now have to pay for the hire of a calf. In preliminary tests with ovinized lymph obtained from the Lister Institute an average yield of 25 grams per sheep has been obtained. It would therefore cost more to produce lymph from sheep than from calves if the carcasses of the sheep had to be discarded, but it is thought that a market can be found for them at Sh. 10 each, in which case there will be a reduction of about 30 per cent in this factor in production costs.

Other Vaccines.

All other vaccines were made in adequate amounts throughout the year with the exception of typhoid-paratyphoid vaccine. It was unfortunate that an outbreak of typhoid fever in Naivasha occurred at a time when the work of the Laboratory was being interfered with by recurrent interruptions in the electric power supply and 20 litres, costing £640, had to be brought from England to meet a sudden demand.

ANTI-RABIC VACCINE

YEAR	Anti-rabic vaccine prepared at Laboratory	Cost of prepared vaccine at Laboratory price of Sh. 5 per course	Cost of imported vaccine at Sh. 45 per course	Difference in price between Laboratory prepared and imported vaccine	Issued to Kenya Colony and other territories	Issued to other territories	Cost to other territories
1948 1949	c.c. 42,900 53,200	£ 179 222	£ 1,611 1,995	£ 1,432 1,773	c.c. 33,850 52,480	c.c. 18,960 23,280	£ 87 107

T.A.B. VACCINE

Year	T.A.B. vaccine (dose 1.5c.c.) prepared at Laboratory	Cost of prepared vaccine at Laboratory price of cents 10 per c.c.	Cost of imported vaccine at Sh. 16 per 25 c.c.	Difference in price between Laboratory prepared and imported vaccine	Issued to Kenya Colony and other territories	Issued to other territories	Cost to other territories
1948 1949	c.c. 103,395 152,710	£ 1,292 1,904	£ 6,620 9,773	£ 5,328 7,869	c.c. 102,165 132,270	c.c. 49,405 38, 70 5	£ 680 489

VACCINE LYMPH

YEAR	Number of doses lymph prepared at Laboratory	Cost of prepared lymph at Laboratory price of cents 3 per dose	Cost of imported lymph at cents 8 per dose (bulk)	Difference in price between Laboratory prepared and imported lymph	Issued to Kenya Colony and other territories	Issued to other territories	Cost to other territories
1948	Doses 5,746,300	£ 8,619	£ 22,985	£ 14,366	Doses 2,787,615	Doses 2,185,150	£ 4,117
1948	6,602,000	9,903	26,408	16,505	4,587,567	1,710,033	3,332

PROPHYLACTIC PLAGUE VACCINE

Year	Plague vaccine prepared at Laboratory	Cost of prepared vaccine at Laboratory price of cents 10 per c.c.	Cost of imported vaccine at Sh. 16 per 25 c.c.	Difference in price between Laboratory prepared and imported vaccine	Issued to Kenya Colony and other territories	Issued to other territories	Cost to other territories
1948	c.c. 120,000	£ 600	£ - 3,840	£ 3,240	c.c. 64,965	c.c. 1,700	. £
1949	120,000	600	3,840	3,240	39,750	300	··

Agglutinable suspension for diagnostic work = 67,000 mls. Cost if bought outside the Colony = £335.

Cost of imported vaccines and sera, excluding freightage, commission, etc.: —

1948 ... £5,752 1949 ... £6,014

Imported Anti-sera, etc.

All anti-sera and certain other products used to be bought from South Africa, but during 1949 a British firm opened a depot in Nairobi where they could be bought more cheaply and from whom they were obtained as soon as they were available.

£6,013 17s. was spent in 1949, but this includes the cost of the T.A.B. referred to above. There was an especially large demand for tetanus anti-toxin which reflected modern views on dosage. Owing to shortage of refrigerator space for storage this was for a time imported in specially filled ampoules of 40,000 units which increased the cost somewhat. There was also a big demand for diphtheria prophylactic (P.T.A.P.) chiefly by the Schools Medical Officer, and this demand is likely to increase still further. It is still hoped that it may ultimately be possible to transfer the responsibility for stocking and issuing imported products to the Medical Storekeeper to whom it would seem rightly to belong.

Routine Bacteriology.

The section is normally in charge of Mr. M. de Souza, but during the year it was possible to release him to undertake research on brucellosis with Dr. E. R. N. Cooke. During this period the routine bacteriology has been undertaken very efficiently by Mr. Pereira. A list is attached showing the work done during the year, and as can be seen there has been an increase over the last ten years, so much so that it is now almost too much for one man.

Widal Tests.

Sera from 3.800 patients were recived for Widal tests during the year. As in most cases a Weil-Felix test and a test for brucella agglutinins were asked for as well as a full Widal the actual number of tests approximates 150 to 200 a day.

The Dreyer method is used, and the tests are performed by two Africans under the supervision of the Pathologist. It is hoped to change to volumetric methods when equipment has been obtained, as by this method it will be easier to supervise the work.

Public Health.

Little is done at present, but it is hoped to start a separate public health section as soon as a room, equipment and a reliable technician can be obtained. During the year 141 samples of water, 75 samples of mineral water and 24 samples of food were examined. These were all done by the Pathologist in Charge.

MEDIA SECTION

We have no permanent technician for this important work at present and difficulties have been experienced during the year in keeping up the supplies of media.

Animal House

More and more animals are required. Reorganization of the vaccine section and introduction of the standards laid down in the Therapeutic Substances Act (England) have meant that more animals (rabbits and guinea pigs) are required. We ourselves have converted a calf-shed into pens for guinea pigs and we have been fortunate in getting the assistance of the Prisons and Veterinary Departments, both of which have made animal cages for us. By these means we have managed to breed most of the animals required in the Laboratory and meet the constant demands. Some animals, however, had to be purchased outside.

The number of rabbits used for all purposes in the Bacteriological Section during the year was 316 and of guinea pigs 140.

The cost of food for the animals was £158.

RESEARCH

At the request of the Medical Specialist work on the identification of types of *Brucella* causing brucellosis in Africans was undertaken by Dr. E. R. N. Cooke and Mr. M. St.J. de Souza. It is hoped to publish an account of this work in 1950.

Comparative Table for the Years 1939 to 1949

1939 5,273 2,424 1940 4,931 3,019 1941 13,819 4,125 1942 16,409 2,935 1943 14,074 2,498 1944 12,077 3,260 1945 11,415 2,485 1946 16,139 3,230 1947 12,931 3,050 1948 11,215 4,263 1949 13,328 5,754 PUBLIC HEALTH Water Examinations 141 Mineral Water Examinations 75 Milk, Tinned Food, etc., Examinations 24 VACCINE MADE IN BACTERIOLOGICAL SECTION Polyvalent anti-catarrhal vaccine 62 courses Mixed gonococcal vaccine 16 courses Polyvalent staphyloccus vaccine 12 courses Polyvalent mixed staphylococcus and streptococcus vaccine 15 courses Autogenous vaccines 29 courses LABORATORY ANIMALS Rabbits used in 1949 for potency 92	Year .	Number of specimens examined		Number of cultures					
1941 13,819 4,125 1942 16,409 2,935 1943 14,074 2,498 1944 12,077 3,260 1945 11,415 2,485 1946 16,139 3,230 1947 12,931 3,050 1948 11,215 4,263 1949 13,328 5,754 PUBLIC HEALTH Water Examinations Polyular Examinations 141 Mineral Water Examinations 75 Milk, Tinned Food, etc., Examinations 24 VACCINE MADE IN BACTERIOLOGICAL SECTION Polyvalent anti-catarrhal vaccine 62 courses Mixed gonococcal vaccine 16 courses Polyvalent staphyloccus vaccine 12 courses Polyvalent mixed staphylococcus and streptococcus vaccine 15 courses Autogenous vaccines LABORATORY ANIMALS Rabbits used in preparation anti-rabic vaccine during 1949 152	1939	5,273		2,424					
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1948	1946	16,139		3,230					
PUBLIC HEALTH Water Examinations	1947	12,931		3,050					
PUBLIC HEALTH Water Examinations	1948	11,215		4,263					
Water Examinations	1949	13,328	•••	5,754					
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Mineral Water Examinations									
Milk, Tinned Food, etc., Examinations									
VACCINE MADE IN BACTERIOLOGICAL SECTION Polyvalent anti-catarrhal vaccine 62 courses Mixed gonococcal vaccine 16 courses Polyvalent staphyloccus vaccine 12 courses Polyvalent mixed staphylococcus and streptococcus vaccine 15 courses Autogenous vaccines									
Polyvalent anti-catarrhal vaccine	wink, Timed Food, etc., Examinations 24								
Mixed gonococcal vaccine	VACCINE MA	DE IN BACTERIOLOGICA	L SECTION						
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LABORATORY ANIMALS Rabbits used in preparation anti-rabic vaccine during 1949 152	Polyvalent mixed staphylococcus and streptococcus vaccine 15 courses								
Rabbits used in preparation anti-rabic vaccine during 1949 152	Autogenous vaccines 29 courses								
	LABORATORY ANIMALS								
	Rabbits used in preparation anti-rabic vaccine during 1949 152								
Rabbits used in 1949 for lapine 72									
Guinea pigs used in 1949 140 in all.									
Total of rabbits used 316									
Guinea Pigs' Inoculation for T.B.									
(Complete up to 31st December, 1949) Positive 5									

Positive 5
Negative 28

C.S.F. (Cell Count)	Sputa (T.B.)	Smears for B. Lepræ	Stool Smear for T.B.	Widal Tests (including Weil-Felix and Brucella)
Negative . = 420 Positive Types:— 1. Meningococci = 5 2. Pneumococci = 44 3. Influenza B. = 5 4. Tubercule B. = 1 5. Trypanosomes = 1	Positive = 627 Negative = 4,484	Positive (B. Lepræ) = 2 Negative (,,)=31	Positive (T.B.)=2 Negative(T.B.)=4	3,800

Throat Swabs. Smears	Negative (Vincents Angina)=44 Spirochætes and Fusiforms=41	
Throat Swabs. Cultures	Negative (KLB) = 395 Positive (KLB) = 31 Hoffman B = 1 Pneumococci L. & B. Hæmolytic Streptococci Streptococci	
Eye Smears	Negative =43 Positive Gonococci = 16 Positive Koch Weeks B. =65 Positive Pneumococci =13 Positive Morax A. & Enfield B = 2 Positive Anthrax B = 2 Positive Pestis B = 1 Negative B. Pestis = 1 Negative B. Anthrax = 14	
Eye Cultures	Positive = 27 Negative = 229	-
Blood Cultures	Negative Cultures = 372 Positive Types:— 1. Salmonella Typhi = 61 2. Brucella Group = 85 3. Staphyloccus Aureus = 1 4. B. Fæcalis Alkaligenes= 16 5. B. Paracolon Group = 1 6. Anthracoid Bacilli = 6 7. B. Coli Group = 26 8. Hæmolytic Streptococci = 2 9. Pneumococci = 1	
Stool Cultures	Negative Cultures = 2,083 Positive Types:— 1. Salmonella Typhi = 109 2. B. Paracolon Group = 177 3. Salmonella Group C.O. = 17 4. B. Dysentery 'Shiga' = 5 5. B. Dysentery 'Sonne' = 20 6. B. Morgan Group = 128 7. B. Dysentery Flexner 1, II, III = 171 8. B. Dysentery 'Schmitz' = 18 9. B. Dysentery 'New- castle' = 10 10. B. Dysentery 'New- castle' = 10 11. B. Fæcalis Alkaligenes = 194 12. B. Salmonella Typhi Murium = 6 13. Atypical Dysentery = 3 14. B. Proteus Dysentery = 7 15. B. Proteus Dysentery = 7 15. B. Proteus Dysentery = 7 15. B. Proteus Dysentery = 7 15. B. Proteus Dysentery = 7 15. B. Proteus Dysentery = 7 15. B. Proteus Dysentery = 7 15. B. Proteus Dysentery = 7 15. B. Proteus Dysentery = 7 15. B. Proteus Dysentery = 7	

Smears for G.C. Cervical, Urethral and Vaginal Female	Positive (G.C.) = 16 Negative (G.C.) = 1,345
Post-mortem Cultures	Positive = 8 Negative = 2
Skin Scrapings Fungi	Negative = 4
Body Fluids (including pus) Smears	Positive = 31 Negative = 111 Positive (T.B.)=2 Negative = 7
Body Fluids (including pus) Cultures	Positive = 119 Negative = 133
Urine Smears	Positive = 55 Negative = 97
Urine Cultures	Positive = 312 Negative = 369 Salmonella Typhi = 1

Culture	B. Friedlander recovered from sputum = 1
Urethral Smears Male	Positive (G.C.) = 126 Negative (G.C.)= 319
Smears for Sperms	Positive = 3 Negative = 4
Semen (Sperm Count)	= 1 Total counts= 36
Miscellaneous Smears	Hæmophilus Ducreyi recovered from Penile Sores Positive Odium Albicans (Moniliasis)

SECTION OF BIOCHEMISTRY

(1) STAFF

The staff of the section consisted of the Biochemist, a Laboratory Technician and five Africans.

(2) ROUTINE WORK

The following table shows the number and nature of the routine examinations carried out during the year. They were made under the general supervision of the Laboratory Technician:—

	nd qua	litativ	e			lbumen	.,				3,
Sugar and acetone											
Sugar and albumin						٠.					
Albumin	• •	• •			• •						
Albumin and deposit Deposit	• •		• •	• •	• •	• •	• •	• •			
Bile		• •	• •	• •	• •	• •	• •	• •	• •	• •	
Spectroscopic examin	ation		• •	• •	• •	• •	• •	• •		• •	
Acetone					• •	• •		• •	• •	• •	
Specific gravity, albur	min an	d suga	ar					• •		• •	
 Albumin, sugar and d 											
	• •		• •								
Diastatic index	• •	• •	• •		• •	• •	• •				
Urobilin	• •	• •	• •	• •	• •	• •	• •	• •			
Bence-Jones Protein Quinine	• •	• •	• •	• •	• •	• •	• •	• •	• •	• •	
Urinary calculus	• •	• •	• •	• •	• •	• •	• •	• •	• •		
Urea percentage		• •	• •	• •	• •		• •	• •	• •	• •	
Orea percentage		• •	• •	• •	• •	• •		• •		• •	
								Total			4
Blood-											
Urea											
Non-protein nitrogen					• •						
Sugar											
Uric acid											
Calcium					• •						
Protein											
Van den Berg test Icteric index	• •	• •		• •	• •						
Sulphonamide	• •		• •	• •	• •	• •	• •		• •	• •	
Sodium	• •	• •	٠.	• •	• •	• •	• •	• •	• •	• •	
Phosphate	• •	• •	• •	• •	• •		• •	• •	• •		
Chlorides			• •	• •	• •	• •		• •		• •	
Phosphatase (alkaline	e)										
Phosphatase (acid)									. ,		
Serum lipase											
								Total	• •	• •	
Fæces—											
Occult blood											
								• •			
Occult blood							• •	Total		• •	
Occult blood Bile pigments						• •	• •	Total	• •	••	
Occult blood Bile pigments Cerebro-spinal Fluid—								Total			
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin								Total			
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein	.: .:										
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein Chlorides											_
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein						• •					
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein Chlorides Lange gold curve						• •					
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein Chlorides Lange gold curve Urea Chlorides and protein Chlorides and sugar	 1					• •					
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein Chlorides Lange gold curve Urea Chlorides and protein Chlorides and sugar Globulin and protein	 1 			• •		• •	• •				
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein Chlorides Lange gold curve Urea Chlorides and protein Chlorides and sugar Globulin and protein Globulin and gold cu	 n 					•••	•••				
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein Chlorides Lange gold curve Urea Chlorides and protein Chlorides and sugar Globulin and protein Globulin and gold cu Chlorides, globulin an	i n urve nd pro	 tein									
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein Chlorides Lange gold curve Urea Chlorides and protein Chlorides and sugar Globulin and protein Globulin and gold cu Chlorides, globulin an Chlorides, protein and	urve nd pro	 tein r	• •								
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein Chlorides Lange gold curve Urea Chlorides and protein Chlorides and sugar Globulin and protein Globulin and gold cu Chlorides, globulin an Chlorides, protein and Globulin, protein and	rve nd pro d suga	tein r curve	••								
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein Chlorides Lange gold curve Urea Chlorides and protein Chlorides and sugar Globulin and protein Globulin and gold cu Chlorides, globulin an Chlorides, protein and Globulin, protein and	urve nd pro d suga l gold o	tein r curve les	•••								
Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein Chlorides Lange gold curve Urea Chlorides and protein Chlorides and sugar Globulin and protein Globulin and gold cu Chlorides, globulin an Chlorides, protein and Globulin, protein and Globulin, sugar and Globulin, sugar and	arve nd pro d sugar d gold ochlorid	tein r curve les and g	 gold cu	 							
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Occult blood Bile pigments Cerebro-spinal Fluid— Excess globulin Protein Chlorides Lange gold curve Urea Chlorides and protein Chlorides and sugar Globulin and protein Globulin and gold cu Chlorides, globulin an Chlorides, protein and Globulin, protein and Globulin, sugar and Globulin, sugar and	nd prod sugar	tein r curve les and g and s	gold cu	 							

(0	Miscellaneous-	
k	6	Wiscelluneous-	_

(c) ::::sec::a::esas								
Ascitic fluid—specific gravity						• 1		2
protein and specific grav	ity							3
Abdominal fluid—protein								15
seromucin								1
protein and chlorid	es							1
Pleural fluid—protein and chlorides								1
protein		, .						7
specific gravity, protein	and se	romucin						1
Antrum fluid—protein and cholestero	1							1
Sinus fluid—origin pancreatic								1
•								
						Total		33
								SAME AND ADDRESS OF
(f) Physiological efficiency tests—								
(i) Renal efficiency tests:								
Urea concentration tests								7
Urea clearance		• •					• •	5
(ii) Pancreatic efficiency tests:	• •	• •	• •	• •	• •	• •	• •	_
Glucose tolerance tests		. ,						120
Insulin tolerance test	• •		• •					1
Fæcal fat estimations			• •					15
(iii) Gastric contents analyses:		• •	• •	• •	• •	• •	• •	
Fractional test meals								223
Circula amanimana	• •	• •	• •	• •	• •	• •	• •	7
(iv) Basal metabolic rate estimations	• •	• •	• •	• •	• •	• •	• •	66
(v) Liver efficiency tests—hippuric ac	rid	• •		• •	• •	• •	• •	4
	DI							1

(3) RESEARCH WORK

Interest in the subject of nutrition was maintained and work was carried out on the chemical properties of the proteins of the red millet *Eleusine coracana*. In February the Biochemist led the Kenya team which attended the Nutrition School held at Kampala by workers from Britain, and in October he represented Kenya at the International Conference on Food and Nutrition which met at Dchang in the French Cameroons.

MEDICAL BIOLOGICAL SECTION

Dr. J. Lowry took over the section from Brigadier R. P. Cormack in July. The large number of routine examinations asked for continues to make it difficult to do anything else as supervision of African staff and checking of results is essential. Attempts are being made to secure more clinical information with specimens submitted.

A paper written in collaboration by Drs. H. Foy, A. Kondi and A. Hargreaves on "Anæmia in Africans" is to be published in Transactions of the Royal Society of Tropical Medicine and Hygiene.

Fæces Examination.

HELMINTHS AND	PRO	ACSOTO		European	Asian	African	Total	
Tænia		• •	• •	10	8	939	957	
A. lumbricoides				12	27	743	782	
Larvæ of N. Americar	ius			6	6	110	122	
N. Americanus				10	49	821	880	
O. vermicularis				15	16	60	91	
T. colubriformis					7	8	15	
H, nana					8	21	29	
Larvæ of S. stercolis				3	3	43	49	
S. stercolis						- 4		
E. histolytica (active)				2	6	41	49	
E. histolytica (cysts)	. ,			• 12	7	67	86	
E. coli				147	120	1,432	1,699	
I. butschlii	• •			37	30	346	413	
G. intestinalis				18	33	118	169	
C. mesnili				32	19	357	408	
I. hominis						2	2	
E. nana					to manager		*******	
Flagellate cysts				71	58	575	704	
Charcot-Leyden cryst	als			48	10	122	180	
H. diminuta	• •					6	6	
T. trichiura				17	37	222	276	
Ova S. Mansoni				25	11	188	224	
Balantidium coli					1		1	
Negative Stools		• •		1,311	830	1,951	4,092	
Total exa	mina	tions		1,776	1,286	8,172	11,234	

Urine Examinations.

Number of specia	mens e	xamine	d	 	 281
S. hæmatobium				 	 33

Blood—Parasite Infections.

				European	Asian	African	Total
P. falciparium			 	102	 - 57	- 432	591
P. falciparium	cresco	ents	 	2	6	53	61
P. vivax			 	3	1	12	16
: P. malariæ .			 	1	6	3	10
P. ovale			 	_		4	4
Mixed infectio	ns		 			5	5
M. bancrofti			 		_		-
M. perstans			 			12	12
T. recurrentis			 	_	_	7	7
Negatives			 	2,194	1,853	8,328	12,375
		Total	 	2,302	1,923	8,856	13,081

Hæmatological Examinations.

			European	Asian	African	Total
Total blood counts		 	585	145	1,140	1,870
Differential counts		 	302	581	83	966
Hb. and R.B.C.'s		 	32	4	195	231
W.B.C. counts		 	55	22	1,064	1,141
Hb. and W.B.C.'s		 	2		33	35
Reticulocyte counts		 		—	8	8
E.S.R		 	31	24	1,7	72
Hb		 	1		139	140
Hb. and differential c	ount	 	_		1	I
Platelets counts		 	2		2	4
Packed cell volume		 	4		1	5
Miscellaneous Examin	nation	 	. — .	—	· 1	1
	Cotal	 	1,014	776	2,684	4,474

Miscellaneous Examinations—127.

SECTION OF PATHOLOGY

Work was again restricted to routine examinations throughout the year. The following were carried out:—

Histological Examinations.

Specimens were received from 1,420 cases.

Kahn Tests.

Sera and cerebro-spinal fluids numbered 27,796.

Blood Groups.

Specimens were grouped from 207 Europeans, excluding check-groupings on samples from the blood bank on volunteer donors for the Kenya Blood Transfusion Service which accounted for another 450. Blood groups were also done on 312 Africans and on 64 Asians. Rhesus grouping was done in all cases using an anti-D serum for recipients and an anti-C+D serum for donors. Chownd's capillary technique was used in order to conserve test sera and with a tube technique it would have been impossible to carry on with the small amount of serum available. There is reason for apprehension as to whether it will be possible to continue to do this owing to the world shortage of test sera; we have been fortunate so far in obtaining sera from Dr. Mourant.

Post-mortems.

Post-mortems were done almost entirely at the request of the police in medico-legal cases and numbered 194.

Pregnancy Tests.

The Friedman technique was used and 181 tests were done. Unfortunately no figures are available by which the accuracy of the results can be assessed. It is proposed in future to run the male toad test in parallel with the Friedman with a view to substituting it for the Friedman if it is shown that the local toads are reliable.

Kenya Blood Transfusion Service.

In addition to the grouping tests described above, the pathological section continued to service and sterilize the taking-and-giving sets for the Nairobi Blood Bank. During the greater part of the year, the section also prepared the glucose citrate for the Bank as the Group Hospital dispensary was overloaded and could not cope with this in addition to the preparation of transfusion fluids for the rest of the Colony.

TRAINING OF AFRICANS

Mr. R. Caldecott was in charge of African Training for the year and it consisted of two six-monthly courses.

At the end of the year seven students sat for the second-grade examination, of which six passed and one failed.

The examination consisted of a three-hour written paper, a three-hour practical examination and a 15 minutes' oral in general routine laboratory work.

It is intended to bring in six African laboratory assistants from out-stations every six months for a refresher course. They will be replaced during the period of the course by trainees.

REPORT ON THE WORKING OF THE LABORATORY ATTACHED TO THE NATIVE HOSPITAL, MOMBASA, FOR THE YEAR 1949

STAFF

Mr. T. G. R. Jones was in charge of the Laboratory throughout the year.

Early in the year Mr. Wilderspin left Mombasa on account of ill health and Mr. F. de Souza was sent from the Medical Research Laboratory until the return from vacation leave of Mr. T. A. Viana, who was reposted to Mombasa.

GENERAL

The total number of specimens as recorded in the register was 48,971, or 2,133 less than in 1948. This can be accounted for by the smaller number of sputa and blood slides submitted for examination by the Native Hospital.

The following examinations were performed:—

Bile

Blood-					1949		1948
Films for malarial parasites, etc					12,040		14,434
Films for differential count					127		234
Total leucocyte and differential counts					483		611
Total leucocyte count and hæmoglobin	estimatio	on			32		11
Total leucocyte count					24	• •	
Total leucocyte count, differential count	and Hb	estim			45		
Total erythrocyte					43		
Total erythrocyte and differential count		• • •			6		
Total erythrocyte and leucocyte counts					3		No. Consumer
Total erythrocyte, leucocyte and differen					4		Partition
Total erythrocyte, leucocyte count and					2		
Total erythrocyte count, Hb est. and co					141	• •	218
Total erythrocyte count, Hb est. and co				rtial	1-11	• •	210
count					2	• •	
Total erythrocyte, leucocytes, Hb, colo				rtial	44	• •	
					240		260
Hæmoglobin estimation				• •	633		651
Hæmoglobin estimation differential ocu	nt			• •	5		
Kahn test					9,443		6,709
Blood culture					63		75
Blood group					150	• •	80
Widal test (103 for Br. Abortus)					503		462
Weil-Felix test					27		17
Van den Berg test					14	• •	6
Glucose tolerance curves					35		27
Blood sugar estimation, single specimen					10		13
Blood urea estimations	• • •				113		139
Blood sedimentation rates	• •				27		41
Icteric index					3		71
reterie index	• •	• •	• •	• •	J	• •	
Faces Examinations—							
For ova and cysts, etc					10,835		10,576
For occult blood					14		33
Culture					94		138
75.11							

								1149		1040
Uri	ne Examinations—									1948
	Routine							5,532		5,357
	Culture							70		102
	Quantitive sugar estimation							4		14
	Urea concentration test							4		2
	Urea clearance test							2		4
	Chlorides							7		
	Tubercle bacilli							6		
	to a minual Eluida									
Cer	rebro-spinal Fluids—							2.2		1.0
	For organisms				• •	• •		33		19
	For cell count						• •	37		33
	For Kahn test						• •	18		37
	For estimation of chlorides					• •	• •	21	• •	27
	For estimation of Protein						• •	13	• •	49
	For estimation of Glucose						• •	2 747		20
•	Sputa for tubercle bacilli, et	c						3,747		7,493
	Smears for N. gonorrhœa							1,483	• •	1,530
	Miscellaneous smears, fluids	s, etc.	for orga	anisms				112		85
	Throat swabs (culture):—									2.1.2
	For C. diptheriæ							102		312
	For hæmolytic streptoc							13		11
	Spleen smears (rat) routine	exami	nation f	for B . p	estis			1,224		
	Fractional test meals							49		25
	Dark ground examination							6		. 6
C		aca a wa	li Labor	atory	Nairobi					
Spe	cimens sent to the Medical Re			arory, I	vanoor			77		50
	Tissues for Histological example	minati	on	• •				77	• •	59
	Miscellaneous specimens							11	• •	

REPORTS FROM OUT-STATIONS

Province			Stat	ion		Faeces examination	Blood Slides	Other examinations	Total
			•			5.050	12.000	6.551	16.310
Nyanza			Kisumu			5,959	13,808	6,551	16,318
,,			Kakamega			5,036	13,570	4,680	23,286
, ,)	Kericho			1,088	4,367	1,570	7,025
,,)	Kisii			733	1,964	756	3,453
Rift Valley			Kitale			1,161	3,156	1,490	5,807
,,			Eldoret			4,074	8,252	1,483	819
			Nakuru			2,537	7,579	6,084	16,200
Central			Kangundo			1,092	2,009	625	3,726
			Keruguya			4,235	6,677	1,591	12,503
**			Nyeri			2,893	4,943	620	8,456
,,			Meru			2,767	4,626	3,064	10,457
, ,			Embu			1,174	4,065	365	5,604
19			Kitui			1,565	2,467	4,181	8,213
,,	• •		Fort Hall			2,331	8,221	2,476	13,028
" "	• •	• •	Machakos			4,187	8,268	4,591	17,046
, ,	• •		Kiambu			2,162	3,391	3,252	8,805
1 1			I.D.H. Nairob			173	406	3,290	869
Coast			I.D.H. Momba			210	1,396	11,284	12,890
Coast	• •	• •	Wesu			2,896	3,061	2,076	8,033
, •		• •	Msambweni		• •	3,507	3,760	4,216	11,483
,,	• •			• •		1,304	1,821	2,621	5,746
,,			Kilifi			532	1,606	1,248	3,386
222 Diag			Malindi		• •	509	1,015	525	2,049
Masai Dist	trict		Narok			286	929	371	1,586
21			Kajiado			200	747	3/1	1,500

DIVISION OF INSECT-BORNE DISEASES—ANNUAL REPORT FOR 1949

Difficulties were experienced early in the year due to several of the European staff being on leave at the same time. However, considerable progress was made, with several interesting parasitological and entomological discoveries.

The malarial control experiment at Kericho again suffered due to the failure (for the third year in succession) of a proper malarial epidemic, but this did not prevent certain useful data from being collected. After much delay the houses for the European staff are being built and should be occupied in a few months' time.

The Division has still been unable to obtain the services of an anti-malarial engineer. which has resulted in the neglect of an important aspect of malarial control.

The present main laboratory accommodation is adequate, but there is urgent need for a proper animal house, and stores and garages for Government vans, and the mobile laboratory. The last contains valuable equipment which is in continual danger of being stolen.

A senior entomologist has recently been posted to Kisumu in a provincial capacity and a comprehensive programme laid down which includes surveys and investigations into malaria, trypanosomiasis, onchocerciasis and other insect-borne diseases.

ROUTINE DUTIES

The routine identification of insects of medical importance has been continued. A summary of mosquitoes identified is given in Appendix 1. New species, some of which have been described, include:—

Anopheles (M.) notleyi van Someren.

Orthopodomyia vernoni van Someren.

Aedes (F.) phillipi van Someren.

A. (F.) madagascarensis van Someren.

Eretmapodites mahaffyi van Someren.

E. haddowi van Someren.

E. harperi van Someren.

E. gilletti van Someren.

Two Aedes from Kenya.

One Uranotænia, four Culex, two Aedes and one subspecies.

The larva and pupa of A. (A.) nutilns Edwards from Bwamba, Uganda.

Considerable progress has been made in the identification of sandflies, and the following species have been recorded:—

Phlebotomus sergenti Parrot.

Phlebotomus martini Parrot.

Sintonius adleri Theodor.

Sintonius affinis Theodor.

Sintonius clydei Sinton.

Prophlebotomus africans Newstead.

Prophlebotomus signatipennis Newstead.

Proplilebotomus congolensis Bequaert and Walravens.

Prophlebotomus ingrami Newstead.

Prophlebotomus serratus Parrot and Malbrant.

Prophlebotomus schwetzi Adler.

Prophlebotomus squamipleuris Newstead.

The commonest species appears to be *P. congolensis* which has been found in large numbers near Nairobi and along the coast. *P. schwetzi, africans* and *cleidei* are also common coastal species, the last being mainly confined to the Kwale region. Considerable work remains to be done on the bionomics of these insects.

The colonies of *O. monbata* and *savignyi* are still being maintained in the laboratory, but attempts to start colonies of *O. turicata* and *erraticus* did not meet with success.

The Aedes ægypti colony is still being maintained, and a colony of A. gambiæ is now in existence, started by a laboratory technician working for the Nairobi Municipality; a very creditable achievement.

Aedes Control.—The various control measures have been improved, and at Mombasa an officer of this Division has been seconded to the Municipality to supervise the now very efficient organization there.

An experiment in the control of A. wgypti by the application of residual insecticides to dwellings is described later in this report; the results obtained have been encouraging.

FIELD INVESTIGATIONS AND SURVEYS CARRIED OUT DURING THE YEAR

The following investigations and surveys were carried out during the year:—

- (1) Investigation of outbreak of sleeping sickness at Kibigori and Kadimu in the Nyanza Province.
- (2) Survey of Kerio Valley.
- (3) Malarial survey at Nanyuki.
- (4) Snail surveys at and near Naivasha, and of the Ruiru dam.
- (5) A rodent survey.

Investigation of Sleeping Sickness at Kibigori and Kadimu.

Early in the year an outbreak of sleeping sickness was reported from the Kibigori region. Kibigori was visited and 58 cases diagnosed by gland puncture. Most of the infections were in an early stage, and trypanosomes were seen in blood smears on several occasions. Although most of the cases came from near Kibigori, others were also found at Muhoroni, Fort Ternan, Koru and Songhor. The causative trypanosome is *gambiense* and caused very chronic infections in white rats, with short stumpy forms in the peripheral blood, similar to what has been described with a Nigerian strain. The only tsetse in the area is *G. palpalis*, the main concentrations being along the Kapchure and Mbogo Rivers. These and other rivers in the vicinity are being cleared. Other cases have occurred throughout the year, and altogether 210 infections have been diagnosed. Treatment has been instituted on a large scale, but the large numbers of defaulters is giving rise to concern.

Another outbreak has also been reported from the Kadimu area. Sixty-nine cases have been diagonsed at Hembo near Lake Kanyaboli, and 59 at Ho about six miles to the west in the direction of Lake Victoria. *G. palpalis* is widely distributed throughout the area. Although the infections are presumably due to *T. gambiense* the reaction of the trypanosome in white rats has been atypical and more suggestive of *rhodesiense*. Numerous trypanosomes appeared in the blood of these animals, but without posterior nucleated forms. The human infections are more acute than is usual with gambiense, and a number of cases were diagnosed from blood smears. The occurrence of two new outbreaks of sleeping sickness in Kenya Colony in a year is disturbing, and strenuous efforts are being made to bring them under control.

Survey of Kerio Valley.

Observations have been made in the Kerio Valley throughout the year, but the dry weather has interfered with the work. A number of sandflies have been caught including the following species:—

Sintonius adersi Theodor, Prophlebotomus congolensis B.W. and Prophlebotomus schwetzi Adler. Ornithodorus moubata Murray was found in native huts at the bottom of the Elgeyo Escarpment, but all proved non-infective when emulsified with saline and inoculated into laboratory animals. Ornithodorus ticks were also found in porcupine burrows and a number of rodents were caught and examined. Very few A. funestus or gambiæ were caught during the year.

Malarial Survey Near Nanyuki.

A small survey was made after a report that there was a sharp outbreak of malaria on a farm at Naro Moru near Nanyuki. Seventy blood slides from adults and children were all negative for malarial parasites and the only anopheline found was A. christyi.

Snail Survey at and near Naivasha, and of the Ruiru Dam.

A number of *Planorbis* and *Bulinus* sp. were collected from Lake Naivasha: simple cercariæ were obtained from the former and bifid from the latter. Attempts to infect guinea pigs, white rats and mice were unsuccessful. Snails were found in a dam on a farm in the vicinity, mostly *B. forskali* and *P. pfeifferi*; they were all negative for cercariæ. A large number of *Planorbis* sp. were recovered from the Ruiru Dam and when placed in water released simple cercariæ.

A Rodent Survey.

Work on rodents was begun this year in an attempt to find reservoirs of human disease and any other parasites of academic interest. After many trials it was found that the easiest way to catch rodents was by digging up their burrows. Small burrows on Crescent Island were found harbouring pygmy gerbilles (*Dipodillus* sp.). A spirochæte of great interest was isolated from these animals and is referred to in greater detail in the next section. Other parasites observed in blood slides were *Trypanosoma lewisi* Kent and *Grahamella*. Pygmy gerbilles were also caught on the Ngong Hills and on the Wajir road about 20 miles from Isiolo; none were found infected with parasites. A list of rodents caught during the year is now given, with localities:—

Tree squirrel, Heliosciur undulatus True, Kerio Valley.

Ground squirrel, Euxerus erythropus fulvior (Thomas), Kerio Valley; Dipodillus harwoodi (Thomas), Lake Naivasha, Magadi, Isiolo.

Gerbilles, Tatera vicina (Peters), Kerio Valley; Taterillus sp., Archer's Post.

Tree mouse, Dendromus insignis, Lake Naivasha.

Spiny mouse, Aconmys ignitus, Kerio Valley.

Striped mouse, Lemniscomys barbarus massaicus Pagenstecher, Kerio Valley.

Porcupine, Hystrix galeata, Kerio Valley; Æthomys kaiseri medicatus Wroughton, Kerio Valley; Rattus coucha, Kerio Valley, Kisumu; Leggada musculoides emesi Heller, Arvicanthis abyssinicus, Nairobi, Meru.

After identification blood slides were taken from the rodents, stained with Leishman, and examined. The animals were then killed, their brains emulsified with saline, and inoculated into laboratory animals.

A number of elephant shrews, mostly from the Kerio Valley, were also examined in the same way, but were negative for parasites.

RESEARCH

Relapsing Fever.

A very interesting discovery was the isolation of a spirochæte from the brains of pygmy gerbilles (*Dipodillus harwoodi harwoodi*) caught on Crescent Island, Lake Naivasha. The spirochæte, which is morphologically identical with *S. duttoni*, causes prolonged infections in white rats and mice, but is only midly pathogenic to man and monkeys. Guinea pigs are insusceptible. It is probably related to *S. merionesi* and *microti* which have been recovered from rodents in North Africa and Persia. The vector is thought to be *O. erraticus*, one tick being found in a *Dipodillus* burrow; this is of considerable interest as *O. erraticus* has never before been found in East Africa.

Numerous O. moubata have been found in large burrows inhabited by porcupines. It was at first thought that the animal reservoir of S. duttoni had been found, but all the ticks and the brains of four porcupines proved non-infective when emulsified and inoculated into laboratory animals. The burrows containing the ticks were very large and deep and had probably been dug by ant bears, although other species of animals may sometimes use them. O. moubata have now been found in burrows by Lake Naivasha, at Nyeri and in the Kerio Valley, and searches will be made in other places.

An attempt has been made to study the development of *S. duttoni* in human lice. Large numbers were fed on heavily infected animals and serial sections cut daily for three weeks, the lice being kept alive by being fed daily on ourselves.

Rat-bite Fever.

While examining a number of rats (mostly *R. rattus rattus* Kijabius) from Kwale in the Coast Province an organism was recovered morphologically identical with *S. minus*. A few months later a similar organism was recovered from an African with high fever, bitten by a rat a fortnight previously. Several *R. rattus rattus* and one *Otomys angoniensis elassodon* Osgood caught in Nairobi were also found infected with spirilla. The organisms from the coastal and Nairobi rodents were inoculated into patients with general paralysis who developed typical attacks of rat-bite fever. Infections were very prolonged in white mice and comparatively short in white rats. Guinea pigs were the most susceptible, usually dying after a few weeks with corneal involvement and alopecia. Monkeys were only slightly susceptible and rabbits not at all. As many as seven of 44 rats examined from Kwale harboured spirilla and it is remarkable that the human disease is so rare. Only two cases of rat-bite fever have been recorded from East Africa in the past.

Malaria.

The D.D.T. impregnation experiments were continued at Kericho.

D.D.T. Impregnation of Huts—Fourth Year's Results.

The same area was treated as in 1948, about 3,000 huts being treated once in March with D.D.T. dispersible powder. There was no proper annual epidemic, although malarial transmission increased considerably between May and July. Blood slides were taken in April and July (the short period of increased malarial transmission making it necessary to take the second blood slides a month earlier). In April the parasite rate for the control was 10 per cent and for the treated area 3 per cent; in July the rates were 21 per cent and 7 per

cent respectively. This shows that malarial transmission in the treated area was only one-third that of the control, a sufficiently striking result. A 5 per cent D.D.T. dispersible powder in water was used, the dosage applied being approximately 200 mgs. per square foot. It would appear that the D.D.T. dispersible powder was as effective as the 5 per cent kerosene solution used in previous years. A. gambiæ appeared in fair numbers in March and reached a peak in April which is unusually early; by June the numbers were considerably reduced. A number of A. funestus were also caught over the same period. The infectivity rate for A. gambiæ caught in the control area throughout the year was 1.4 per cent and for A. funestus 0.9 per cent, and it is probable that both vectors played a part in malarial transmission. Only four A. gambiæ were caught in the treated area during 1949 as compared with 923 in the control area.

Onchocerciasis.

Observations were continued in the Kakamega-Kaimosi region, where the rivers and streams have been treated with D.D.T. in an attempt to eradicate Simulium neavei. A few flies were caught at intervals throughout the year especially in the Kakamega region where the Isioka River had to be re-treated. The first fly was caught in January and another in February. The whole area then appeared free for a number of months until another fly was caught towards the end of the year. The experiment has proved tantalizing, and although when a fly is caught the rivers and streams in the vicinity are at once treated with D.D.T. the total elimination of the vector is likely to be difficult. The area will have to be watched with vigilance for a number of years. A skin-snipping survey was carried out in July, and of 214 children five to six years old 25 were found infected with O. volvulus, an infection rate of 12 per cent. A more extensive survey will be made in about five or six years to discover whether the disease has been eliminated.

The Kodera District, which was successfully treated in 1946, was visited in July and an intensive search was made along the Kitale and Sandra Rivers: no flies were caught. It is now three and a half years since adult *S. neavei* were caught in this district and elimination appears complete. The Riana area where bush was cleared from along the river seven years ago was visited but no flies were caught after an intensive search. It would appear that method of control instituted by Dr. (now Professor) Buckley was successful.

Following a report that a European on a farm near Fort Ternan had contracted onchocerciasis the area was surveyed. A number of rivers and streams and a large river near Fort Ternan were found free of *S. neavei* and 30 to 40 labourers working on the farm itself showed no signs of the disease. It was later thought that the European had probably been infected near Kakamega, and it was concluded that no focus of the disease exists in the area.

In 1950 a human and vector survey will be carried out in Bassi and at Ngoina, the only known remaining foci of cochocerciasis in Kenya Colony. Further attempts to discover the larval and pupal stages of *S. neavei* at Ngoina did not meet with success; this problem has now baffled several workers.

Yellow Fever.

The following sera were sent to the Virus Institute, Entebbe, for the mouse protection test:—

Human sera from Langata: 59 tested, nine positive.

Human sera from Kerio Valley: 12 tested, all negative.

Monkeys from Kerio Valley: 11 tested, all negative.

Gedi monkeys: four tested, all negative.

Gedi bush babies (Gallagos): nine tested, two positive, two toxic.

Kwale bush babies: 15 tested, three toxic. Tanganyika monkey: one tested, negative.

Protective sera are still being found in the Langata Forest, and the discovery of nine positives during the year merits a special investigation. Further work in this direction has been hampered by lack of staff and the unco-operative attitude of the natives in the forest. Bush babies are now being tested from different places along the coast, but so far the only definite positives have come from Gedi.

Investigations into the bionomics of Aedes ægypti have begun in an uncontrolled area near Mombasa. A platform has been built in a coco-nut plantation and simultaneous 24-hourly catches are being made at different levels. Although it is easy to find numerous ægypti larvæ in utensils with water in village dwellings it is extremely rare to find the adults biting. This is different from the West Coast of Africa and South America where they bite with avidity. Adults have been obtained in huts by pyrethrum space-spraying in the proportion of 1 in 10 of all mosquitoes caught. Preliminary day catches near Mombasa, using human bait, suggests that the most favourable time for biting is between 11 a.m. and 2 p.m. However, too few have been caught biting for final conclusions to be drawn. An interesting find was an Aedes woodi caught while biting at Ganda near Malindi; only three have been taken in the last 30 years.

An experiment in Aedes control with residual D.D.T. has been started at Mambrui, and details are given below.

D.D.T. Impregnation Experiment at Mambrui.

In November all buildings in Mambrui, a small village about ten miles north of Malindi, were sprayed with D.D.T. dispersible powder. There is no Aedes control at Mambrui and the normal larval index varies from 30 to 40-per cent. Immediately after the spraying all Aedes ægypti larvæ and adults disappeared from the houses, and none were found six weeks later. The effect on other mosquitoes were equally striking, numerous Culex fatigans disappearing at the same time. Observations will be made monthly to assess the duration of the residual action on the mosquito population.

Experiment in O. moubata Control near Kwale.

Near Kwale about 50 huts infested with infected O. moubata have been dusted with a 0.5 per cent powder of gammexane in diatomite, 25 huts being used as controls. The powder was dusted over the floors and a few inches up the walls of the huts as recommended by Jepson in Tanganyika. It is too early to draw any conclusions as only a few weeks have elapsed since the powder was applied, but already there has been a great reduction in the number of ticks. Monthly hut searches are being made.

Testing Insecticides.

Tests with residual insecticides in aircraft have been continued throughout the year. Strips of leather and cloth and squares of perspex were sprayed with D.D.T. and gammexane. The materials treated with D.D.T. were lethal to mosquitoes four months later; those treated with gammexane were effective for a shorter period.

In February an aircraft was sprayed with a 5 per cent D.D.T.-carbontetrachloride emulsion. A few days later just before starting for Entebbe 50 A. ægypti were released in the aircraft, all exits being closed. On arrival 15 ægypti were found dead and only one was seen flying. Although the remainder had probably been killed they could not be found as they became lost in various nooks and crannies in the aircraft. Of 50 ægypti released just before the return journey 27 dead were recovered after landing at Nairobi.

Trypanosomiasis.

The following strains of trypanosomes have been maintained in laboratory animals:—

- (a) Two strains of T. rhodesiense from the Narok District and one of T. brucei.
- (b) Two strains of T. gambiense, one from Kibigori and the other from the Kadimu area.

The Kibigori strain caused very chronic infections in white rats. Twelve days after being inoculated with infective blood scanty trypanosomes appeared and were short and stumpy with poorly developed undulant membranes and flagella.

The Kadimu strain reacted more like *rhodesiense*, numerous trypanosomes appearing in the peripheral blood; however, no posterior nucleated forms were seen. It is possible that the Kadimu trypanosome may have features common to both *rhodesiense* and *gambiense*: the application of xenodiagnostic methods might help to solve this problem.

Anthropod Histology.

A small histological section was started this year, the main object being to study the anatomy of various insect vectors by cutting serial sections and the development of parasites in their tissues. Very satisfactory traverse sections of *O. moubata* were obtained after injecting ticks with Bouin's fixative and softening the chitin with eau de javelle. Unless the under-surface of the tick was coated with paraffin before being placed in the chitin softener the fluid penetrated and damaged the tissues. Sections were stained by a modified Giemsa method (Shortt and Garnham) or with Hæmatoxylon and Eosin.

Serial sections were cut through lice which clearly revealed anatomical structures. In another experiment serial sections were cut through lice infected with *S. duttoni* after staining with silver by Fontana's method. The spirochætes showed up distinctly with some curious gramular formations which are now being examined.

Sections have also been cut for certain medical officers interested in research projects; liver biopsy specimens have been sectioned for the Native Hospital, Nakuru, and portions of human brains from Mathari.

Micellaneous Parasites.

An interesting malarial parasite was seen in the blood of a fruit bat (*Ectomophorus wahlbergi haldemani* Halowell); there were no rings or segmenting forms, only mature gametocytes. A number of small white spots were seen on the surface of the liver of one of these bats very similar to the merocysts of *Hepatocystes kochi*, recently described. It is probable that the fruit bat *plasmodium* belongs to the same genus.

A small microfilaria only about 20 microns in length was seen in the blood slide of a bird (species unidentified) from the Kerio Valley.

A number of A. gambiae caught at Taveta were found to have filarial larvæ in their thoracic muscles, and it is thought that this mosquito is the vector of monkey filariasis which exists in the neighbourhood.

PUBLICATIONS

The following articles have been published by members of the staff during the year:—

Heisch, R. B.—"The Human Louse in the Transmission of S. duttoni in Nature." British Medical Journal, 1, 17.

Heisch, R. B.—"A Small Outbreak of Typhoid Fever in the Northern Province of Kenya." East African Medical Journal, 26.

Heisch, R. B., and Harvey, A. E. C.—"Experimental Transmission of Spirochæta turicatæ Brumpt by Lice." East African Medical Journal, 16.

Heisch, R. B., and Harper, J. O.—"An Epidemic of Malaria in the Kenya Highlands Transmitted by Anopheles funestus." Journal of Tropical Medicine and Hygiene.

van Someren, E. C. C.—"Ethiopian Culicidæ—Descriptions of Four New Mosquitoes from Madagascar." *Proc. R. Ent. Soc.*, London (B), 18, Parts 1–2 (Feb., 1949).

van Someren, E. C. C.—"Ethiopian Culicidæ—Eretmapodites Theobald: Descriptions of Four New Species of the Chrysogaster Group with Notes on the Five Known Species of this Group." Proc. R. Ent. Soc., London (B), 18, Parts 7–8 (Aug., 1949).

APPENDIX I

								Larvæ	Adu
Nairobi :									
Anopheles coustani Lav								348	
Anopheles coustani var. ziemanni Gru	mb.							0	2
Anopheles implexus Theo								8	111
Anopheles natalensis H. & H								37	(
Anopheles funestus Giles			• •					20	1,723
Anopheles leesoui Ev			• •					11	
Anopheles longipalpis Theo			• •			• •	• •	18	
Anopheles marshalli Theo	• •	• •	• •	• •	• •			47	7
Anopheles rhodesiensis Theo				• •	• •	• •	• •	203 87	7
Luanhalas kaniansia Ev				• •	• •	• •		0	1:
Inanhalas gambami Edw	• •		• •	• •	• •	• •	• •	999	42
Anopheles christyi N. & C								1,390	2
Inopheles gambiae Giles								361	830
Anopheles cinereus Theo								36	14
Anopheles rufipes Gough								235	
Anopheles pretoriensis Theo								1,720	3:
Anopheles maculipalpis Giles								138	
Anopheles pharoensis Theo								0	1.
Anopheles squamosus Theo								149	
Anopheles squamosus var. entebbiensis	Ev.				• •			26	
Anopheles species				• •				2,930	3
Megarhinus brevipalpis Theo.	o		• •					46	10
Megarhinus brevipalpis var. conradti	Grumb)				• •		0	
Megarhinus lutescens group		• •	• •	• •	• •	• •	• •	10	
Megarhinus species	• •	• •	• •	• •	• •	• •	• •	18	
Tranotaenia alboaodominalis Theo.	• •	• •	• •	• •	• •	• •		0	
<i>Tranotaenia balfouri</i> Theo	• •	• •		• •	• •	• •	* *	3	
Iranotaenia chorleyi Edw Iranotaenia ornata var, musarum Edv	x 7	• •		• •	• •	• •	• •	0	7
Tranotaenia mashonaensis Theo		• •		• •		• •		19	5
Jranotaenia species		• •		• •		• •	• •	3	
Aedomyia africana N.—L						• •	• •	Ö	
Ficalbia hispida Theo.								3	
Ficalbia mimomyiaformis Newst								16	
Ficalbia plumosa Theo								0	
Ficalbia species								3	
Taeniorhynchus metallicus Theo								0	
Taeniorhynchus versicolor Edw								0	3
Taeniorhynchus maculipennis Theo.								0	2
Taeniorhynchus fuscopennatus Theo.								0	13
Taeniorhynchus aurites Theo								0	
Taeniorhynchus africanus Theo								0	19
Taeniorhynchus uniformis Theo								0	6
Taeniorhynchus species						• •	• •	0	
Aedes (Mucidus) mucidus Karch			• •	• •	• •		• •	0	
Aedes (Ochlerotatus) fryeri Theo						• •	• •	0	
Aedes (Finlaya) fulgens Edw		• •		• •	• •	• •		410	8
Aedes (Finlaya) ingrami Edw	• •	• •		• •	• •	• •	• •	30	8
Aedes (Finlaya) ingrami Group Aedes (Stegomyia) aegypti L	• •	• •		• •	• •	• •	• •	1,110	58
Aedes (Stegomyia) simpsoni Theo		• •			• •	• •		314	5 5 9
Aedes (Stegomyia) metallicus Edw.								348	1
Aedes (Stegomyia) apicoargenteus The	eo							0	1
Aedes (Stegomyia) apicoargenteus Gro								10	
Aedes (Stegomyia) soleatus Edw								908	
Aedes (Stegomyia) keniensis V.S								0	1
Aedes (Stegomyia) sp. n								845	
Aedes (Stegomyia) bambusae s. sp. ke	nyae V	7.S						1	
Aedes (Stegomyia) africanns Theo.								0	5
dedes (Stegomyia) luteocephalus New						• •		4	1
Aedes (Stegomyia) vittatus Big								43	1:
Medes (Aedimorphus) marshalli Theo.					• •			0	1
Aedes (Aedimorphus) capensis Edw.					• •	• •		0	4
Aedes (Aedimorphus) haworthi Edw.					• •			60	
Aedes (Aedimorphus) tarsalis Group.				• •				0 22	
Aedes (Aedimorphus) albocephalus Th							• •	0	
Aedes (Aedimorphus) tricholabis Edw. Aedes (Aedimorphus) abnormalis ssp.			e Edw	• •	• •	• •	• •	0	1
								117	4
Aedes (Aedimorphus) quasiunivittatus Aedes (Aedimorphus) dentatus Theo.	THEO.		• •	• •	• •	• •	• •	117	20
Aedes (Aedimorphus) cumuniusi Theo. Aedes (Aedimorphus) cumuniusi Theo.			• •			• •		0	1
Tedes (Ziedamorphus) Cuntillust 11100.				• •					1

APPENDIX I—(Contd.)

	· · · · · · · · · · · · · · · · · · ·			g armonyak diki Serebandikanya				Larvæ	Ad
edes (Aedimorphus) hirsutus Theo.								6	
edes (Aedimorphus) fowleri d'Emm.								8	
edes (Aedimorphus) natronius Edw.								0	1
edes (Banksinella) lineatopennis Ludl.								9	
edes (Banksinella) circumluteolus Theo.								0	1
edes (Banksinella) albothorax Theo.								0	
edes (Banksinella) albicosta Edw								0	1
edes (Diceromyia) furcifer Edw								0	
edes (Diceromyia) taylori Edw								0	
des (Diceromyia) fucifer or. taylori								328	3
des (Diceromyia) adersi Edw								21	2
edes (Dunnius) michaelikati V.S								214	
edes (Skusea) pembaensis Theo							1	20	4
edes species								2,930	3
retmapodites silvestris ssp. conchobius E								9	3
retmapodites silvestris group								10	
etmapodites liightoni V.S.								ő	
retinapodites species								ő	
ulex (Lutzia) tigripes Grp. & C								300	4
ulex (Neoculex) salisburiensis Theo.						• •		57	
ulex (Neoculex) rubinotus Theo							• •	5	
ulex (Neoculex) insignis Cart		• •	• •			• •		ő	3
ulex (Neoculex) wigglesworthi Edw.	• •			• •	• •	• •	• •	ő	1
ulex (Neoculex) adersianus Edw		• •	• •	• •				2	1
ulex (Neoculex) horridus Edw		• •		• •			• •	92	
ulex (Culiciomyia) nebulosus Theo.	• •		• •		• •			348	47
ulex (Culiciomyia) rebuilds in Theo.	• •	• •	• •				• •	8	47
ulex (Culiciomyia) chiereus Theo. ulex (Culiciomyia) subaequalis Edw.	• •		• •	• •	• •	• •	• •		
		• •		• •	• •			0	
ulex (Moclithogenes) inconspiciosus The	ю.	• •	• •	• •	• •			1	
ulex (Culex) poicilipes Theo.	• •	• •		• •	• •		• •	1	
ulex (Culex) ethiopicus Edw	• •	• •	• •	• •	• •			0	
ulex (Culex) annulioris Theo.	• •	• •		• •	• •			864	23
ulex (Culex) annulioris ssp. major Edw.			• •	• •			• •	0	1
ulex (Culex) sitiens Wied.	• •	• •		• •	• •			87	4
ulex (Culex) duttoni Theo.	• •							259	6
ulex (Culex) theileri Theo.								118	2
ulex (Culex) univittatus Theo								364	27
ulex (Culex) simpsoni Theo								272	3
ulex (Culex) striatipes Edw								11	4
ulex (Culex) lacticintus Edw								0	
ulex (Culex) pipiens L								513	5
ulex (Culex) fatigans W								734	63
ulex (Culex) zombaensis Theo								23	3
ulex (Culex) inirificus Edw								0	18
ulex (Culex) trifilatus Edw								158	20
ulex (Culex) andersoni Edw								0	7
ulex (Culex) vansomereni Edw								436	6
ulex (Culex) toroensis Edw. & G.								160	3
ulex (Culex) chorleyi Edw								21	2
ulex (Culex) musarum Edw								0	$\frac{1}{3}$
ulex (Culex) antennatus Beck								4	
elex (Culex) quasiquiarti Theo							• •	0	2
Jan (Culan) dagana Than			• •		• •	• •		107	17
den (Culen) noufugava Edw	• •	• •	• •	• •	• •	• •			1 /
	• •	• •	• •	• •	• •		• •	0	
ulex (Curlex) quiarti Bl	• •	• •		• •	• •	• • • •	• •		
ulex (Culex) grahami Theo	• •			• •	• •		• • •	0	
ulex (Culex) moucheti Ev	• •			• •			• •	0	51
ulex species)	2,532	51

							ndensk filozomet spremen, pris		No. of species	Total No. of larvæ examined	Total No. of adults examined
Amanhalas									20	9762	2.026
Anopheles			• •			• •			20	8763	2,936
Megarhinus									3	65	11
Uranotaenia									5	26	135
Ficalbia									3	22	5
Taeniorhynchu	S								7	0	163
Aedes									. 38	7,777	1,659
Eretmapodites				• •	• •	• •	• •	• •	2	19	44
0.1	• •	• •	• •	• •		• •	• •		39		
Culex	• •		• •	• •	• •	• •	• •	• •	39	7,508	3,363
				П	Γotal				117	24,180	8,316

APPENDIX I - (Contd.)

									Larvæ	Adults
Кіѕими, 1948:—										
A									2	0
	• •	• •		• •			• •	• •	24	1.2
Anopheles funestus Giles		• •				• •		• •	12	13
							• •			0
Anopheles christyi N. & C		• •					• •		69	0
Inopheles gambiae Giles				• •	• •			• •	222	344
nopheles pretoriensis Theo.									23	0
Inoplieles maculipalpis Giles									2	0
Inopheles species									508	0
<i>Iranotaenia balfouri</i> Theo.									1	1
Iranotaenia ornata vax, musarum									9	0
Iranotaenia mashonaensis Theo									6	0
<i>Iranotaenia</i> species									7	0
Ficalbia plumosa Theo									0	1
Ficulbia uniformis Theo									1	0
Ficalbia species									2	0
Taeniorhynchus (C) metallicus The	0.								0	6
Caeniorhynchus (C) fuscopennatus									0	2
Taeniorhynchus (M) africanus The		• •	• •		• •				0	5
Taeniorhynchus (M) uniformis The			• •		• •			• •	0	8
dedes (Mucidus) scatophagoides T			• •		• •	• •	• •		6	ő
1 (0)		• •			• •				117	0
	• •	• •	• •			• •		• •	28	0
ledes (Stegomyia) metallicus Edw		• •	• •		• •	• •	• •	• •	19	0
ledes (Stegomyia) apicoargenteus		• •	• •	• •	• •	• •	• •	• •		
ledes (Stegomyia) africanus Theo		• •	• •	• •				• •	5	0
ledes (Stegomyia) vittatus Big.	• •	• •	• •	• •				• •	59	0
ledes (Stegoniyia) pliyllolabis Edv				• •					2	0
ledes (Finlaya) albocephalus Theo									2	0
ledes (Aedimorphus) hirsutus The									36	0
ledes (Aedimorphus) ochraceus Th									2	0
ledes (Banksinella) lineatopennis 1									110	23
ledes (Aedimorphus) circumluteoh	is Theo),							0	2
ledes Species									68	0
Enlex (Lutzia) tigripes Grp. & C.									116	0
Inlex (Neoculex) insignis Cart.									0	77
<i>Sulex (Culiciomyia) nebulosus</i> The	0.								35	0
Culex (Culex) poicilipes Theo.									3	1.
Culex (Culex) annulioris Theo.									789	2
Culex (Culex) duttoni Theo.									144	12
Culex (Culex) theileri Theo.			• •		• •				9	0
Culex (Culex) univitatus Theo.		• •	• •		• •				311	167
Culex (Culex) pipiens L					• •	• •			2	3
Culex (Culex) fatigans W	• •	• •	• •	• •	• •	٠.			137	88
Culex (Culex) fatigans W				• •		• •	• •	• •	28	8
	• •	• •		• •	• •	• •	• •	• •	7	0
Culex (Culex) andersoni Edw.		• •		• •	• •	• •	• •		311	0
Culex (Culex) vansomereni Edw.		• •				• •	• •	• •		
Culex (Culex) chorleyi Edw.	• •	• •		• •		• •	• •	• •	23	0
Eulex (Culex) decens Theo.						• •			225	23
ulex (Culex) musarum Edw.									28	0
ulex species	• •			• •	• •				968	2
unınıary						- Andrews - Andrews - Andrews - Andrews - Andrews - Andrews - Andrews - Andrews - Andrews - Andrews - Andrews				
								Ī		T
							of ecies	la la	I No. of arvæ	Total No. adults examined

	north season and to	g -	and the second s	· • • • • • • • • • • • • • • • • • • •		 minute for more in a suggest		No. of species	Total No. of larvæ examined	Total No. of adults examined
Anopheles						 		7	862	357
						 		3	23	1
						 		2	3	
Taeniorhynchu	IS					 		4	0	21
						 	!	12	444	25
Culex						 		16	3,146	383
				J	Total	 	• •	44	4,478	788

APPENDIX II

Aedes Indices for various towns in Kenya 1941 and 1949

	and for more and temperagnosis as	Sta	TION	 	Yearly mean	1941 Highest index for the year	Yearly mean	Highest index for the year
Lamu				 	 7.91	18.0	0.88	2.15
Mombasa (Isl	and)			 	 9.4 (1937)	?	0.12	0.26
Mombasa (M				 	 18.9 (1937)	?	0.12	0.31
Kwa Jomvu				 	 3.08	17.47	0.69	4.04
Kilifi				 	 1.83	6.0	0.11	0.28
Malindi				 	 3.85	7.3	0.08	0.18*
Vanga				 	 7.9	11.5	Control D	iscontinued
Nairobi				 	 ?	5.8	0.14	1.20
Miritini				 	 5.33	38.8	0.11	3.37
Mazeras				 	 6.86	54.9	1.32	2.61
Mariakani				 	 7.82	50.4	0.4	6.83
Samburu				 	 2.44	20.0	Nil	Nil
Kibwezi Area				 	 12.7	28.1	Nil	Nil
Fort Ternan				 	 2.5	9.3	0.9	5.0
Muhoroni				 	 1.51	4.7	0.28	4.34
Kibigori				 	 4.46	11.7	0.16	2.88
Miwani				 	 4.12	10.8	0.23	3.84
Kibos				 	4.15	12.7	0.12	2.48

^{*}For 1st four months of year.

